

# CAPE ATLANTIC INTERGROUP

*presents* 16TH ANNUAL WAVES ROUNDUP  
ON AWAKENING

## Welcome!

## FRIDAY, December 2

**2:00 PM - Open**

Registration and Merchandise  
MAIN HALLWAY

**Gift Basket Raffle /50-50 Sales**

MAIN HALLWAY

Fri. 2pm - 8pm & Sat. 8am - 8pm

**4:30 PM - Friday Early Bird AA**

**Speaker**

**Nancy Lee W./West Atlantic City, NJ**

The Mansion

Chair - Ray H.

Reader - Kate M.

**8:00 PM - Friday Evening AA**

**Speaker**

**Debbie B./Florida**

The Mansion

Chair: Ann Marie G.

Reader: Kate M.

**9:30 PM - Comedy Show**

The Mansion

Presenting Comedian

In Recovery Mike M.

Hosted by Susie R.



**10:00 PM, 11:00 PM,**

**Midnight**

**AA Marathon Meetings**

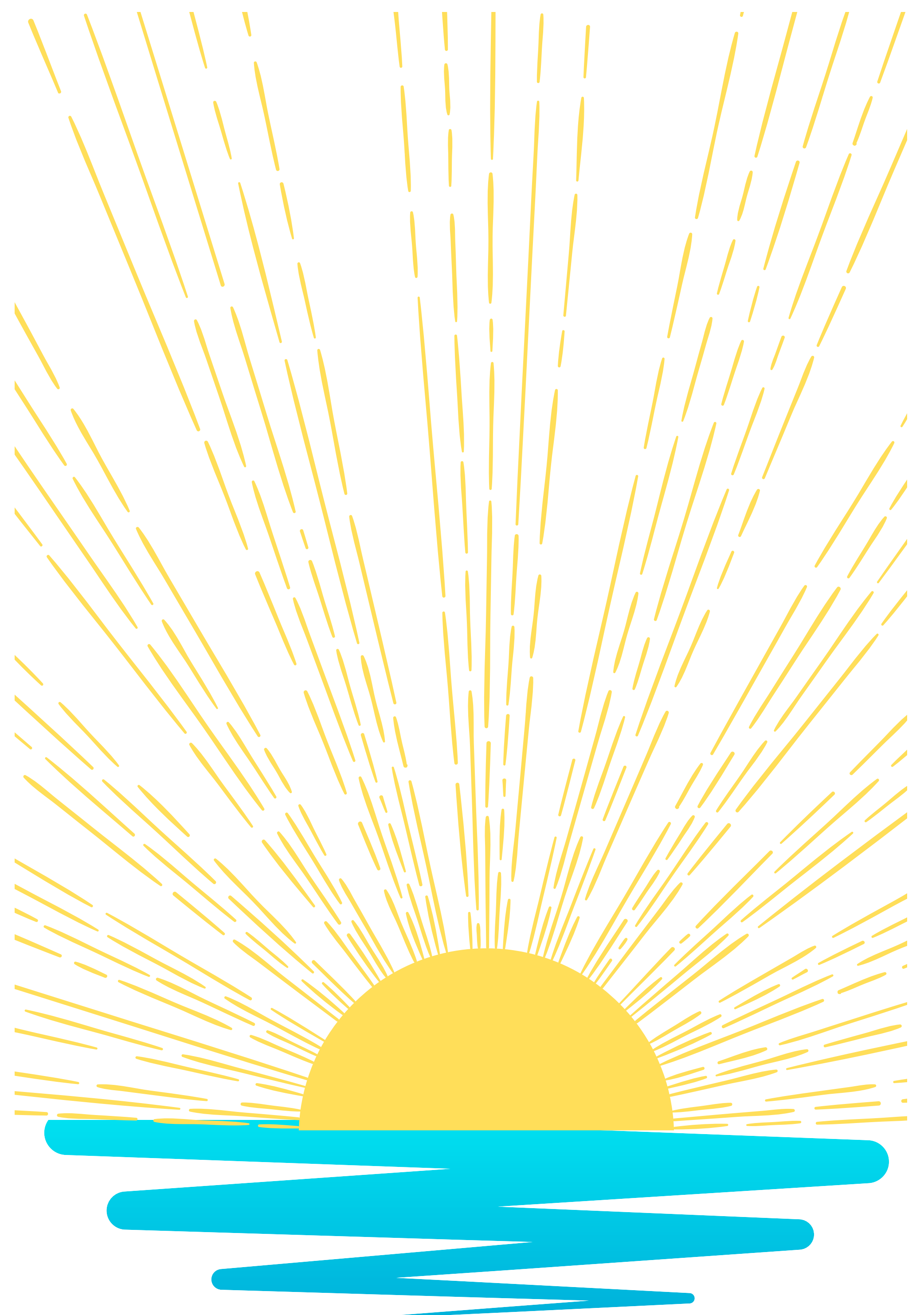
Back Buffet Room

"As Bill Sees It"

**10:00 PM - 11:00 PM -**

**Paint Your Own Tote**

AA Art Alcove



# SCHEDULE OF EVENTS

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## S A T U R D A Y   D a y

7:00 AM - Morning Yoga with Lafutima  
Heart and Soul Club

### **AA Marathon Meetings**

9:00 AM to 5:00 PM on the hour  
& 10:00 PM - Midnight  
"As Bill Sees It"  
Back Buffet Room

### 9:00 AM

#### **Area 45 Workshop**

Library  
Chair - Wendy M.

#### **Al-Anon Workshop - Becoming Aware**

Blue Room  
Chair - Regan D.  
Reader - Lydia L.

#### **AA Workshop - Into Action**

Gold Room  
Chair - Theirry F.  
Reader - Chris J.

### 10:00 AM

#### **CAIG Workshop**

Library  
Chair - Dawn I.

#### **Al-Anon Workshop - Facing Fear and Building Trust in Ourselves**

Blue Room  
Chair - Kris A. Reader - Tracy W.

11:00 AM to 4:00 PM  
**Paint Your Own Tote Bag**  
Carousel Room

### 11:00 AM - Old Timers Panel

The Mansion  
Chair- John H.  
Reader - Martin B.

### 1:00 PM - Al-Anon Speaker

**Elizabeth Mc - Atlantic City/Florida**  
The Mansion  
Chair/Reader - Lydia L.

### 2:30 PM

#### **YPAA Workshop - Carrying the Message**

Library  
Chair - Roxanne L.  
Reader - Laura B.

#### **AA Workshop - Coping With Grief**

Blue Room  
Chair - Dan L.  
Reader - TBA

#### **Al-Anon Workshop - What's in Your Toolbox?**

Gold Room  
Chair - Laura T.  
Reader - Lydia L.

### 4:00 PM - YPAA Speaker

Brian P./Villas  
The Mansion  
Chair - Jim J.  
Reader - James L.

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## SATURDAY Evening & Night

### **6:00 PM - Banquet** **Buffet of Chef's Selections**

Diamond Club

Prayer - Janna F.

**Ticket Required.**

*You may purchase tickets at the main registration table.*

*Last sales are at noon on Saturday.*

*\$43 per person.*



### **8:00 PM -Saturday Evening** **AA Speaker**

**Noreen K./Toms River, NJ**

The Mansion

Chair - Michelle S.

Sobriety Countdown - Jeff S.

Reader - Janna F.

### **And after the meeting:**

**~50/50 Winner Announced!**

**~Gift Basket Tickets Drawn**

(Winner Board will be displayed  
in front of Basket Raffle area)

### **10:00 PM - Live Music/Dancing**

**The Third Watch Band**

Heart and Soul Club



## SUNDAY, December 4

### **9:30 AM - Sunday Morning Spiritual Speaker**

**Patrick K., Brigantine, NJ**

The Mansion

Chair - Ray H.

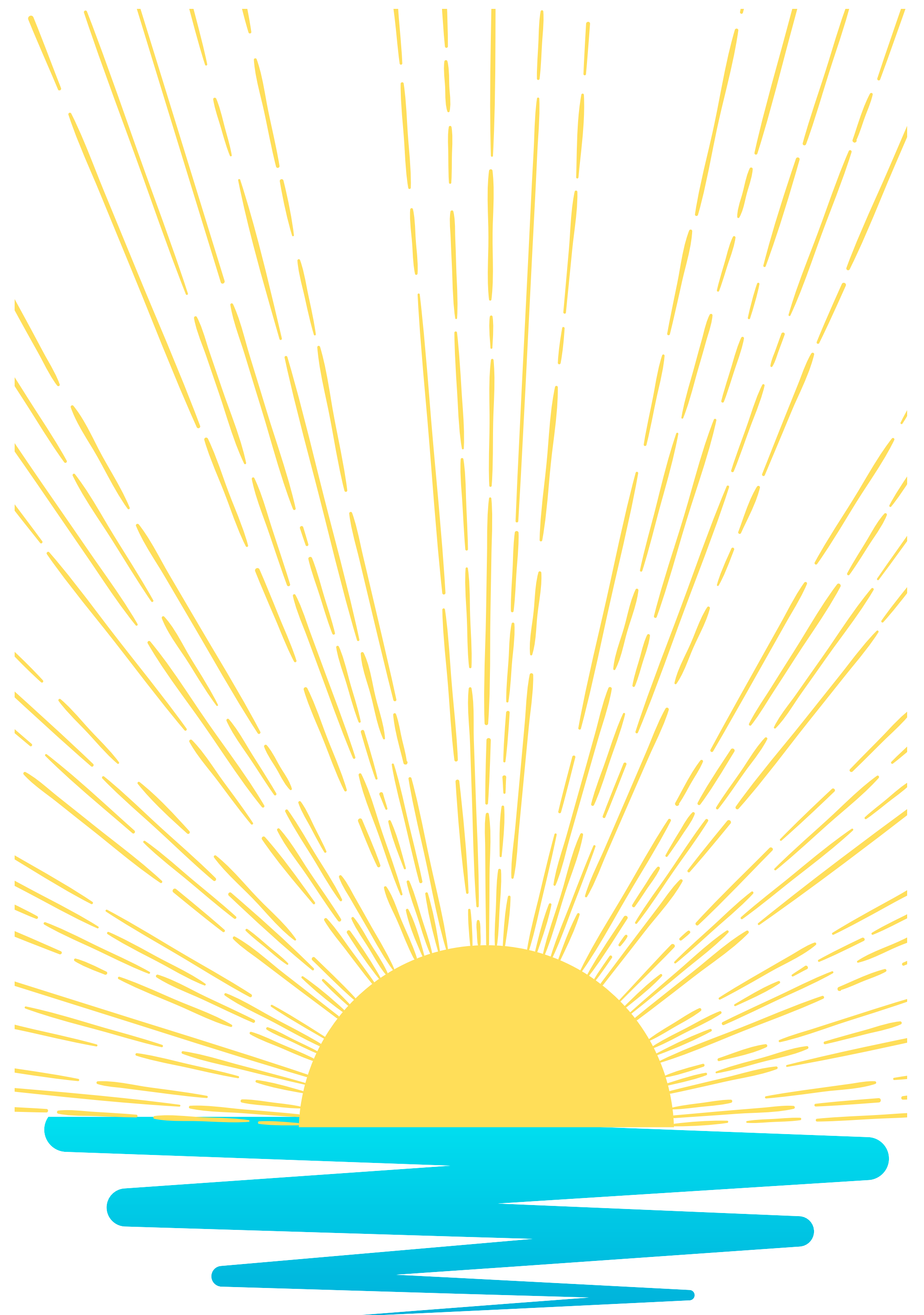
Reader - Karen B.

### **11:00 AM - Wrap Up Meeting**

Open to all Attendees

Gather feedback and find

2023 Committee Members



# SCHEDULE OF EVENTS