

Pass It On

THE CAPE-ATLANTIC INTERGROUP NEWSLETTER

January 2010

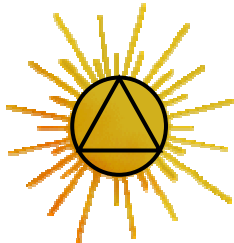
Cape
Atlantic
Intergroup

Post Office Box 905
32 East Black Horse Pike
Pleasantville, NJ 08232
(609) 641-8855

**24 HOUR
HOTLINE
800-604-HELP**

Absecon
Avalon
Atlantic City
Barnegat
Barnegat Light
Beach Haven
Brant Beach
Brigantine
Cape May
Cape May C.H.
Cape May Point
Dennisville
Egg Harbor City
Egg Harbor Twp
Galloway
Linwood
Manahawkin
Margate
Marmora
Mays Landing
New Gretna
North Wildwood
Northfield
Ocean City
Palermo
Pleasantville
Pomona
Rio Grande
Sea Isle City
Ship Bottom
Somers Point
Stone Harbor
Surf City
Townbank
Tuckahoe
Tuckerton
Ventnor
Villas
Waretown
West Cape May
West Creek
Wildwood
Woodbine

CAPE ATLANTIC NEWS



New Theme / New Team !

Every two years, new Cape Atlantic Intergroup volunteers are elected, or asked, or pushed, or roped into the positions seen on the flip side of this Newsletter.

Ever go to an AA dance and wonder how they pull it off? Ever buy a *Big Book* at a meeting and wonder where it came from? Ever go online to find a meeting because you really need one now!...? Or perhaps you called that 800 number when you hit your bottom just like many of us did.

If you are curious about how it works, just stop by the next monthly Intergroup meeting at the Epiphany Lutheran Church (Casino Serenity) in Pleasantville and find out. The meetings are held every 3rd Wednesday of the month, so stop by Feb. 17th at 7:30. And if you want to experience the **Sunlight of the Spirit through Service** yourself, figure out your passion and volunteer for that area! Join the team!

Perhaps you like to write, or talk on the phone, or numbers might be your thing. Or maybe you've got connections and can help us find a better office. Or maybe parties are your passion (should be lots of those folks, right?). New panels are forming and you can be a part of. Come on out and help!

LOCAL VOICES—FROM THE HEART

When I first came in to the rooms I was surprised at the fact that a higher power (at first just a group of drunks) was doing for me what I couldn't do. I couldn't stay stopped on my own, but here was a group of people just like me that had solved the drink problem. If they could do it so could I! After a few months I jumped into service by taking a coffee commitment at Trudgers in Absecon. Now here it is five years later and my service involvement has grown to include this Newsletter. My husband says I do too much, but it helps keep me sober. It gives me something to obsess over and apparently I need an obsession as part of my makeup. Better to be obsessed over passing the solution to inmates than to obsess over booze. Add the benefit of receiving the joy of seeing a few girls at the jail actually start to understand and to have hope for perhaps the first time in a long time and one starts to really experience the **Sunlight of the Spirit through Service**. I thank my higher power for helping to move my selfish ways aside so that he can work through me just as he works through others for my sake. It works. It really does!



Shirl R. Trudgers, Absecon



32 East Black Horse Pike
Pleasantville, NJ, 08232

Our office is volunteer-staffed
Please call first (609) 641-8855

Chairperson: Cliff Mc.
Chairperson@caigrp.org

Vice Chair: Jim B.
ViceChair@caigrp.org

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Treasurer@caigrp.org

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AssistantTreasurer@caigrp.org

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Unity Committee: Chris K.
UnityChair@caigrp.org

Website Committee: Eve C.
WebChair@caigrp.org

Young at Heart Committee: Melissa S.
YoungPeople@caigrp.org

<p>Sunday February 21st 8:30am-1pm</p>	<p>Registration: 8:30 am New GSR/DCM Orientation: 9 am General Service Assembly: 10am Lunch: 11:45am Workshop: 12:30 pm Committee Meeting: 1 pm</p>	<p>Area 45, Section IV Assembly CODI Building 901 Atlantic Ave. Egg Harbor City, NJ 08215 Local Area GSR/DCM Members</p>
<p>Friday 6-8:30pm March 12</p>		<p>District 17 Workshop Sponsorship: A New Freedom & Happiness Pizza & Beverages Served Margate Community Church 8900Ventnor&Thurlow Ave Contact Pat P. or Sally F at CAIG 641-8855</p>
<p>Friday to Sunday Mar 26–28th</p>	<p>Lend a Hand</p>	<p>46th Annual Area 45 Convention Speakers: Linda P., Adam T. & Adrienne B. Karaoke Friday & Saturday nights & DJ dance Saturday night Crowne Plaza Hotel Cherry Hill, NJ For info: (609)798-1117 or www.snjaaconvention.org</p>
<p>Friday to Sunday June11–13th</p>		<p>South Jersey Takes Akron 20th Annual Founder's Day Trip to Akron, Ohio \$375 Includes RT Bus, Breakfast , Lunch, Lodging, Registration, T-Shirt Contact Wayne & Nancy P. 856-534-0104</p>

Service Opportunities

24 HR. Hotline Help

Work from home or at the office. 2 hour slots. Subs always needed.

Contact Wendy St. at
CAIGPhone@caigrp.org

Five open time slots to choose from

Newsletter

Email announcements, events and articles to Shirl R.:
Newsletter@caigrp.org

Hospitals & Institutions

Needs volunteers to carry the message into treatment centers and correctional facilities. Ask your Intergroup Rep for details or contact Steve H. at
HIChair@caigrp.org

12th Step Call Group

Help people who have reached out and called our hotline. Return phone calls, visit in-person, drive newcomers to meetings or all of the above. Sign up at
www.caigrp.org

Public Information/Cooperation with the Professional Community

Help expand communications with the general public: give informational talks in schools, at IDRC and for those who have contact with alcoholics through their professions. Contact Jen R.:
PIChair@caigrp.org

Hospitality Committee

Share your *Happy, Joyous and Free* by volunteering at the next CAIG event. Contact Diane K.:
Hospitality@caigrp.org

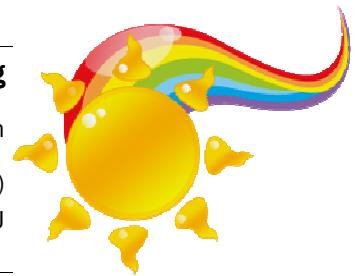
MEETING UPDATES

WEDNESDAY Cape Atlantic Intergroup Business Meeting

Feb 17 Meets the **3rd WEDNESDAY** of Every Month - 7:30 pm
March 17 Epiphany Lutheran Church (Casino Serenity)
7:30 pm Franklin Blvd. & Tunis Ave. Pleasantville, NJ

MONDAYS **New Meeting! Big Book Open Discussion**
7:30pm Ocean Community Church, Rt 72, Manahawkin , NJ

MONDAYS **New Meeting! Stockton College**
7:00pm Speaker / Discussion
G Wing Room G-208, Pomona, NJ



VISIT OUR WEBSITE
www.caigrp.org