

Cape Atlantic Intergroup Minutes
CAIG STEERING MEETING MINUTES
September 13, 2023 Intergroup Meeting

CAPE ATLANTIC INTERGROUP OFFICE
1418 New Rd. Suite 4
Northfield, NJ 08225

Phone: (609) 641-8855

Date and Starting:

The meeting began Wednesday September 13, 2023 at 7:31PM

Open with Serenity Prayer:

A moment of silence calling to bring your Higher Power into you and followed by the Serenity Prayer led by Tim, Vice Chairperson led this prayer.

Roll Call (Recording Secretary):

OFFICERS Positions	Names	Present
Chairperson	Dawn	Yes
Vice Chair	Tim L	Yes
Acting Recording Secretary	Megan	Yes
Corresponding Secretary	Amber	Yes
Acting Treasurer	Tina R.	Yes
Literature Treasurer	Jessica G.	No
Trustee	Joe	Yes

COMMITTEE Positions	Names	Present
Accessibility	OPEN	
Archives	OPEN	
Audit	OPEN	
Budget and Finance	OPEN	
CAYPAA	Mike M.	No
Group Access Coordinator/Tech	Nick B.	Yes

Hospitality	Karen P.	Yes
H and I	Marcine R.	Yes
Literature	Rob	No
Newsletter	Donna S.	No
Office Manager	OPEN	
Phones	Carolyn	Yes
PI/CPC	Rob H.	Yes
Policy and Structure	OPEN	
Round Up	Janna F.	Yes
Unity	Karen N.	No
Website	Carolyn	Yes
Workshops	Buddy	Yes

Officer Reports: . Thank you everyone for attending, when delivering reports please keep them brief, when delivering your report please use the microphone so everyone virtually can hear you. Be send your synopsis of your reports for next week's Business Meeting, please highlight anything that needs to be ironed out beforehand. Please follow procedure by raising hands, be respectful to the person who has the floor. For a complete list of positions please see <https://capeatlanticaa.org/steering-panel-and-committee-members/> All are welcome to attend, the second Wednesday of every month the meeting starts at 7:30 PM.

Reports were given as follows:

<u>Position/Name</u>	
Chairperson – Dawn I.	1) Bus Trip to GSO 8/18 - presented them with \$2000 check 2) Monthly Round Up Meeting 9/6 3) 6th Annual Burn your Resentment Bonfire 9/9 * The quarterly report was submitted to Area 44 Summer Assembly. (Copy available upon request) * Worked with Roy Owens in his attempt to start some new meetings in the Pleasantville Area. Seashore 7th Day Adventist Church Linden Ave for Wed, Fri & Sat nights. * We need help for existing Pleasantville Grp meeting Sunday Mornings. They need to relocate. Looking for Large space. Bigger then our office space. * Still looking for help and volunteers for the Workshop/Skit we need to do for upcoming Round Up!!! We have some ideas brewing for an "Open House" to spark some interest in upcoming elections!!! Thank you for allowing me to serve.

Vice Chair – Tim L.	Was able to help set up and attend the FOTS speaker jam. The weather held out. Many new and old faces attended. It was nice to be able to take off from work and have some fun.
Acting Recording Secretary – Megan	I have received some feedback; that it would be helpful if a reminder were sent of the upcoming meeting and request for reports on the Sunday prior to the Wednesday. I am willing to do this and I apologize for not following this practice that all have become accustomed to. Thank you for allowing me to serve.
Corresponding Secretary - Amber	First of all, I want to thank all of the people who have stepped in to fill empty roles at CAIG. Thank you all for your service. I attended CAYPAA's Burn Your Resentment Bonfire for the first time this year. The fire was beautiful and the ocean was warm. It was wonderful. I plan to go again next year. Thank you CAYPAA for hosting several free events every year! I have sent out 8 letters since we met last month. I checked my mailbox this evening to get what I need from Tina to send out the next round of letters. If anyone has a contact for Young Men's South Group, please see me after the meeting and let me know where to send this letter that was returned. That's all I have. Thank you for letting me serve!

Acting
Treasurer –
Tina R.

9/13/2023

CAIG Treasurer's Monthly I&E Statement

Updated =====> 9/12/2023

OA Balance:			\$51,964.34	
	<u>Date</u>	<u>Amount</u>	<u>Description</u>	<u>Comments</u>
Deposits:				
LITERATURE DEPOSITS				
	LITERATURE DEPOSIT 8/17/23	\$ 338.00	LIT SALES	
	LITERATURE DEPOSIT 8/31/23	\$ 0.36	INTEREST	
	OPERATING DEPOSIT 8/17/202	\$ 35.00	UNITY BREAKFAST	
	OPERATING DEPOSIT 8/17/202	\$ 115.00	ROUND UP	
	OPERATING DEPOSIT 8/17/202	\$ 445.00	UNITY BREAKFAST	
	OPERATING DEPOSIT 8/17/202	\$ 808.00	GROUP DONATIONS	
	OPERATING DEPOSIT 8/25/23	\$ 35.00	UNITY BREAKFAST	
	OPERATING DEPOSIT 8/25/23	\$ 170.00	ROUND UP	
	OPERATING DEPOSIT 8/25/23	\$ 360.00	GROUP DONATIONS	
	OPERATING DEPOSIT 9/8/23	\$ 1,160.00	UNITY BREAKFAST	
	OPERATING DEPOSIT 9/8/23	\$ 384.00	GROUP DONATIONS	
	OPERATING DEPOSIT 9/7/23	\$ 2.25	INTEREST	
	PAYPAL 8/24/23	\$ 10.00	GROUP DONATION	
	PAYPAL 9/10/23	\$ 17.51	GROUP DONATION	
	ROUND-UP PAYPAL 9/12/23	\$ 2,587.00	ROUND UP	
Total:		\$ 6,467.12	*Various	
Expenses: Paid by..				
	LIT Bill Pay 8/22/23	\$ 395.00	MEETING LISTS	
	LIT BANK CARD 8/29/23	\$ 551.25	AAWS -Literature	
	OPERATING - AUTO 8/18/23	\$ 90.00	QUICKBOOKS	
	OPERATING - AUTO 8/24/23	\$ 41.85	SI GAS	
	OPERATING -BILL PAY 8/24/23	\$ 81.48	EVE - TONER & PAPER	
	OPERATING-BILL PAY 8/24/23	\$ 29.60	DAWN KEYS	
	OPERATING-AUTO 8/30/23	\$ 1,600.00	RENT - SIGANOS REALTY	
	OPERATING- BILL PAY 8/31/23	\$ 285.62	DEPOSIT STAMPS, CARBON SLIPS	
	OPERATING- BILL PAY 9/1/23	\$ 116.00	GRANDPRINTING - NEWSLETTER	
	OPERATING-AUTO 9/1/23	\$ 39.95	ACCESS DIRECT-PHONES	
	OPERATING-AUTO 9/6/23	\$ 127.85	VERIZON	
	OPERATING-BILL PAY 8/31/23	\$ 300.00	EPISCOPOL CHURCH - RENT/DONATION	
		\$ -		
Total:		\$3,658.60		
Ahead (+) Behind (-) Budget =====>		\$2,808.52		
Account Balances:		09/16/23		
Operating Account Balance (874):			\$51,964.34	
Literature Account Balance (896):			\$7,567.52	
Prudent Reserve in CDs:			\$29,592.98	
PayPal #1 Balance:			\$325.92	
PayPal #2 Roundup Balance:			\$1,151.13	
Total			\$90,601.89	
Balance All Accounts:			\$90,601.89	
Prudent Reserve =====>			\$33,895.00	
Surplus Above Prudent Reserve:			\$56,706.89	

Literature
Treasurer –
Jessica G.

Hi! Won't be in attendance wed- first softball game of the season-
Lit is available. Cash or check payment. Stock is good. We can order
whatever we don't have. Please email Rob with all requests!
Thanks!
Jess G

Trustee – Joe

Was able to attend the GSO bus trip, Kudos to Marcine for arranging that
and to Dawn for arranging a nice lunch from the food trucks. I attended the
Labor Day Event at the 12 Step House in Wildwood. I am looking forward to

	the Day of Sharing on October 14th. The flyer is on the website - https://capeatlanticaa.org/event/day-of-sharing-2/ I would encourage everyone to attend.
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Committee Chair Reports:

<u>Position/Name</u>	
Accessibility	This position is open.
Archives	This position is open.
Area 45	Not represented
Audit	This position is open.
Budget and Finance -	This position is open.
CAYPAA Mike M	Lauren celebrated 1 year of sobriety. Jess celebrated 8 months. Resentment Bonfire was held on Sept 9th About 60 people attended. People went swimming in the ocean. Dawn declined invitation. Discussed potential friends giving unity event in November. Plan to get the cost for December roller disco/ugly sweater skating event. Discussed other options for a December event as well. Game night, dodgeball. Thank you for letting me serve. -Mike M.
Group Access Coordinator - Nick B.	Nothing to report
Hospitality - Karen P.	I have no report for hospitality. See you all next Wednesday.
H and I - Marcine R.	Nothing to report. Got a text from someone wanted 10 AA books and forwarded the message to Jessica; someone at the last minute called about not being able to cover a commitment; if you cannot make a commitment, go to that delegate in charge of H&I group and please connect with them. They will know people in your area more than anyone.
Literature - Rob	Not available.
Newsletter - Donna S.	The latest newsletters, hot off the press! September/October issue is all about the Pioneers of Alcoholics Anonymous, from Rowland Hazard to Ebby and Sister Ignatia, Marty Mann to Shoemaker. A member writes about open and close meetings, while another member remembers his first year. Thanks; SJ, Anthony V., Alesia P., TP, Robert M, a volunteer illustrator the famous Man on the Bed, and we give a big shout out to the PI/CPC chair, (Public

	Information /Cooperation with the Professional Community) check out what this committee doing. Love & Service Donna S																
Office Manager	This position is open.																
Phones – Carolyn	<div>Phone Chair Report - September 2023</div> <div>TOTAL MONTHLY CALLS</div> <table><tr><td>JAN</td><td>FEB</td><td>MAR</td><td>APR</td><td>MAY</td><td>JUNE</td><td>JULY</td><td>AUG</td></tr><tr><td>151</td><td>113</td><td>118</td><td>92</td><td>136</td><td>134</td><td>159</td><td>99</td></tr></table> <div>Some of the calls this month:</div> <div><div><p>-a woman approaching her 6 month anniversary emailed to get info...excited to be a hotline volunteer in September.</p><p>-a sister of a man who only speaks Ukraine got info about Al-Anon and the World Wide Meetings he could attend..when he decides he needs help.</p><p>-a man visiting his alcoholic brother in NJ called to find out what he could do - he lives in Virginia. Provided Al-Anon meeting app. The brother does not think he has a problem...yet.</p><p>-a few calls about seasonal meetings, beach meeting locations if they rain, where do they meet.</p><p>-young person called...just needed to talk. Volunteer helped them learn about the Meeting Guide app.</p><p>-new girl on vacation with her family and wanting to drink. Flip phone...gave her direction to the Somers Point mtg. I had a friend that goes to that meeting; she was able to meet her outside and walk in with her.</p><p>-man in Tom's River looking for a meeting. Got the run around from other hotlines. We helped.</p></div><div><p>-man confirming when on vacation in AC, the meeting would be there. Didn't know about the app for meetings...he does now.</p><p>-Member is celebrating 1 year Sept 12. She called the hotline at 5:30am one morning last year...was grateful we were here.</p><p>-Caller was a woman member of the program from Vineland who was looking for info on how to take a meeting into Pyramid Healthcare in Hammonton. She said that she attends the Folsom group and would check with them.</p><p>-Looking for a meeting in the Stone Harbor area. Did not have a smart phone to download the Chair app. Helped her find meetings. She said she would ask for a printed meeting list for CAIG area meetings.</p><p>-caller was interested in attending a zoom mtg. He needed assistance on how to get on zoom</p><p>-Caller wanted to buy Unity Breakfast tickets with cash via phone. I explained that tickets could be purchased by completing the registration form (found CAIG website) and mailing in a check. Caller stated she did not have internet access, but she would ask her sponsor to help her purchase a ticket.</p></div></div> <div>A Co-Chair for Phone Chair - Looking for the next volunteer to help with this vital service.</div> <div>Learn about the Hotline - visit www.capeatlanticaa.org. Click SERVICE tab at the top</div>	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	151	113	118	92	136	134	159	99
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PI/CPC – Rob H.	<p>I have been speaking with Scott from Bridging the Gap, they are still putting things together – they do have enough volunteers so when they are ready they will taking calls. Getting people out to meet people leaving prisons and rehabs.</p> <p>I got information re: IDRC Cape May County – Bill Williams is the Executive Director, the contract is with Southwest Counsel, they are handling Cape May County, two calls with them and not received a call back. Once a month commitment, so when that is set up I am ready.</p> <p>I had Eagle Academy reach out concerning a AA Message go to their children. We are in discussions to bring an AA Message to the school.</p> <p>Thank you for letting me serve.</p>																

Policy and Structure	This position is open. Minutes, available at request.
Round Up – Janna (Buddy – Co- Chair)	About 2 1/2 months away and it's flying by. We will be doing a walk through at the Grand on the 25th, all committee members are welcome to attend. The website has all the information updated and it's beautiful and easy to use. I do have an idea I'd like to present to steering committee to raise some money towards the Roundup. And we are talking about how to get the message out about transportation that's being offered to sober living houses and anyone else who may inquire about it. We have a jitney with a driver offering rides. I'm excited about the Roundup, thank you for letting me serve. Janna F
Technology - Nick	Not available.
Unity – Karen	<p>Unity Breakfast</p> <p>The head count so far is 45 people (that does not include this past weeks worth of checks)</p> <p>We need a guaranteed head count (not a final) by Monday the 18th</p> <p>I am pushing the flyers and announcements and ask that all of you please do the same.</p> <p>I need readers for the preamble</p> <p>How it works and some one to do the blessing. If anyone is interested here, let me know with a text or call at 609-949-1740</p> <p>Thank you for allowing me to serve</p> <p>Karen</p>
Website – Carolyn	<p>Web Chair Report:</p> <p>Updates to these meetings were made: Tuckerton, New Gretna, Sea Isle.</p> <p>Mondays noon meeting in Mays Landing was deleted; lack of support.</p> <p>We posted flyers, added new events to the calendar.</p> <p>The intergroup NL was posted and current meeting list PDF.</p> <p>Co-chair position for website is open for anyone seeking to learn more about this service.</p>
Workshops – Buddy	The Workshop Committee had a proposal for “Financial amends and Financial Literacy in Sobriety” Workshop the First Tuesday of the month at the Intergroup Office

Questions/Comments concerning Reports –

Rob – Marcine re: great idea the group members who will miss the commitment should contact their group rep, not the Intergroup Chair.

Doug G. – Question with regard to the Pleasantville Church opening for meetings; is this a man at the church or an AA Member looking to start a new meeting?

- From Dawn - Roy is a recovering Alcoholic. He has approached by the two churches the church would like to hold meetings in Williamstown and Pleasantville. She can give advice and help re: starting meetings. The church is open to having AA meetings at their location – the church is seeing the need in their community.

Dawn I – Did anyone have a discussion with South Jersey Intergroup about taking Pyramid back? That was the discussion last month. Has anyone actually reached out? It was South Jersey until Covid, the Cape Atlantic took it.

- Marcine will take care of this.

Janna F. – We have had an issue with the merchandise, did some digging and got the ball rolling. Rough pictures of merchandise, we would like to have merchandise at the Unity Breakfast, it is a possibility, two week turn around to get merchandise. Janna will speak at the breakfast to get people excited about the Roundup! Registration is at 17, 11 Banquets 11, 10 Saturday Breakfasts, 8 Sunday Breakfasts, \$0 merchandise, 3 Scholarship donations, 1 general donation.

- Doug registered online, the website said the banquet tickets would be mailed.
 - o Carolyn, no the tickets will be in the registration packet when you pick them up at the desk.

Old Business – CAIG Waves Workshop/Skit there was a call for help and interested persons contact Dawn I.

New Business –

Square Readers - Barb – Brought the topic of the **Square Readers** for the literature, the Unity breakfast and other possible events and purposes in the future. The necessary information was not brought to the floor.

Barb will head the Square Readers ad hoc committee to investigate and present more information re: electronic payments for Square Readers and Venmo.

New Meeting at Intergroup Office - Annmarie – Pleasantville Group, 10 AM Sundays, they have lost their meeting space at St. Gianna's. We would like to utilize the Intergroup office for the 10 am meeting. Two more Sundays before they need to vacate. No coffee to

- the Intergroup office space is available, \$50 for the month/4 meetings a month. They will begin meeting at the Intergroup office.

Merchandise Travel Mug for Roundup - Janna – Would like to have Intergroup advance the funds (seed money) to have travel mugs to sell at the Waves Roundup. Gave a number of 300, \$17.50/each. Order a bunch of the mugs. Take them to the Breakfast, in addition to other merchandise. This would be a one off, through Janna's daughter's friend.

- Janna will come up with a number of mugs and the price points – will bring it back for next week at the Business meeting.

Equipment - Nick – Groups start coming to the Intergroup, keep the equipment in the office, keep it locked up and put away.

Workshop re: Financial Amends – Buddy – Tuesday night 7-9 pm, a Tuesday once a month

- As long as we are not selling services, no advertising and no payment for services.
- They are both in the fellowship and want to share their professional as service to the fellowship.

The Workshop is go the first Tuesday of October and see how it goes.

Copy machine – Buddy – Leasing a copy machine that is capable for handling the needs of Intergroup. Outside copy services are expensive.

- It was done before, the company went out of business and the machine was never serviced and supplies were not delivered.
- Rob – Copiers Plus is a local place that is a good option.

Next CAIG Meeting –

**CAIG Business Intergroup Meeting: Wednesday, September 20, 2023 at 7:30 p.m.
1418 New Rd. Suite 4, Northfield, NJ 08225**

**CAIG Steering Committee Intergroup Meeting: Wednesday, October 11, 2023 at 7:30 p.m.
1418 New Rd. Suite 4, Northfield, NJ 08225**

Business Meetings are **not** limited to Officers or Committee Members – ALL are welcome to attend!

For those who are unable to attend in person, CAIG Business Meetings are hybrid.

Hybrid Meeting ZOOM ID: 164 233 922

Motion to Close – Motion to close came from the floor at 8:46 PM, followed by a second. Tim L. lead the close with the Responsibility Pledge.