

<b>**TIMES ARE IN EASTERN TIME ZONE**</b>					
<b>TIME</b>	<b>NAME</b>	<b>MEETING TYPE</b>	<b>PHONE NUMBER</b>	<b>PIN/ACCESS NUMBER</b>	<b>EMAIL ADDRESS</b>
<b>MONDAY</b>					
7:00 AM	Women's Sober Living	Women's Meeting Readings/Discussion	515 739-1529	192390#	womensoberlivingus@gmail.com
7:30 AM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	bill@aameetingonline.com
9:00 AM	Good Morning God	Speaker/Discussions Meditation	(319) 527-2730	959544#	aamorningstogether@gmail.com
10:00 AM	Sober Women United	Women's Meeting Readings/Discussion Meditation	(605) 313-5974	569562#	soberwomenunited@gmail.com
12:00 PM	The First 164	Big Book Study	605-313-5109	259095#	lily.joy@mail.com
12:00 PM	Sober Voices Group	Speaker Topic/Discussion	712-432-0075	654443#	
1:00 PM	One Day at A Time	Traditions	(712) 775-7031	198520#	
6:45 PM	Bring Your Own Coffee (BYOC)	Beginners Big Book	347-817-2170	4373924	
6:00 PM	There IS a Solution	Readings/Discussion	712-451-0675	522178#	thereisasolution2@gmail.com
7:00 PM	Atlantic Group (NYC)	11th Step Meditation	425-436-6351	287443#	Atlanticcoverthephone@gmail.com
8:00 PM	AA Big Book Cover-to-Cover	Big Book Study	425-436-6200	575176#	
9:00 PM	Hope At Home	Speaker Topic/Discussion	(712) 770-4010	688-992	D19access@gmail.com
9:00 PM	Sober She Devils Monday Meeting	Women's Meeting	646-558-8656	306156306#	
10:00 PM	Spark of Hope	International Meeting Speaker	669-900-6833 or 408-740-3766	Meeting Number: 641-164-1641 Password: 164	sparkofhope164@gmail.com
10:00 PM	Sober Voices Group	Beginners	712-432-0075	654443#	
10:00 PM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	bill@aameetingonline.com
<b>TUESDAY</b>					
7:00 AM	Women's Sober Living	Women's Meeting Readings/Discussion	515 739-1529	192390#	womensoberlivingus@gmail.com
7:30 AM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	bill@aameetingonline.com
9:00 AM	Good Morning God	Speaker/Discussions Meditation	(319) 527-2730	959544#	aamorningstogether@gmail.com
12:00 PM	Tuesday Noon	12 Step Meeting	605-313-5111	513710#	triocious@gmail.com
12:00 PM	Sober Voices Group	Speaker Topic/Discussion	712-432-0075	654443#	
1:00 PM	One Day at A Time	Daily Reflections	(712) 775-7031	198520#	
3:00 PM	The Fourth Dimension	Speaker Topic/Discussion	(712)770-5600	405008#	
6:00 PM	There IS a Solution	Readings/Discussion	712-451-0675	522178#	thereisasolution2@gmail.com
7:00 PM	Atlantic Group (NYC)	Open Discussion	425-436-6351	287443#	Atlanticcoverthephone@gmail.com
7:30 PM	Home Meeting of AA	Discussion Speaker Last Tuesday of Month	605-313-4838	694733#	
8:00 PM	AA Big Book Cover-to-Cover	Big Book Study	425-436-6200	575176#	
9:00 PM	A Safe Place	LGBTQ	(515) 739-1030	Access Code: 310346616#	
9:30 PM	Spiritual Crosswalk Group	Young People Meeting Topic/Discussion	929-205-6099	8862693034#	spiritualcrosswalkgroup@gmail.com
10:00 PM	Spark of Hope	International Meeting Speaker	669-900-6833 or 408-740-3766	Meeting Number: 641-164-1641 Password: 164	sparkofhope164@gmail.com
10:00 PM	Sober Voices Group	Visions of You	712-432-0075	654443#	
10:00 PM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	bill@aameetingonline.com
<b>WEDNESDAY</b>					
7:00 AM	Women's Sober Living	Women's Meeting Readings/Discussion	515 739-1529	192390#	womensoberlivingus@gmail.com
7:30 AM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	bill@aameetingonline.com
9:00 AM	Good Morning God	Speaker/Discussions Meditation	(319) 527-2730	959544#	aamorningstogether@gmail.com
12:00 PM	Sober Voices Group	Speaker Topic/Discussion	712-432-0075	654443#	

<b>**TIMES ARE IN EASTERN TIME ZONE**</b>					
<b>TIME</b>	<b>NAME</b>	<b>MEETING TYPE</b>	<b>PHONE NUMBER</b>	<b>PIN/ACCESS NUMBER</b>	<b>EMAIL ADDRESS</b>
1:00 PM	One Day at A Time	Steps	(712) 775-7031	198520#	
6:00 PM	There IS a Solution	Readings/Discussion	712-451-0675	522178#	thereisasolution2@gmail.com
6:30 PM	Bring Your Own Coffee (BYOC)	Big Book Study	347-817-2170	4373924	
7:00 PM	Atlantic Group (NYC)	Big Book Study; Closed; Literature	425-436-6351	287443#	Atlanticoverthephone@gmail.com
8:00 PM	AA Big Book Cover-to-Cover	Big Book Study	425-436-6200	575176#	
10:00 PM	Spark of Hope	International Meeting Speaker	669-900-6833 or 408-740-3766	Meeting Number: 641-164-1641 Password: 164	sparkofhope164@gmail.com
10:00 PM	Sober Voices Group	Big Book Study	712-432-0075	654443#	
10:00 PM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	bill@aameetingonline.com
<b>THURSDAY</b>					
7:00 AM	Women's Sober Living	Women's Meeting Readings/Discussion	515 739-1529	192390#	womensoberlivingus@gmail.com
7:30 AM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	bill@aameetingonline.com
9:00 AM	Good Morning God	Speaker/Discussions Meditation	(319) 527-2730	959544#	aamorningstogether@gmail.com
12:00 PM	Secular on Thursday	Open Discussion	646-558-8656	956892388#	
12:00 PM	Sober Voices Group	Speaker Topic/Discussion	712-432-0075	654443#	
1:00 PM	One Day at A Time	Stories in the Big Book	(712) 775-7031	198520#	
2:00 PM	A Way of Life	Open Discussion/Literature	(605) 475-6767	7332415#	stayingstopped@gmail.com
3:00 PM	The Fourth Dimension	Speaker Topic/Discussion	(712)770-5600	405008#	
6:00 PM	There IS a Solution	Readings/Discussion	712-451-0675	522178#	thereisasolution2@gmail.com
7:00 PM	Atlantic Group (NYC)	Beginner Closed Discussion	425-436-6351	287443#	Atlanticoverthephone@gmail.com
8:00 PM	AA Big Book Cover-to-Cover	Big Book Study	425-436-6200	575176#	
9:00 PM	A Safe Place	LGBTQ	(515) 739-1030	Access Code: 310346616#	
10:00 PM	Spark of Hope	International Meeting Speaker	669-900-6833 or 408-740-3766	Meeting Number: 641-164-1641 Password: 164	sparkofhope164@gmail.com
10:00 PM	Sober Voices Group	12x12	712-432-0075	654443#	
10:00 PM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	bill@aameetingonline.com
<b>FRIDAY</b>					
7:00 AM	Women's Sober Living	Women's Meeting Readings/Discussion	515 739-1529	192390#	womensoberlivingus@gmail.com
7:30 AM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	bill@aameetingonline.com
8:30 AM	Radical Maintenance	Steps 10, 11 & 12	605-475-4821	757034	Radicalmaintenance@gmail.com
9:00 AM	Good Morning God	Speaker/Discussions Meditation	(319) 527-2730	959544#	aamorningstogether@gmail.com
10:00 AM	Sober Women United	Women's Meeting Discussion/Readings Meditation	(605) 313-5974	569562#	soberwomenunited@gmail.com
12:00 PM	Fearless Friday	Topic/Open Discussion	646-558-8656	142363119#	
12:00 PM	Sober Voices Group	Speaker Topic/Discussion	712-432-0075	654443#	
1:00 PM	One Day at A Time	Big Book Study	(712) 775-7031	198520#	
3:00 PM	TGIF	Topic Discussion	712-775-7031	861676259#	
6:00 PM	There IS a Solution	Readings/Discussion	712-451-0675	522178#	thereisasolution2@gmail.com
7:00 PM	Atlantic Group (NYC)	Step Meeting; Literature; Tradition Study; Closed	425-436-6351	287443#	Atlanticoverthephone@gmail.com
7:30 PM	Zoom Into Sobriety	Open Discussion	646-558-8656	194505194#	jblists@gmail.com
8:00 PM	AA Big Book Cover-to-Cover	Big Book Study	425-436-6200	575176#	
10:00 PM	Spark of Hope	International Meeting Speaker	669-900-6833 or 408-740-3766	Meeting Number: 641-164-1641 Password: 164	sparkofhope164@gmail.com

<b>**TIMES ARE IN EASTERN TIME ZONE**</b>					
<b>TIME</b>	<b>NAME</b>	<b>MEETING TYPE</b>	<b>PHONE NUMBER</b>	<b>PIN/ACCESS NUMBER</b>	<b>EMAIL ADDRESS</b>
10:00 PM	Sober Voices Group	Promises Topic	712-432-0075	654443#	
10:00 PM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	<a href="mailto:bill@aameetingonline.com">bill@aameetingonline.com</a>
12:00 AM	Sober Voices Group	Promises Topic	712-432-0075	654443#	
<b>SATURDAY</b>					
7:00 AM	Women's Sober Living	Women's Meeting Readings/Discussion	515 739-1529	192390#	<a href="mailto:womensoberlivingus@gmail.com">womensoberlivingus@gmail.com</a>
7:00 AM	Bring Your Own Coffee (BYOC)	Topic Meeting	347-817-2170	4373924	
7:30 AM	Sleepers AAwake	Open Discussion	646-558-8656	194505194#	<a href="mailto:jblists@gmail.com">jblists@gmail.com</a>
7:30 AM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	<a href="mailto:bill@aameetingonline.com">bill@aameetingonline.com</a>
9:00 AM	Good Morning God	Speaker/Discussions Meditation	(319) 527-2730	959544#	<a href="mailto:aamorningstogether@gmail.com">aamorningstogether@gmail.com</a>
12:00 PM	Sober Voices Group	Speaker Topic/Discussion	712-432-0075	654443#	
1:00 PM	One Day at A Time	Speaker/Discussion	(712) 775-7031	198520#	
1:00 PM	Secular Saturday	Open Discussion	646-558-8656	104435882#	
6:00 PM	Atlantic Group (NYC)	Speaker Meeting; Open	425-436-6351	287443#	<a href="mailto:Atlanticcoverthephone@gmail.com">Atlanticcoverthephone@gmail.com</a>
6:00 PM	There IS a Solution	Readings/Discussion	712-451-0675	522178#	<a href="mailto:thereisasolution2@gmail.com">thereisasolution2@gmail.com</a>
8:00 PM	AA Big Book Cover-to-Cover	Big Book Study	425-436-6200	575176#	
10:00 PM	Spark of Hope	International Meeting Speaker	669-900-6833 or 408-740-3766	Meeting Number: 641-164-1641 Password: 164	<a href="mailto:sparkofhope164@gmail.com">sparkofhope164@gmail.com</a>
10:00 PM	Sober Voices Group	Daily Reflections/Topic	712-432-0075	654443#	
10:00 PM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	<a href="mailto:bill@aameetingonline.com">bill@aameetingonline.com</a>
12:00 AM	Sober Voices Group	Daily Reflections/Topic	712-432-0075	654443#	
<b>SUNDAY</b>					
7:00 AM	Women's Sober Living	Women's Meeting Readings/Discussion	515 739-1529	192390#	<a href="mailto:womensoberlivingus@gmail.com">womensoberlivingus@gmail.com</a>
7:30 AM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	<a href="mailto:bill@aameetingonline.com">bill@aameetingonline.com</a>
9:00 AM	Good Morning God	Speaker/Discussions Meditation	(319) 527-2730	959544#	<a href="mailto:aamorningstogether@gmail.com">aamorningstogether@gmail.com</a>
10:00 AM	Sober She Devils Sunday Meeting	Women's Meeting	646-558-8656	657402688#	
12:00 PM	Sober Voices Group	Speaker Topic/Discussion	712-432-0075	654443#	
1:00 PM	Secular Sunday	Open Discussion	646-558-8656	440200241#	
1:00 PM	One Day at A Time	Living Sober	(712) 775-7031	198520#	
3:00 PM	The Fourth Dimension	Speaker Topic/Discussion	(712)770-5600	405008#	
6:00 PM	There IS a Solution	Readings/Discussion	712-451-0675	522178#	<a href="mailto:thereisasolution2@gmail.com">thereisasolution2@gmail.com</a>
7:00 PM	Atlantic Group (NYC)	Speaker Meeting; Open	425-436-6351	287443#	<a href="mailto:Atlanticcoverthephone@gmail.com">Atlanticcoverthephone@gmail.com</a>
8:00 PM	AA Big Book Cover-to-Cover	Big Book Study	425-436-6200	575176#	
10:00 PM	Spark of Hope	International Meeting Speaker	669-900-6833 or 408-740-3766	Meeting Number: 641-164-1641 Password: 164	<a href="mailto:sparkofhope164@gmail.com">sparkofhope164@gmail.com</a>
10:00 PM	Sober Voices Group	Big Book Study	712-432-0075	654443#	
10:00 PM	AA Meeting Online	Speaker Topic/Discussion	1-224-501-3217	198-341-861	<a href="mailto:bill@aameetingonline.com">bill@aameetingonline.com</a>