



CAPE ATLANTIC INTERGROUP
PRESENTS...

Q & A about our Newsletter

Who writes articles for the PASS IT ON?

A: You do. This is a publication forum for your personal stories celebrating sobriety and recovery. We welcome your stories, opinion pieces, learnings, questions, thoughts and ideas.

What about Quality?

A: Don't worry about that. There is nothing more powerful than one alcoholic speaking with and supporting another alcoholic. Indeed, most of us never trusted a professional about our drinking. How could they possibly know about our drinking? But I believe other alcoholics. We are amateurs by design. So never worry about whether what you write is good enough. Just speak from the heart with honesty.

What about sketches, photos, art and flyers?

A: Yes, please! These are all welcomed and appreciated. We want to give A.A. members a chance to publish their original artwork and photos. We are not a glum lot and love humor, so please send in jokes and cartoons as well. We want the PASS IT ON to have a comprehensive listing of all upcoming events and flyers; email your event info as early as possible.

What do I write about?

A: Each month's topic is Step X, the Principle behind Step X, and Tradition X, where X is the number of the month. January=1 and December=12. For example, January's topics are Step One, Honesty, and Tradition One. Stories about a month's holidays or historic events are also accepted. For example, articles pertaining to a new year/new start in January, relationships and romance in February, stories about the founding of A.A. in June, independence in July, gratitude and giving thanks in November, etc. can all be fitting subject matter. Write your stories in the first person (using "I" statements). Share your sobriety experience, strength, and hope: the wisdom you've gleaned, the mistakes you've made, the fun, the troubles, and humor you've found in recovery.

What are the submission deadlines?

A: Deadlines are published in Bi-month's NEWSLETTER. If you miss the deadline, you may still send materials, but they may be saved for inclusion in a future NEWSLETTER publication. Stories and art are published at the discretion of the PASS IT ON editor and the Central Office.

What are the style guidelines?

A: We strive for consistency. We accept writings from a variety of authors, then, edit them for style, length less than 900 words, correct spelling, fonts, and more. It is challenging to publish each issue in a timely manner. As editors, we do not change the message.

Contact Newsletter Chair: Newsletter@capeatlanticaa.org