



Pioneers of Alcoholics Anonymous

Rowland Hazard III was an American businessman and member of a prominent Rhode Island family it was Hazard's famous encounter with Jung that began alcoholics' connection with the Oxford Group. He is also known as the "Rowland H." who figured in the events leading to the formation of Alcoholics Anonymous. He also went to court and sponsored Ebby, and brought him to the Oxford Group.

Edwin Throckmorton Thacher known as **Ebby** he was an old drinking friend and later the sponsor of Alcoholics Anonymous co-founder Bill Wilson. He is credited with introducing Wilson to the initial principles that AA would soon develop, such as "one alcoholic talking to another," and the Jungian thesis which was passed along to Rowland Hazard and, in turn, to Thacher that alcoholics could recover by a "genuine conversion".

Sister Ignatia this special nun cared for thousands of alcoholics for decades of her life. Sister Ignatia worked closely with Dr. Bob. Starting in 1939, at St. Thomas Hospital in Akron, Ohio. She surmounted obstacles to personally care for thousands of alcoholics. For several decades, she helped alcoholics in Akron and later at St. Vincent Charity Hospital in Cleveland. Sister Ignatia was beloved by all . She was often referred to as the "Angel of Alcoholics Anonymous."

Henrietta Seiberling When Alcoholics Anonymous wanted to mark its birthplace, it looked to the gatehouse, it was there that the two best-known characters in the Alcoholics Anonymous movement — Dr. Bob Smith and Bill Wilson — first met. But there was another person present; Henrietta arranged the meeting, and ever reminded the AA leaders of the need for a strong spiritual under pinning for an alcoholic's recovery. Though not an alcoholic herself, she believed as a Christian that it was her responsibility to solve social problems. Seiberling began the "alcoholic squad" of the Oxford Group Movement. The first case, Dr. Bob Smith admitted that he was a secret drinker, marking the first time the Akron Oxford Group prayed together to help someone through alcoholism. Seiberling was more of a "student of the bible," rather than a "church-goer."

Dr. William Duncan Silkworth was our first friend in AA, known to us as the little doctor who loved drunks. He gave deep understanding and great encouragement to an infant society in the days when a lack of understanding or a word of discouragement might easily have killed it. He freely risked his professional reputation to champion an unprecedented spiritual answer to the medical enigma and the human tragedy of alcoholism. Without his blessing, our faith might well have died in its birth. He was a luminous exception to the rule that only an alcoholic understands an alcoholic. He knew us better than we knew ourselves, better than we know each other. Many of us felt that his medical skill, great as that was, was not at all the full measure of his stature. He was a saintly man. He was able to see the truth of a man, when that truth was deeply hidden from the man himself and from everyone else.

Harry M. Tiebout was an American psychiatrist who promoted the Alcoholics Anonymous approach to the public, patients and fellow professionals. He served on the Board of Trustees of Alcoholics Anonymous for years and was president of the National Council on Alcoholism. In 1939, Tiebout received a pre-publication copy of the book Alcoholics Anonymous. After looking it over, he gave it to Marty Mann, one of his patients. She had been at Blythewood Sanitarium for over a year but seemed no closer to conquering her alcohol problem than when she arrived, so he considered her a good test of whether the book had value.

Margaret "Marty" Mann is considered by some to be the first woman with long term sobriety in A.A. There were several remarkable women in the early days of AA including but not limited to: *Florence R.*, *Sylvia K.*, *Ethel M.*, co-founder Bill Wilson was Marty's sponsor. Marty wrote her story; "Women Suffer Too" in the Story Section of the Big Book. Mann organized the National Committee for Education on Alcoholism (NCEA) in 1944, which later became the National Council on Alcoholism (NCA), and then the National Council on Alcoholism and Drug Dependence (NCADD), to address concern with other drugs. Marty Mann came from an upper-middle-class family in Chicago. She attended private schools, traveled extensively, and was a debutante. Marty was married briefly in her 20s but was a lesbian for the rest of her life. Mann was her maiden name, and she used the Mrs. title to protect her privacy. Society's prejudice against homosexuality was as strong as it was toward alcoholism during the 1940s and 1950s when she and the National Committee for Education on Alcoholism were struggling to survive.

Samuel Moor Shoemaker was a priest of the Episcopal Church. Samuel was considered one of the best preachers of his era, whose sermons were syndicated for distribution by tape and radio networks for decades. He founded "Faith At Work "magazine in 1926. He served as the rector of Calvary Episcopal Church in New York City. Sam Shoemaker's interdenominational focus and the Oxford Group were significant influences for the founders of A.A. Bill W attended Oxford Group meetings at Calvary Church, Sam Shoemaker helped start an Oxford Group chapter in Akron, Ohio, where Dr. Bob Smith became involved. Shoemaker's contributions and service to A.A. had a worldwide effect. The program that Bill W. codified, in conjunction with Shoemaker, is used in almost every country around the world to not only treat alcoholism but also help relatives of alcoholics, and treat people suffering with many other addictions.

- Absecon
- Avalon
- Atlantic City
- Barnegat
- Barnegat Light
- Beach Haven
- Brant Beach
- Brigantine
- Cape May
- Cape May C. H.
- Cape May Point
- Dennisville
- Egg Harbor City
- Egg Harbor Twp.
- Galloway
- Linwood
- Manahawkin
- Margate
- Marmora
- Mays Landing
- New Gretna
- North Wildwood
- Northfield
- Ocean City
- Palermo
- Pleasantville
- Pomona
- Rio Grande
- Sea Isle City
- Ship Bottom
- Somers Point
- Stone Harbor
- Surf City
- Townbank
- Tuckerton
- Ventnor
- Villas
- Waretown
- West Cape May
- West Creek
- Wildwood
- Woodbine

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" . . . TREATMENT PRIMARILY INVOLVES NOT TAKING A DRINK" AMERICAN MEDICAL ASSOCIATION

OPEN ? CLOSED? MEETINGS?



From a Member

Do you know what makes a meeting a closed meeting? The whole idea of Open and Closed meetings has gotten blurred and it is an important distinction when talking about AA meetings. Most meetings I attend which say they are open discussion, seem to mean that they won't have a topic, but everyone is free to share whatever is on their mind; which of course they do. Another group I visited which says that it is a closed meeting displays an NA literature rack beside the AA literature rack. After all, a drug is a drug. Right?

Now the answers as to what makes a meeting Open or Closed are no secret. They are spelled out in the Pamphlet "The A.A. Group....Where it all begins." Since no one reads any AA pamphlets after they are cured of alcoholism, (about six months) here's what The AA Group says about it: Closed meetings are for A.A. members only, or for those who have a drinking problem and "have a desire to stop drinking." Open meetings are available to anyone interested in Alcoholics Anonymous' program of recovery from alcoholism. Non-alcoholics may attend open meetings as observers.

The Blue Card, has one side for Open and another for Closed meetings, they are pretty similar except for the last words. The Open side says problems with alcohol, the Closed side says problems as they relate to alcoholism. A telling difference! Open Meetings are for people who want to know more about AA. Anyone can come to an Open meeting! Closed meetings are for Alcoholics. Drug Addicts, Students and folks with attendance papers really have no place at a Closed meeting, nor do children for that matter. Closed meetings also have the benefit of safeguarding personal anonymity. Visitors and persons required to attend AA meetings may not share the fellow AA's respect for 'who you see here.' and there is no way that we can require them to do so. Your co-worker with a DWI or the neighbor kid doing a college paper is free to tell the world that they met you at an Open AA meeting. That may not bother you if you have been around for a few years, but for the person new to AA, the assurance of anonymity is an important factor!

There are very few Closed meetings in South Jersey. Of over three hundred groups, only about seventy hold Closed AA meetings. So are we saying that there simply aren't that many people in South Jersey who have alcoholism? In trying to be Open to everyone, are we shortchanging the alcoholics in A.A.? Times change and things in AA have changed with them, but not always for the better and the change is not a necessity. Does your Group really know what an Open meeting means?

Rehabs have *sometimes* given newcomers misinformation about what AA is and what it isn't. They too often encourage 'sharing vs listening'. But what might work in a therapy group doesn't work in A.A. Courts have directed people to AA, because of the proven effectiveness of the program, for those who want to recover. Much misinformation has become accepted as AA practice, such as the concept of 90n90 as a sort of initiation process; but belonging to a group, reading the literature and being of service to others does not seem to be included in the misinformation package! Since we have gotten away from being 'hard' in AA, when we correct such misinformation, we are seen as Big Book Thumpers and Bleeding Deacons (for the few who get that reference!); so the bad practices become what people have learned to expect from AA.

If you are an old-timer who knows better; perhaps you should speak up more in your group, starting with the idea of an Open meeting!

SJ

"A Consistent Message?"

"Shut up. Don't drink. Go clean the bathrooms, kid". It was 1985 and those men were trying to hang on to me long enough so I could actually start listening. A gentleman approached me that very day and said, "You never have to drink again, kid, one day at a time" That is the first real message that hit me. This came directly from the mouth of a man whose personal story was published in our book, Alcoholics Anonymous. I believed him. I still do to this very day.

They gave me a bathroom commitment every Saturday at 2 pm. The most inopportune time. After the 1 pm meeting I was to clean the bathrooms in-between for the 5 pm meeting that followed. I didn't see it then, but it gave me something to do. I hated it, but that didn't stop me from doing it.

Since then, I've grown up in AA. I've stayed sober a day at a time. I've worked steps, taken others through the steps, and have dedicated myself to service commitments over the years. I still do today. I choose not to recover on yesterday's actions.

What I see evolving in the Fellowship is that our message is getting convoluted. The message given to me was "Clean House, trust God, and help others." Always."

The message is outlined in the book—we have a fatal disease. An allergy to alcohol and a spiritual malady, as laid out in the Doctor's Opinion. The development of a relationship with a Higher Power was and still is the vital solution to a life without alcohol.

I stay true to and consistent to that message. A good dose of honesty, open-mindedness and willingness, I try to be an example to others, new and seasoned, in the rooms of AA. Love and tolerance are my guide, especially when I am hearing a message that is not Alcoholics Anonymous. *You don't want my message, I will get someone drunk. The message is clear and I will continue to carry it!*

Anthony V., Men's Group

HEARD AT A MEETING;
WHEN WALKING ON THIN ICE
WHY NOT DANCE.

10TH STEP PRAYER
I PRAY,
GOD THAT YOU REMOVE MY
SELFISHNESS
DISHONESTY
RESENTMENTS & FEAR

LIFE'S GARDEN

TO HAVE A SUCCESSFUL LIFE YOU MUST CULTIVATE YOUR OWN GARDEN, PLANTING AS FOLLOWS:

5 ROWS OF PEAS

PRAYER

PREPAREDNESS

PERSEVERANCE

POLITENESS

PROMPTNESS

4 ROWS OF SQUASH

SQUASH GOSSIP

SQUASH CRITICISM

SQUASH INDIFFERENCE

SQUASH NEGATIVE THINKING

5 ROWS OF LETTUCE

LET US BE FAITHFUL

LET US BE LOYAL

LET US BE UNSELFISH

LET US LOVE ONE ANOTHER

5 ROWS OF TURNIPS

TURN-UP FOR CHURCH

TURN-UP WITH A SMILE

TURN-UP WITH FAMILY

TURN-UP WITH ENTHUSIASM

TURN-UP WITH A PRAYER IN YOUR HEART

SUBMITTED BY ALESIA P

LIVE & LET LIVE

The Man in 3rd Tradition story with "Another Addiction" - what was it?

What is the true story of the man with another addiction? Was it drugs or was he gay? He was an alcoholic and the other "addiction" was his attraction to men...In the 12x12 is a story of a man that came to the early Akron Group and asked: "...will you let me join your group? Since I am the victim of another addiction even worse stigmatized than alcoholism, you may not want me among you. Or will you?" *At the 1968 General Service Conference Bill W. gave a talk on the Traditions and said the following:*

At about year two of the Akron Group, a poor devil came to Dr. Bob in a grievous state. He could qualify as an alcoholic all right. And then he said, "Dr. Bob, I've got a real problem to tell you. I don't know if I could join AA because I am sex deviate."

Well that had to go out to the group conscious. You know. Up to then it was supposed any society could say who was going to join it. And pretty soon the group conscious began to seethe and boil and it boiled over. And under no circumstances could we have such a coward and such a disgrace among us said these gentlemen.

And you know, right then our destiny hung on a razor edge over this single case. In other words, would there be room that could exclude so called undesirability's and that caused us in that

time, and for quite a time with respecting this single case, to ponder what is the more important; the reputation that we shall have. What people should think? Or is it our character. And who are we considering our record, alcoholism is quite as unlovely. Who are we to deny a man his opportunity, any man or women.

And finally the day of resolution came. And a bunch were sitting in Dr. Bob's living room arguing what to do. Where upon dear old Bob looked around and blandly said, "Isn't it time folks to ask ourselves; 'What would the Master do in a situation like this? Would he turn this man away?'"

And that is the beginning of the AA tradition that any man who has a drinking problem is a member of AA if he says so not whether we say so. Now I think that the import on this on the common welfare has already been sustained because it takes in even more territory than the confines of our fellowship. It takes in the whole world of Alcoholics Anonymous. Their charter to freedom to join AA is assured. Indeed it was an act in general welfare.

Third Tradition—

The only requirement for AA membership is a desire to stop drinking.

Submitted by TP

Robert M, a volunteer illustrator for the Grapevine, created the oil painting 'Came to Believe' in 1955, and gave it to Bill Wilson in 1956. It first appeared in the Grapevine in the December 1955 issue, but when the book 'Came to Believe' was published in 1973, the Grapevine editors renamed the reproductions 'The Man on the Bed' to avoid confusion.




"THE MAN ON THE BED"

1935

Eager to carry the message, Bill and Dr. Bob search for another person to help. After a slow start, the call to Akron City Hospital yields a prospect — Bill D., a lawyer. During the visits of Bill and Dr. Bob, Bill D. takes their message to heart and promises never to drink again — a vow he keeps for life. Now remembered as the "man on the bed"

(here as depicted in a painting by an A.A. member), Bill D. becomes the third member of what will eventually be called Alcoholics Anonymous.

Download the App



CAN YOUR PHONE DO THIS?
IF YOU HAVE A PHONE THAT CAN DOWNLOAD APPS.
MAKE SURE YOU HAVE THE MEETING GUIDE APP
FIND AA MEETINGS NEAR YOU NOW
SEARCH FOR UPCOMING MEETINGS
FIND AA MEETINGS IN OTHER STATES
ALL FOR FREE



THERE IS A SOLUTION
Nov 17-19 CAPE MAY NJ 2023



waves roundup
CAPE ATLANTIC INTERGROUP

THE GRAND HOTEL 1045 BEACH AVENUE CAPE MAY, NJ 08204
More info: roundup.capeatlanticaa.org

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CPC/PI members...
Informing the non AA
public
about **A.A.**
What we are, where we are,
what we can do and what
we cannot do.

Cooperation with the Professional Community/ Public Information
Did you know that only 10% of alcoholics in the U.S. ever
come into contact with a solution?!?!?!? That's a
staggering statistic from the National Institute of Alcohol
Abuse and Alcoholism. CPC/PI is here to help open the
door of AA to more people who want to get free.

Have you ever wondered what CPC/PI is?

Have you considered how you can help carry the message
of recovery within your own community?

Email our CPC/PI for more information

robert_harron@yahoo.com

**Public Information /Cooperation with the Professional Community
(PI/CPC)**

What we do:

Public Information / Cooperation with the Professional Community in Alcoholics Anonymous means carrying the message of recovery to the still sick and suffering alcoholic by informing the general public and the professional communities about the AA program. We carry the message by getting in touch with and responding to: the media, schools, industry, churches, government agencies, social workers, educators, counselors, doctors, nurses, hospitals, those working with alcoholics in a professional position, AA members, and other organizations which can report on the nature and purpose of AA and what it can do for alcoholics.

How we do it:

Distribute meeting lists and other AA literature to appropriate public places like libraries, hospitals/clinics, schools. Distributing contact cards (along with literature and schedules). Cards can be used to provide a telephone number and/or website information.

Visit schools, local businesses, church and hospitals, professional organizations and give brief talks.

Staff AA booths at health fairs.

Encourage AA members in local PI/CPC committees to carry the message of AA to those people in their own spheres, like their clergy, their doctors, their teachers, their places of work, their social organizations.

Submit appropriate articles to newspapers.

Provide Public Service Announcements to local cable television stations, local college radio stations, movie theaters.

Provide literature to hotels, and motels .



SERVICE WORK KEEPS US SOBER



Special Note:
The material in this newsletter does not necessarily represent Cape Atlantic Intergroup. Much of it has been contributed by individual members with the intention of passing the message on to the alcoholic who still suffers.

NEW OFFICE

All are Welcome

PASS IT ON

THE INTERGROUP PANEL AND COMMITTEE MEMBERS MEET 2ND WEDNESDAY OF EVERY MONTH .

ATTENDANCE AT THIS MEETING IS ALSO AVAILABLE VIRTUAL ID 542 744 809

3RD WEDNESDAY OF EVERY MONTH, AT 7:30PM.

ATTENDANCE AT THIS MEETING IS ALSO AVAILABLE VIRTUAL ID 164 233 922

CAPE ATLANTIC INTER-GROUP

1418 NEW RD, SUITE 4

NORTHFIELD, NJ 08225

Steering Panel Committee



BUSINESS MONTHLY MEETING