

Pass It On

THE CAPE-ATLANTIC INTERGROUP NEWSLETTER

July/August 2009

Cape Atlantic Intergroup

Post Office Box 905
32 East Black Horse Pike
Pleasantville, NJ 08232
(609) 641-8855

**24 HOUR
HOTLINE
800-604-HELP**

Absecon
Avalon
Atlantic City
Barnegat
Barnegat Light
Beach Haven
Brant Beach
Brigantine
Cape May
Cape May C.H.
Cape May Point
Dennisville
Egg Harbor City
Egg Harbor Twp
Galloway
Linwood
Manahawkin
Margate
Marmora
Mays Landing
New Gretna
North Wildwood
Northfield
Ocean City
Palermo
Pleasantville
Pomona
Rio Grande
Sea Isle City
Ship Bottom
Somers Point
Stone Harbor
Surf City
Townbank
Tuckahoe
Tuckerton
Ventnor
Villas
Waretown
West Cape May
West Creek
Wildwood
Woodbine

2nd Annual Canoe Trip and BBQ

DON'T MISS THIS ONE!

Join Cape Atlantic Intergroup Young Peoples Committee for a fun-filled day. Bring a newcomer and share the experience. We'll meet at the Palace Restaurant & Outfitters (Palace Pizza) at 6924 Black Horse Pike in Mays Landing at 9:00 am (try to be early) on Sun, July 12th. Canoe rental will be \$40 per boat.

Please bring snacks and beverages for the trip and something to share at the picnic afterwards at the Weymouth Furnace picnic area.

Sponsored by CAIG Young People's Committee. Call Jim S. 204-0636 or Mike E. 338-5935 for more information on the committee or this event.



CANOE TRIP & BBQ PICNIC
PENNY POT to WEYMOUTH FURNACE
SUNDAY JULY 12th (9am -1pm)

HELP WANTED

2009 Roundup Committee Volunteers needed to help plan the 2009 RoundUp. Contact Heather Anne S. RoundUp@caigrp.org

24 HR. Hotline Help Work from home or at the office. 2 hour slots. Subs always needed. Call Pat P: 402-8039 or CAIGPhone@caigrp.org

Available Slots:

Mon 2:00-4:00 pm
Wed 2:00-4:00 pm
Thu 10:00 am- Noon
Fri 10:00 am- Noon

Hospitals & Institutions Needs volunteers to carry the message into treatment centers and correctional facilities. Call Buster R. 432-7545 HChair@caigrp.org

The following Atlantic County Correctional Meetings need support (Clearance Required):

Tues 1pm (Discharge Planning)
Mon 5:30pm (Mens)
Sun 9:00am (Mens)
Sun 7:00pm (Womens)

Newsletter Committee Articles, prayers, jokes and art needed for upcoming issue! Call Jen R. 457-7065 or Email Newsletter@caigrp.org

Public Information/ Cooperation with the Professional Community Help expand communications with the general public: give informational talks in schools, at IDRC and for those who have contact with alcoholics through their professions. Call Mickey J: 820-9071 PChair@caigrp.org

Cape Atlantic Intergroup Inventory

"We took stock honestly."

WHAT IT IS:

Every two years, Cape Atlantic Intergroup performs an inventory in an effort to assess and improve our services to the groups and to gather information on how well we are fulfilling our primary purpose.

Guest speaker Sue Mc. From Philadelphia will share her experience with service and the traditions. There will be discussion and an opportunity to ask questions. Come let us know how we're doing.

WHO SHOULD ATTEND:

- Cape Atlantic Intergroup Officers, Committee Chairpersons and Committee Members
- Intergroup Representatives and Alternates
- Any interested members of groups served by Cape Atlantic Intergroup - come out and be heard!



JULY 18, 2009 at 1:00 pm
Coffee, Snacks & Refreshments

Absecon Presbyterian Church
208 New Jersey Ave. Absecon, NJ 08201

Cape Atlantic Intergroup

609-641-8855 ▲ www.caigrp.org

32 East Black Horse Pike
Pleasantville, NJ, 08232

Our office is volunteer-staffed
Please call first (609) 641-8855

Chairman: Wendy M.
Chairperson@caigrp.org
Vice Chair: Cliff Mc.
ViceChair@caigrp.org
Trustee Chair: Ray B.
Trustee@caigrp.org
Treasurer: Laurie C.
Treasurer@caigrp.org
Assistant Treasurer: John H.
AssistantTreasurer@caigrp.org
Recording Secretary: Chris C.
RecordingSec@caigrp.org
Corresponding Secretary: Steve Mc.
CorrespondingSec@caigrp.org

Archives Committee: Joe O.
Archives@caigrp.org
Bookers Committee: Donna
Bookers@caigrp.org
Budget Committee: Clyde L.
CAIGBudget@caigrp.org
Public Information/ Cooperation w the
Prof. Community: Mickey J.
PIChair@caigrp.org
Roundup Committee: Heather Anne S.
Roundup@caigrp.org
Hospitality Committee: Valerie
Hospitality@caigrp.org
Hospitals and Institutions: Buster R.
HIChair@caigrp.org
Literature Committee: Nancy R.
Literature@caigrp.org
Newsletter Committee: Jen R.
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Office Coordinator: Ann D.
OfficeMgr@caigrp.org
Phone Coordinator: Pat P.
CAIGPhone@caigrp.org
Policy Committee: Jim B.
PolicyCommittee@caigrp.org
Unity Committee: Vinnie K.
UnityChair@caigrp.org
Website Committee: Jim S.
WebChair@caigrp.org
Young at Heart Committee: James S.
YoungPeople@caigrp.org

VISIT OUR WEBSITE
www.caigrp.org

PREAMBLE ► Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety. *The AA Preamble is reprinted with permission of "AA World Services Inc."

PRE-RAMBLE ► Alcoholics Anonymous is a bunch of drunks who can't hold their liquor and won't even try. There are no rules, dues or fees, nor anything else that any sensible organization seems to require. The speaker starts on one subject and winds up talking about something entirely different and concludes by saying he doesn't know anything about the program, except that it works. The groups are always broke, yet always seem to have money to carry on. They are always losing members but seem to grow. They claim AA is a selfish program but always seem to be doing something for others. Every group passes laws, rules, and edicts which everyone blithely ignores. Members who disagree with anything are privileged to walk out in a huff, quitting forever, only to return as though nothing happened and greeted accordingly. Nothing is ever planned 24 hours ahead, yet great projects are born and survive magnificently. Perhaps it is because we have learned to live and laugh at ourselves. We don't know how it works, but it does and members keep receiving dividend checks from AA investments. It is smart to be sober and it is much easier to stay sober than to get sober. Author: Anonymous *The AA Pre-Ramble is reprinted for fun and is not conference approved. ;)

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Alcoholic...
in any language.

French—Alcooligue

Galic—Alcoholica

German—Trinker

Italian—Etilista

Polish—Alkoholowych

Portuguese—Alcoolicas

Spanish—Borracho

Swedish—Alkoholhaltiga

Turkish—Alkollu

Emotional Sobriety: The Next Frontier

In this collection of Grapevine stories, sober women and men describe the transformations sobriety can bring as they practice the principles of AA in all aspects of their lives. We invite you to join the journey. \$10.00 IN STOCK

It's Easy to Order Literature from CAIG:

ORDER ONLINE: CAIGRP.ORG

OR CALL: NANCY R. (609) 892-1431

OR VISIT: Pick Up at the office during staffed hours
Saturday 8-10am Sunday 10am-12noon
Please Call first (609) 641-8855

If you are unable to get to the office, we will try to find an Intergroup Rep in your area to get it to you. You may also pick up your order at either monthly CAIG Meeting.

Please place your order ahead of time.



Unity Breakfast

Sunday September 20th, 2009

The Grand Hotel Ballroom

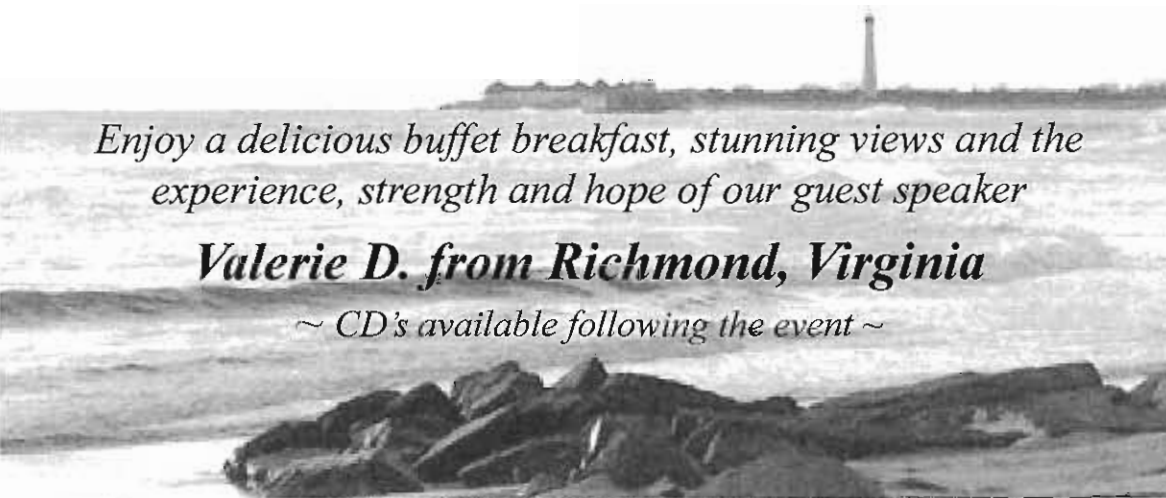
1045 Beach Avenue, Cape May, NJ 08204



Enjoy a delicious buffet breakfast, stunning views and the experience, strength and hope of our guest speaker

Valerie D. from Richmond, Virginia

~ CD's available following the event ~



THIS EVENT BENEFITS CAPE ATLANTIC INTERGROUP PLEASE HELP US CARRY THE MESSAGE.

DIRECTIONS: Take the Garden State Parkway South to the end at Cape May. Continue straight through traffic light and over a large overpass and small canal bridge into the City of Cape May. You are on Lafayette Street. Continue to the first traffic light (Madison Avenue); turn left and continue straight to the beach. At the "T" intersection (Beach Avenue), turn left. The Grand Hotel of Cape May is down the block on the left; the Atlantic Ocean is on the right.

Doors open @ 8:00 am ~ Breakfast begins @ 9:00 am ~ Preamble @ 10:00 am

FOR MORE INFORMATION OR QUESTIONS PLEASE CALL:

Vinnie K. 609-992-6227 or Steve G. 609-501-4785

The unity of Alcoholics Anonymous is the most cherished quality our Society has. Our lives, the lives of all to come, depend squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A. would cease to beat; our world arteries would no longer carry the life-giving grace of God; His gift to us would be spent aimlessly. Back again in their caves, alcoholics would reproach us and say, "What a great thing A.A. might have been!"

From Twelve Steps & Twelve Traditions

Complete and Mail Reservation Form to: The Unity Committee, P.O. Box 1724, Pleasantville, NJ 08232

Make checks payable to Cape Atlantic Intergroup ~ Your cancelled check or money order is your receipt.

Name: _____ Phone No: () _____

Number of Registrants: _____ @ \$23.00 Per Person (Tables of 8 may be reserved)

Scholarship Fund Donation: _____ (Help a newcomer attend this event)

Total Amount Enclosed: _____

**Pre-registered ticket sales only ~ No Walk-ins ~ 500 Person Limit ~ Ticket sales deadline September 16, 2009
Absolutely No Refunds**

UPCOMING EVENTS

SUNDAY
July 12th
 9:00 am
2nd Annual Young Peoples Canoe Trip & BBQ
 For the young and young at heart...
 Palace Restaurant & Outfitters
 6924 Black Horse Pike Mays Landing, NJ
 *Details on Page 1

SATURDAY
July 18th
 1:00 pm
Intergroup Inventory
 Tell us how we're doing!
 Absecon Presbyterian Church
 208 New Jersey Ave. Absecon, NJ
 Coffee, Snack & Refreshments
 *Details on Page 1

Labor Day Weekend
 There's talk of a dance...more will be revealed!

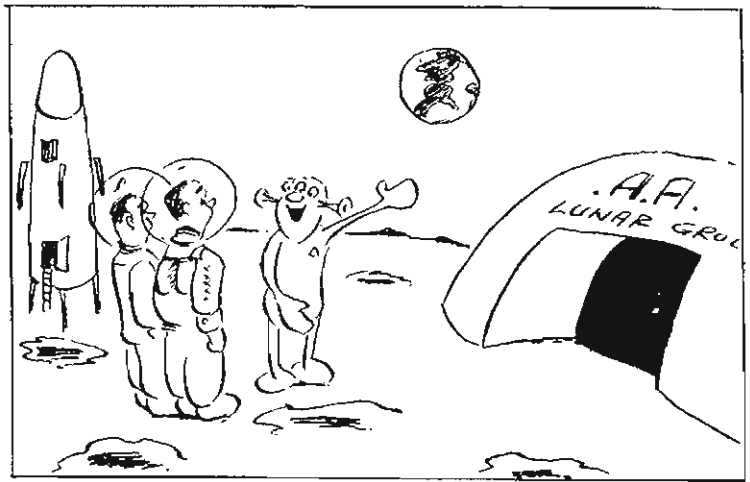
SUNDAY
Sep 12th
 4:00 pm
 -
 8:00 pm
A Night in the Park
"The Three Legacies" Sponsored by District 17
 Oscar E. McClinton, Jr. Waterfront Park
 New Hampshire Avenue, Atlantic City
 Food, Speakers and Entertainment
 Contact Sally 748-8249 or Pat 402-8039

SUNDAY
SEPT 20th
 9:00 am
Annual Unity Breakfast
 Speaker Valerie D. from VA
 The Grand Hotel in Cape May, NJ
 *Details and reservation form on Page 3

NOV
20th-22nd
3rd Annual CAIG Waves of Sobriety Roundup
 Mark your Calendars!
 The Grand Hotel in Cape May, NJ

Visit the Cape Atlantic Intergroup website www.caigrp.org
 for more announcements, events and downloadable flyers.

Email your group's announcements to: newsletter@caigrp.org



"I'm sure glad you came—we had Mars booked for tonight but they cancelled at the last minute!"

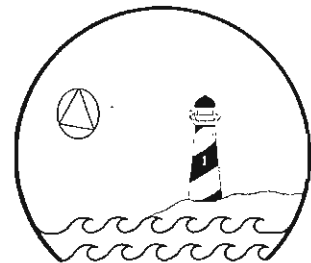
ANNOUNCEMENTS

If you cannot fulfill your H&I commitment please arrange for someone else to cover you...if you cannot find someone, please let the H&I chair know at least 24 hrs in advance. Buster (609) 432-7545

WEDNESDAY
 July 16th
 August 20th
 7:30 pm
Cape Atlantic Intergroup Business Meeting
 Meets the 3rd WEDNESDAY of Every Month - 7:30 pm
 Epiphany Lutheran Church (Casino Serenity)
 Franklin Blvd. & Tunis Ave. Pleasantville, NJ

WEDNESDAY
 July 23rd
 August 27th
 7:00 pm
2009 Waves of Sobriety Roundup Committee
 Meets the 4th WEDNESDAY of Every Month - 7:00 pm

All meetings held at
 Epiphany Lutheran Church
 (Casino Serenity)
 Franklin Blvd. & Tunis Ave.
 Pleasantville, NJ
 Contact Heather Anne S.,
 Roundup@caigrp.org



Volunteers Needed!

THURSDAY
 September 3rd
 7:00 pm
Bookers Exchange Meeting
 Do you need speakers for your meeting? Bookers coordinates exchanges of speakers between local groups. Send a group rep and help us fill group speaking commitments for the next three months.

 CAIG Office 32 East Black Horse Pike Pleasantville, NJ

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