



## The Responsibility statement is a Service piece

**B**ut yes, unfortunately it is grossly taken out of context, misunderstood and manipulated.

It was introduced at the 1965 General Service Conference. The theme that year was "Responsibility" and then finally adopted it at the 1966 General Service Conference.

When the alcoholics finally took responsibility for our third Legacy (the service structure) It was on that day that we switched from having *14 non-alcoholics* on the board, and only 7 alcoholic trustees, to instead **NOW** having *14 alcoholic trustees* (class B) and only 7 *non-alcoholic trustees* (Class A).

We alcoholics are now responsible for our own society and future of the service structure.

### *Beautiful!!!*

So what exactly does this service piece speak to?

It's simply a reminder that we all take part in the weaving of the protective mantle which covers AA as a whole, by helping to ensure the future of AA for "the alcoholic not yet born." By supporting the GSO, and by learning as much as we can about our traditions, concepts and history.

Educating myself about these things I help to ensure AAs future, so in the ages ahead, AA is still here for my great-great grandkids. Even the isolated and incarcerated.

Although reaching out to the alcoholic who walks through the door today, is crucial, **THIS** declaration speaks to the preservation of the fellowship for future generations.

***And for that, I am responsible.***

*Deb S.*



ABSECON  
AVALON  
ATLANTIC CITY  
BARNEGAT  
BARNEGAT LIGHT  
BEACH HAVEN  
BRANT BEACH  
BRIGANTINE  
CAPE MAY  
CAPE MAY C. H.  
CAPE MAY POINT  
DENNISVILLE  
EGG HARBOR CITY  
EGG HARBOR TWP.  
GALLOWAY  
LINWOOD  
MANAHAWKIN  
MARGATE  
MARMORA  
MAYS LANDING  
NEW GRETNA  
NORTH WILDWOOD  
NORTHFIELD  
OCEAN CITY  
PALERMO  
PLEASANTVILLE  
POMONA  
RIO GRANDE  
SEA ISLE CITY  
SHIP BOTTOM  
SOMERS POINT  
STONE HARBOR  
SURF CITY  
TOWNBANK  
TUCKERTON  
VENTNOR  
VILLAS  
WARETOWN  
WEST CAPE MAY  
WEST CREEK  
WILDWOOD  
Woodbine

## The truth is I never handled alcohol well.

From my first drink at 13 to my last drink 60 days ago, I was more often than not a blackout drunk. In the last years, I lied to everyone saying that it was worse after having kids but that's just not true! The final stages saw me in conversations with my other half in which he made it quite clear that either I stopped or he would leave me and not trust me to take care of our girls.

I had glimpsed the AA rooms a couple of times but not really been willing to surrender to the fact that I am an alcoholic. This time I realized that I had nowhere else to go, that I had bored everyone with my woes as a result of drinking and had better get help. A good friend, told me that I should try rehab and it was that that pushed me into the AA program once and for all...well with a couple of slips but only ever for 1 night, with the knowledge that I do not want to be 'out there' anymore.

The fact is that I was a dishonest, manipulative, insecure liability when I drank, a bloody awful combination. So it was time to change course. The AA meetings happened to be close from my house, so I entered the program 18 months ago and I knew it was right straight away. No resistance this time. The change was pretty instant and I have been fortunate enough to have a home group that I really connect with. Thank god.

I am doing the steps slowly, I make the calls, I do service and I pay attention to the information that I hear in meetings. It does not mean I didn't slip, I have 3 times . . . but I am reaching 60 days now and I have no doubt that sobriety really is the best thing for a good, peaceful, and honest life.

AA is teaching me about honesty, a value I did not live by before AA. For me, that's an amazing turnaround and a daily discipline to work on. I am lucky to have the support of my family who saw very quickly the difference AA made. There is no other way. This 12 step program is a blueprint on how to be a better person.

**And really? Who doesn't need that?**

*Anonymous*

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EGG HARBOR  
TOWNSHIP, NJ 08234

**(609) 641-8855**

# SPONSOR=Senior Person Offering Newcomer Support On Recovery

Whose Responsibility? "An A.A. group, as such, cannot take on all the personal problems of its members, let alone those of nonalcoholic, in the world around us. The A.A. group is not, for example, a mediator of domestic relations, nor does it furnish personal financial aid to anyone. "Though a member may sometimes be helped in such matters by his friends in A.A., the primary responsibility for the solutions of all his problems of living and growing rests squarely **upon the individual himself**. Should an A.A. group attempt this sort of help, its effectiveness and energies would be hopelessly dissipated. "This is why sobriety -- freedom from alcohol -- through the teaching and practice of A.A.'s Twelve Steps, is the sole purpose of the group. If we don't stick to this cardinal principle, we shall almost certainly collapse. And if we collapse we cannot help anyone."

Bill W. LETTER, 1966

### ***The "Slipper" Needs Understanding "***

Slips can often be charged to rebellion; some of us are more rebellious than others. Slips may be due to the illusion that one can be 'cured' of alcoholism. Slips can also be charged to carelessness and complacency. Many of us fail to ride out these periods sober. Things go fine for two or three years -- then the member is seen no more. Some of us suffer extreme guilt because of vices or practices that we can't or won't let go of. Too little self-forgiveness and too little prayer -- well, this combination adds up to slips. "Then some of us are far more alcohol-damaged than others. Still others encounter a series of calamities and cannot seem to find the spiritual resources to meet them. There are those of us who are physically ill. Others are subject to more or less continuous exhaustion, anxiety, and depression. These conditions often play a part in slips -- sometimes they are utterly controlling."

Submitted by Jennifer  
TALK, 1960



#### Special Note:

The material in this newsletter does not necessarily represent ***Cape Atlantic Intergroup***. Much of it has been contributed by individual members with the intention of passing the message on to *the alcoholic who still suffers*.

### **Recovery n, (*re-cov-er-y*)**

**A RETURN TO A NORMAL STATE OF HEALTH, MIND, OR STRENGTH.**

## **Cell Phones**

How Did AA ever Work before Cell Phones? When did we all get so important that the world cannot exist without access to us for even the one hour in which we attend meetings? What ever happened in the days before cell phones, yes, there were actually days when people did not have a phone in their pocket which would start playing the theme from Rocky while someone was sharing at a meeting.

Despite requests at the beginning of every meeting to silence phones, almost every meeting is attended by the most important AA in the world, who must not be out of touch or some major disaster will befall us all and for some reason that phone must be audible to everyone, often twice!

### **Stranger still are the AA's who must take the call during the meeting!**

Things go on without us for the hour or so we attended meetings, Children continued to grow, the world turns and we are able to do what we came to the meeting to do, seek sobriety and help another alcoholic. Sorry to tell you this, phone people, but you just aren't as important as you think that you are. Check your voice mail after the meeting and give everyone else a break.

Here's a thought though; with all that phone availability, why is it that only a handful of Cape Atlantic AA's have their names on the Twelfth Step list! Does the term Twelve Step Program suggest anything to you? So far the 12th Step list has less than One Hundred people signed up and in South Jersey, there are probably Five Thousand AA's , where are the other 98%?

**Taking calls at meetings perhaps!**

Area 45

**NJYPAA**   
NEW JERSEY YOUNG PEOPLE OF ALCOHOLICS ANONYMOUS

**Join Us For A  
Spiritual Workshop**

Food and Fellowship  
**\$15**

**Sunday August 4th 2019**  
 2:00PM - 7:00PM

**Community Church of Mountain Lakes**  
 48 Briarcliff Rd  
 Mountain Lakes, NJ

Al B. & His Team Presents...  
 district 16/17's

**BACK TO THE 40's** 

**How AA Worked in the 1940's**

taking you through the 12 Steps  
 straight out of the Big Book

**September 3<sup>rd</sup>- October 1<sup>st</sup>**  
 tuesdays | 6 - 8pm

**Epiphany Lutheran Church**  
 306 franklin blvd. | pleasantville | nj  
 same church where casino serenity meets

coffee | light snacks | fellowship

for more information contact   
 tara m. | 609.576.6549  
 britt r. | 856.625.1242

**District 16 & 17  
 Along with Area 45**

**Join us for our  
 Corrections  
 Application  
 Workshop**

**Sept 14th 1 ~ 4pm**  
 6001 Main St. Mays Landing, NJ 08330  
 Inside Fellowship Hall

**JOE E (609) 705 1284**  
**SCOTT P (215) 410 8499**



**Ventnor-Margate Group**

**65th Anniversary Eating  
 Meeting!**

**Speaker Gary S. from the  
 GMOC Group**

**Wednesday 9/18/2019**

**8PM-9PM**

Ventnor Community Building  
 Newport Ave. & Beach  
 Ventnor

CAPE ATLANTIC INTERGROUP

**"Pocketed into a 4<sup>th</sup> dimension"**

13<sup>th</sup> Annual  
**WAVES  
 ROUNDUP**

NOVEMBER 15-17 . 2019 . REMOVING . NJ 08205

**3EGIN COUNTDOWN  
 TO LIFTOFF!**

WAVESROUNDUP.NET

**2019 DAY OF SHARING**



SAT., OCT. 19, 2019  
 8:30 A.M. TO NOON

Carslake Community Center  
 207 Crosswicks Rd.,  
 Bordentown, New Jersey

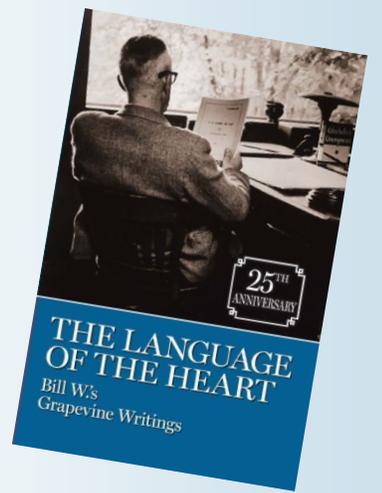
COMMITTEES FROM THREE SOUTH JERSEY  
 INTERGROUPS AND AREA 45 DISCUSS  
 THEIR COMMON SUCCESSSES, PITFALLS, AND  
 SOLUTIONS!

PLEASE COME OUT AND SHARE YOUR  
 EXPERIENCE, STRENGTH AND HOPE AS  
 IT RELATES TO A.A. SERVICE!  
 EVERYONE WELCOME!  
 BRUNCH WILL BE PROVIDED!

**The Language of the Heart**

**W**hy, at this particular point in history, has God chosen to communicate His healing grace to so many of us? Every aspect of this global unfoldment can be related to a single crucial word. The word is "communication". There has been a lifesaving communication among ourselves, with the world around us, and with God. From the beginning, communication in A.A. has been no ordinary transmission of helpful ideas and attitudes. Because our common means of deliverance are effective for ourselves only when constantly carried to others, our channels of contact have always charged with the *language of the heart*.

A.A. COMES OF AGE, PP. 7-8



**PANEL MEMBERS E-MAILS:**

- CHAIRPERSON@CAPEATLANTICAA.ORG
- VICECHAIR@CAPEATLANTICAA.ORG
- TREASURER@CAPEATLANTICAA.ORG
- ASSISTANTTREASURER@CAPEATLANTICAA.ORG
- RECORDINGSEC@CAPEATLANTICAA.ORG
- CORRESPONDINGSEC@CAPEATLANTICAA.ORG
- TRUSTEE@CAPEATLANTICAA.ORG
- ARCHIVES@CAPEATLANTICAA.ORG
- ACCESSIBILITY@CAPEATLANTICAA.ORG
- AUDIO@ATLANTICAA.ORG
- CAIGBUDGET@CAPEATLANTICAA.ORG
- HOSPITALITY@CAPEATLANTICAA.ORG
- HICHAIR@CAPEATLANTICAA.ORG
- LITERATURE@CAPEATLANTICAA.ORG
- MEETINGCHANGE@CAPEATLANTICAA.ORG
- NEWSLETTER@CAPEATLANTICAA.ORG
- OFFICEMGR@CAPEATLANTICAA.ORG
- PHONE@CAPEATLANTICAA.ORG
- POLICYCOMMITTEE@CAPEATLANTICAA.ORG
- PICHAIR@CAPEATLANTICAA.ORG
- ROUNDUP@CAPEATLANTICAA.ORG
- UNITYCHAIR@CAPEATLANTICAA.ORG
- WEBCHAIR@CAPEATLANTICAA.ORG
- YOUNGPEOPLE@CAPEATLANTICAA.ORG

**VISIT OUR WEBSITE:**

[WWW.CAPEATLANTICAA.ORG](http://WWW.CAPEATLANTICAA.ORG)

The **2020 International Convention** of Alcoholics Anonymous will be held July 2–5, 2020 in Detroit, Michigan with the theme , **“Love and Tolerance is our Code.”** A.A. members and guests from around the world will celebrate A.A.’s *85th* year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Ford Field Stadium. We know many are excited about the International Convention and eager for detailed information. As the time gets closer, additional information about the Convention and Detroit, our host city, will be provided. Registration forms will be mailed in August 2019 to all G.S.R.s, central offices, intergroup and international G.S.O.s. Online registration will be available September 9, 2019, on [aa.org](http://aa.org).



**Get on the HOTLINE**



**Looking to be of service?**

Answer the hotline for Cape Atlantic Intergroup  
 Commitments are once a week for two hours  
 Calls can be received at the intergroup office or forwarded to your phone.

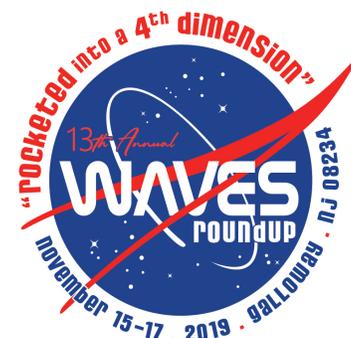
Six months of sobriety required

**If interested contact the Phone Chair at**  
[capeatlanticaa.org](http://capeatlanticaa.org) or

Call the hotline at 609-641-8855

**INTERGALACTIC SERVICE OPPORTUNITY:**

**GIFT BASKETS ARE NEEDED!**



**ANY QUESTIONS CALL**  
**TRUDY 609.390.3482 OR NOREEN 609.391.9266**

[www.WAVESROUNDUP.NET](http://www.WAVESROUNDUP.NET)

**Birthday Contribution Envelopes (FR-5) have a new design, and a sample is enclosed with this issue. A convenient way for groups or members who wish to contribute to G.S.O. on their A.A. birthday. No charge, get them from your literature rep....or [aa.org](http://aa.org)**



**CAPE ATLANTIC INTERGROUP  
 SINCERELY THANKS EACH AND EVERY ONE FOR HELPING TO SUPPORT AA IN OUR AREA!  
 7TH TRADITION**