

"PASS IT ON"

THE CAPE-ATLANTIC INTERGROUP NEWSLETTER

Winter Edition

January 2007

1st Annual Cape Atlantic Intergroup Round-Up To Be Held November 2007

by Robbie W.

I am happy to report that our Intergroup representatives have approved a brand new service event for 2007: A Weekend AA Round-Up!!! This is so exciting. Allow me to share some details of this first ever event for our Intergroup that will be put on by an enthusiastic committee comprised of Intergroup service workers:

Dates: Friday November 9th to Sunday November 11th, 2007

Location: The Wildwood Convention Center, Wildwood, NJ

Cost: Registration will be \$30.00 (includes three days of AA Speakers

- Marathon AA Meetings in a beautiful Convention center overlooking the picturesque Atlantic Ocean.
- All the coffee and hot beverages you can drink.
- The Saturday Dance!!

Note: Meal packages will be available which will include but not be exclusive to: Friday Dinner, Saturday Breakfast, Saturday Gratitude Dinner Dance, and Sunday Breakfast.

We will be making the meals (which will be served in the main ballroom)

Available via our flyer!

Buy one meal or all of them, whatever works best for your budget!

Imagine a weekend packed with powerful AA circuit speakers from all over the United States, Workshops on AA Service and program oriented topics and the opportunity to mingle with close to a thousand recovering members of AA and Alanon. Well, guess what? You don't have to imagine it, just register when you see our flyer come out in 2007! This is going to be an incredible weekend

The Round Up Committee has already begun their planning and you are all in for a great action-packet, program and spirit filled weekend! So please keep your eyes open for the Round Up Committee Meetings; all are welcome to join. As of this printing we have 15 committee members and are always open to new members who would like to experience the "fun" and "growth" that stems from being involved in a committee of this magnitude.

If you would to join us

Feel free to call:

Joanne C. Program Chair (609) 705-9179

Robbie W. Chairman (609) 374-4996

How to Get Literature

Call Ellie (609) 641-8855 or any of these Literature volunteers to place an order:

Debbie L.
Phone # available upon request

Clyde L.
Phone # available upon request

Mark K.
(609) 576-2775

Steve G.
Phone # Available upon request

Be sure to leave your name and call back number. You will be contacted when your message is received to verify the order and the price and make arrangements for delivery.

2. Go to the Cape Atlantic Intergroup Website:

WWW.CAIGRP.ORG (or
WWW.Capeatlanticintergroup.org) and click through the site to email the Literature Chairperson. Literature@caigrp.org

**Literature Makes
a Great Gift!**
Remember Your Friends



Again, please leave your name and phone number. I will email or call you back with the total price and we will make arrangements for you to receive your order. You may call me with any questions at

(609) 442-3359

3. Stop by the office at a time when a CAIG officer or Chairperson is regularly there:

Saturday 8:00am – 10:00am Sunday
10:00am – 12 Noon

Sunday 6:00 pm – 8:00 pm
Thursday 12 Noon – 3:00 pm

OUR OFFICE IS VOLUNTARILY STAFFED. PLEASE CALL FIRST AT (609) 641-8855

TO MAKE SURE THERE IS SOMEONE THERE BEFORE YOU DRIVE OUT.

If your meeting has changed. Times, Location or Format. Please be sure to notify the Intergroup

This is important information for the Meeting Lists & Phone Service

But For Grace Of God

*As I sit here and wait by the phone with one
light on and all alone*

I ponder a question a simple thing

*Where are all the alkie's who would make my
telephone ring?*

*In the bars surely, hope not, I hope they all
haven't forgot*

*To take that one costly drink
Right down they will sink to the base of a
cemetery slot*

*Now I know there are some who are sober
In the evening meetings you will find them
abound*

But there are others who still suffer

Please God help them to come around

There is an answer to all of our woes

Quite complicated as simple goes

***Don't Drink
Go to meetings
And work the steps***

*Very simple you see
Complicated when we try to control you and me*

*We are offered 12 steps from some who knew
how*

*Because we didn't know then what we oughta
learn now*

*My prayers go to those who I do not see
Their suffering still festers*

*But for the grace of God that could have been
me*

New Year's List

Our greatest natural resource... Newcomers

Our best source of energy... Encouragement

Our biggest problem to overcome... Fear

Best Solution... God

Greatest asset... Faith

Most powerful prayer... God Help Me

Most dangerous person in AA... The gossiper

Most valuable emotion... Self-Pity

Most effective sleeping pill... Peace of mind

God's Phone Number... 1-800-Prayer

Deadliest weapon... The tongue

Most Powerful Force... Love

Most prized possession... Integrity

Least Expensive Gift... A Smile

Most Contagious Spirit... Enthusiasm

"Jingles"



Current Events Page

Trudgers Anniversary Meeting

*Date February 24, 2007
Absecon Methodist Church
Church St and Pitney Rd, Absecon NJ
Speaker Panel. Food. Fellowship*

Sunday February 18, 2007

*Area 45 Winter Assembly Seaville Volunteer Fire Hall
Route 50 Seaville, NJ
Registration 8:30am
Assembly 10:00am*

Saturday March 24, 2007

*Area 45 Mini-Conference
Transfiguration Church
Rt. 30 Collingswood, NJ*

Friday March 30-Sunday April 1, 2007

*Area 45 Convention
Crowne Plaza Hotel (formerly The Cherry Hill Hilton)
Rt. 70& Cuthbert Blvd. Cherry Hill, NJ
Fliers Available*

Cape-Atlantic Intergroup Business Meeting

*3rd Wednesday of the month 7:30pm
Epiphany Lutheran Church, Franklin and Tunis Ave.,
Casino Serenity Site*

Area 45 Convention Committee Meeting

*1st Sunday of the month 1:00pm
Hammonton Presbyterian Church
3rd St and Rt 55, Hammonton, NJ*

Cape-Atlantic Intergroup Round-up Committee

*4th Wednesday of the month
Seaville, NJ*



The Intergroup Service Committees

Many of our committees are easy to recognize by their names. Obviously, the Phone Committee answers our Hotline and the Literature Committee inventories, purchases and sells our books and pamphlets.

But, what about the PI and CPC Committee, do you know what that is? Actually, they are the Public Information and Cooperation With the Professional Community. That, who handles carrying the message into schools, placing announcements on the radio and television, and interacting with doctors and the other organization who want to know about our program.

Currently, they are also bringing a message twice a month to Atlantic County IDRC in Northfield. I know that Eve and Vinnie are looking for speakers. Plus, they need help with distributing materials at local conventions, schools, libraries and churches.

Did you know we have a Budget Committee that helps to insure your monies are used in the best possible way. They are responsible for working in conjunction with our treasurers to see that each committee has the funds they need and that our Intergroup is using them wisely.

Don't forget about the Unity Committee, that group is charged with coordinating events that will promote Unity and singleness of purpose to groups we serve. They help to create the Breakfast each year in Wildwood. They have organized trips to visit AA's General Service Office up in New York. All of these events are open to any AA member who is interested. They are trying to schedule a "Night Out in the Tuckerton Area" where we can demonstrate "we are not a glum lot". Ideas and volunteers are welcome. Joanne is always looking for enthusiastic people to join her.

Our Office Management Team looks after our headquarters. Bonita and her staff monitor the condition of the copier, the computer and the general supplies for our operating needs. If you answer the phones in the office, can thank them that the temperature is bearable and that everything is working order.

Bonita also heads the Archives Committee. They are always trying to gather more information about the history of Cape-Atlantic Intergroup and the groups it encompasses. If your group hasn't provided them with your information, do it now. Ask at your next home group business about their history. Join up and learn about the other groups in our area. It can be fun.

Mike M has taken our Website to new heights. Visit it today at www.caig.org. There are meeting lists and current events listed. Information about purchasing literature. Links to other AA websites. The website committee is open to new member just use your mouse and join the "click".

The Hospitality Committee is a small but mighty group. Valerie K and her elves are at every meeting and every event. They are busy meeting and greeting everyone. It's a fun and easy way to start your service experience.

Our Literature Committee is spearheaded by Ellie L. She makes sure we have an ample supply of books, pamphlets and other service materials. They handle the chores of taking inventory, ordering and receiving shipments from general service. They also fill the orders from our local groups and committee.

The Literature Committee with special assistance from Debbie L. creates, updates and distributes our meeting lists. They have just completed a new 2007 version due out soon. So, they can always use a few more willing committee members.

The Hospitals and Institutions Committee is chaired by Larry D. They coordinate bringing meetings into the Atlantic County Jail System as well as several of the treatment facilities and Halfway Houses. These commitments are assigned monthly at the Business Meeting. Be sure to ask your Intergroup Rep to sign your group up to take one.

Naturally, there are some restrictions on the men and women to go into detention centers. You need to fill out special clearance form and provide ID to be placed on an approval list before you go. Larry can answer any questions you might have in that area. Remember having a previous criminal record is neither a requirement nor a restriction in this program. But, check first before signing up for this commitment.

The Telephone Answering Committee is under the guidance of Mark K. There have been some great changes to this area. You can answer from home now if you have the proper sobriety or you can answer from our Pleasantville office. They are now accepting names to serve as alternates to fill in when someone is away or unavailable for a period of time. There is an easy understand packet that Mark will give you to assist you in this job. This is how many alcoholics make their first contact with AA. You can be on the firing line of life and still be in your Lazy-Boy. Call Mark today.

One of our newest committees is Policy and Structure. Pat Mc is chairing that committee. She helps to insure we are following our by-laws and answers any questions that come up in that arena. As a newer committee, they can use the wisdom and enthusiasm of the newcomer and the old-timer alike. We need balance in all areas of service.

And the newsletter, is always seeking help. People who can submit articles, artwork, update the current events page. There is no experience required just a touch of willingness. Also, we need volunteers to distribute "Pass It On" at meetings and other venues to help carry the message. We also need someone to serve a chairman of the Newsletter Committee as that post is currently vacant.

The other committee involves our upcoming Round-Up. For details about that see the article on the front page,

So as you see, Cape-Atlantic Intergroup has lots of opportunity for anyone interested in being in service. Call the office (609) 641-8855, visit the Website www.caigrp.org or come to our monthly on the 3rd Wednesday of the month in Pleasantville.

Bill W. and Dr. Bob

Off Broadway



Saturday March 10th

Transportation And Ticket \$60.00.

Bus leaves 10:00 A.M

From behind Value City Department Store
at Shore Mall in Pleasantville

The show is at the New World Stage
Stage Two 340 West 50th Street
New York

For ticket information contact
(Cliff) at 609-665-1757

Or notify at cliffystick@verizon.net
On or before February 2, 2007

**When Anyone, Anywhere Reaches out for help
I want The hand of AA to Always to be there.
And for That:**

I AM RESPONSIBLE

I want to help carry the message! Sign me up for:

12 Step Calls	Requirement: AA member
<input type="checkbox"/> Available to <u>drive</u>	<input type="checkbox"/> Responds to Any & All
<input type="checkbox"/> Phone Calls <u>Only</u>	<input type="checkbox"/> OK Answering Service List
Best time to be reached: Days <input type="checkbox"/>	Evenings <input type="checkbox"/> Anytime <input type="checkbox"/>
Weekdays <input type="checkbox"/>	Weekends <input type="checkbox"/> Anytime/Anywhere <input type="checkbox"/>

If interested in filling a telephone time slot call the intergroup office at 641-8855.

If you get the answering service, please leave a call back number.
Phone Coordinator: Mark K 609-822-1371 CELL: 609-576-2775
Intergroup: (609) 641-8855

Today's Date _____ Your Area: _____ - _____

First Name / Last Initial _____ Sobriety Date: _____

Home Group: _____ Phone Number: _____

All questions and/or suggestions are welcome and appreciated!

Give this form to your Intergroup Rep or mail to the PO Box address below.

C.A.I.G.
32 West Verona Ave. (Rt 40/322)
PO Box 905
Pleasantville, NJ 08232