

Cape Atlantic Intergroup Minutes
CAIG BUSINESS MEETING MINUTES
September 20th, 2023 Intergroup Meeting

CAPE ATLANTIC INTERGROUP OFFICE
1418 New Rd. Suite 4
Northfield, NJ 08225

Phone: (609) 641-8855

Date and Starting:

The meeting began Wednesday September 20, 2023 at 7:33PM

Open with Serenity Prayer:

A moment of silence calling to bring your Higher Power into you and followed by the Serenity Prayer led by Dawn I., Chairperson led this prayer.

Roll Call (Chairperson):

OFFICERS Positions	Names	Present
Chairperson	Dawn I.	Yes
Vice Chair	Tim L.	Yes
Recording Secretary	Megan V.	Yes
Corresponding Secretary	Amber M.	Yes
Acting Treasurer	Tina R.	Yes
Literature Treasurer	Jessica G.	No
Trustee	Joe O.	Yes

COMMITTEE Positions	Names	Present
Archives	OPEN	
Budget and Finance	OPEN	
CAYPAA	Mike M.	Yes
Hospitality	Karen P..	Yes
H and I	Marcine R.	No

Literature	Rob S.	No
Newsletter	Donna S.	Yes
Office Manager	OPEN	
Phones	Carolyn M.	Yes
PI/CPC	Rob H.	Yes
Policy and Structure	OPEN	
Round Up	Janna F.	Yes
Technology	Nick B.	Yes
Unity	Karen N.	Yes
Website	Carolyn M.	Yes
Workshops	Buddy T.	Yes

Quorum: 24

Intergroup Representatives	
Regular	25
Alternates	5
Totals	30

New Representatives: None

Announcements:

- Gene – Mays Landing Serenity Group – Prison Committee – could really use some literature to take into the prisons.
-

Anniversaries:

1. Pamela – 5 years
2. Joe – 41 years

Area 45 – Update:

No report.

Opening Prayer: Justine – 11th Step Prayer from the 12 Step Prayer book.

Tradition Reading:

Jeff read the long form of **Tradition Nine**.

Chairperson, Opening Remarks: (Dawn I., Chairperson)

Thank you to everyone in attendance whether you are in person or virtually, your participation is vital to the success of Cape Atlantic Intergroup. If you are an Intergroup Representative, please be sure to sign in, the sign in sheet is at the door right next to the Agenda, which everyone should have picked up on their way in. Please make sure that you write clearly and accurately to ensure that you receive the minutes in a timely manner and guarantee certainty during elections, and we will be doing some voting tonight. All Panel and Committee Members, please give your Reports at the microphone so all in attendance, virtually or in person can hear you. We will hold all questions and comments until the end of the Reports are completed. Please do not talk over one another, please try to keep your conversation in the gally to a minimum.

Presentation of last month’s Business Meeting Minutes (Recording Secretary) (Megan V.)

Did everyone receive last month’s Business Meeting Minutes, may I have a motion to approve the Minutes as presented? Motion to approve was made from the floor. The Minutes from July were unanimously approved.

Agenda Items (Recording Secretary)

- Square Readers (Barb)
- Merchandise – Roundup Travel Mug
- Copy Machine -

Officer Reports:

Reports were given as follows:

<u>Position/Name</u>	
Chairperson – Dawn I.	<ul style="list-style-type: none"> • Bus Trip to GSO 8/18 - presented them with \$2000 check • Monthly Round Up Meeting 9/6 • 6th Annual Burn your Resentment Bonfire 9/9 • The quarterly report was submitted to Area 44 Summer Assembly. (Copy available upon request) • Worked with Roy Owens in his attempt to start some new meetings in the Pleasantville Area. Seashore 7th Day Adventist Church Linden Ave for Wed, Fri & Sat nights. • Pleasantville Grp meeting Sunday Mornings. Will be meeting at 10 AM Sundays at the Intergroup Office, the 11:30 will still be at the St. Gianna’s. • Still looking for help and volunteers for the Workshop/Skit we need to do for upcoming Round Up!!! Tuesday night at Zoom ID 843 9230 5344 • We have some ideas brewing for an “Open House” to spark some interest in upcoming elections!!! <p>Thank you for allowing me to serve. .</p>
Vice Chair – Tim L.	I was able to help set up and attend the FOTS speaker jam. The weather held out, a lot of out of town people came out to speak.

	<p>Many new and old faces attended. It was nice to be able to take off from work and have some fun.</p> <p>I participated in the Steering Meeting, if you don't know, the Steering Meeting is where any new business can be brought or want to get involved, it occurs the week before this.</p> <p>Elections are coming up, get your sponsees involved, bring to your meetings and let's get some folks involved.</p> <p>That's all I have, thank you for letting me serve!</p>
<p>Acting Recording Secretary – Megan</p>	<p>I want to thank everyone for sending in their reports ahead of time. I would like to apologize for the delay in sending out the Minutes from last month's meeting, I will do better going forward. Also, I will send out a reminder on the Sunday before the next Business Meeting and the day of. Thank you for allowing me to be of service.</p>
<p>Corresponding Secretary - Amber</p>	<p>First of all, I want to thank all of the people who have stepped in to fill empty roles at CAIG. Thank you all for your service.</p> <p>I attended CAYPAA's Burn Your Resentment Bonfire for the first time this year. The fire was beautiful and the ocean was warm. It was wonderful. I plan to go again next year. Thank you CAYPAA for hosting several free events every year!</p> <p>I have sent out 8 letters since we met last month. I checked my mailbox often to get what I need from Tina to send out the next round of letters. Thank you Tina for your service!</p> <p>If anyone has a contact for Young Men's South Group, please see me after the meeting and let me know where to send this letter that was returned.</p> <p>That's all I have. Thank you for letting me serve!</p>

Acting Treasurer – Tina R.

Updated ==> 9/12/2023

9/13/2023 CAIG Treasurer's Monthly I&E Statement v

OA Balance: \$51,964.34

Date	Amount	Description	Comments
Deposits:			
LITERATURE DEPOSITS			
LITERATURE DEPOSIT 8/17/23	\$ 338.00	LIT SALES	
LITERATURE DEPOSIT 8/31/23	\$ 0.36	INTEREST	
OPERATING DEPOSIT 8/17/202	\$ 35.00	UNITY BREAKFAST	
OPERATING DEPOSIT 8/17/202	\$ 115.00	ROUND UP	
OPERATING DEPOSIT 8/17/202	\$ 445.00	UNITY BREAKFAST	
OPERATING DEPOSIT 8/17/202	\$ 808.00	GROUP DONATIONS	
OPERATING DEPOSIT 8/25/23	\$ 35.00	UNITY BREAKFAST	
OPERATING DEPOSIT 8/25/23	\$ 170.00	ROUND UP	
OPERATING DEPOSIT 8/25/23	\$ 360.00	GROUP DONATIONS	
OPERATING DEPOSIT 9/8/23	\$ 1,160.00	UNITY BREAKFAST	
OPERATING DEPOSIT 9/8/23	\$ 384.00	GROUP DONATIONS	
OPERATING DEPOSIT 9/7/23	\$ 2.25	INTEREST	
PAYPAL 8/24/23	\$ 10.00	GROUP DONATION	
PAYPAL 9/10/23	\$ 17.51	GROUP DONATION	
ROUND-UP PAYPAL 9/12/23	\$ 2,587.00	ROUND UP	
Total:	\$ 6,467.12		*Various
Expenses: Paid by..			
LIT Bill Pay 8/22/23	\$ 395.00	MEETING LISTS	v
LIT BANK CARD 8/29/23	\$ 551.25	AAWS -Literature	
OPERATING - AUTO 8/18/23	\$ 90.00	QUICKBOOKS	
OPERATING - AUTO 8/24/23	\$ 41.85	SI GAS	
OPERATING -BILL PAY 8/24/23	\$ 81.48	EVE - TONER & PAPER	
OPERATING-BILL PAY 8/24/23	\$ 29.60	DAWN KEYS	
OPERATING-AUTO 8/30/23	\$ 1,600.00	RENT - SIGANOS REALTY	
OPERATING- BILL PAY 8/31/23	\$ 285.62	DEPOSIT STAMPS, CARBON SLIPS	
OPERATING- BILL PAY 9/1/23	\$ 116.00	GRANDPRINTING - NEWSLETTER	
OPERATING-AUTO 9/1/23	\$ 39.95	ACCESS DIRECT-PHONES	
OPERATING-AUTO 9/6/23	\$ 127.85	VERIZON	
OPERATING-BILL PAY 8/31/23	\$ 300.00	EPISCOPOL CHURCH - RENT/DONATION	
Total:	\$ 3,658.60		
Ahead (+) Behind (-) Budget			\$2,808.52
Account Balances: 09/16/23			
Operating Account Balance (874):		\$51,964.34	
Literature Account Balance (896):		\$7,567.52	
Prudent Reserve in CDs:		\$29,592.98	
PayPal #1 Balance:		\$325.92	
PayPal #2 Roundup Balance:		\$1,151.11	
Total		\$90,601.89	
Balance All Accounts:			\$90,601.89
Prudent Reserve		\$33,895.00	
Surplus AbovePrudent Reserve:		\$56,706.89	

Literature Treasurer – Jessica G.

Won't be in attendance it is back to school night.

Literature is available. Cash or check payment. Stock is good. We can order whatever we don't have. Please email Rob with all requests!

Elections are in November, let's have a strong showing!

Thank you for letting me serve.

Trustee – Joe

Was able to attend the GSO bus trip, Kudos to Marcine for arranging that and to Dawn for arranging a nice lunch from the

	<p>food trucks. I attended the Labor Day Event at the 12 Step House in Wildwood.</p> <p>Since September is my Anniversary month, I had the honor of speaking at the Ocean City Group.</p> <p>I am looking forward to the Day of Sharing on October 14th. The flyer is on the website - https://capeatlanticaa.org/event/day-of-sharing-2/b I would encourage everyone to attend. (HYBRID) Join Zoom Meeting - https://us02web.zoom.us/j/88190989951; Meeting ID: 881 9098 9951</p> <p>If anyone can help with the technology for November Area 45 elections assembly – both virtual and in person – it would be greatly appreciated. If you are curious, come out and see what it is about, a great way to get involved.</p> <p>Thank you for letting me attend.</p>
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Committee Chair Reports:

<u>Position/Name</u>	
Archives	This position is open.
Budget and Finance -	This position is open.
CAYPAA Mike M - [Caroline]	<p>Lauren celebrated 1 year of sobriety. Jess celebrated 8 months. Resentment Bonfire was held on Sept 9th About 60 people attended. People went swimming in the ocean. Dawn declined invitation. Discussed potential friends giving unity event in November. Plan to get the cost for December roller disco/ugly sweater skating event. Discussed other options for a December event as well. Game night, dodgeball.</p> <p>Thank you for letting me serve.</p>
Hospitality - Karen R.	Nothing to really report, my position is available come the November elections, if anyone is interested in taking this position and love of hospitality and service, this might be the position for you!
H and I - Marcine R.	Nothing new to report for H&I. Thank you for letting me be of service.
Literature – Rob S.	Thank you to everyone for their help! I wasn't able to make the move, we had six trucks about 15 ft high to get everything from one location to the new office. I want to thank Dawn for your service and support of me, your service and humility today is

	<p>very much appreciated. Signs and Banners, we have them, we have had requests they are \$50 each. If anyone has a need we can order it, we will be glad to send.</p>																
<p>Newsletter - Donna S.</p>	<p>The latest newsletter is hot off the presses! September/October issue is all about the Pioneers of Alcoholics Anonymous, from Rowland Hazard to Ebby and Sister Ignatia, Marty Mann to Shoemaker. I will bring it to the next meeting.</p> <p>The next Newsletter for November and December is going to the printer on October 25th, please submit ideas, articles, etc. before then.</p> <p>Love & Service</p>																
<p>Office Manager</p>	<p>This position is open.</p>																
<p>Phones – Carolyn</p>	<p style="text-align: center;">Phone Chair Report - September 2023</p> <p>TOTAL MONTHLY CALLS</p> <table border="1" data-bbox="467 779 961 852"> <thead> <tr> <th>JAN</th> <th>FEB</th> <th>MAR</th> <th>APR</th> <th>MAY</th> <th>JUNE</th> <th>JULY</th> <th>AUG</th> </tr> </thead> <tbody> <tr> <td>151</td> <td>113</td> <td>118</td> <td>92</td> <td>136</td> <td>134</td> <td>159</td> <td>99</td> </tr> </tbody> </table> <p style="text-align: center;">Some of the calls this month:</p> <ul style="list-style-type: none"> -a woman approaching her 6 month anniversary emailed to get info...excited to be a hotline volunteer in September. -a sister of a man who only speaks Ukraine got info about Al-Anon and the World Wide Meetings he could attend..when he decides he needs help. -a man visiting his alcoholic brother in NJ called to find out what he could do - he lives in Virginia. Provided Al-Anon meeting app. The brother does not think he has a problem...yet. -a few calls about seasonal meetings, beach meeting locations if they rain, where do they meet. -young person called...just needed to talk. Volunteer helped them learn about the Meeting Guide app. -new girl on vacation with her family and wanting to drink. Flip phone...gave her direction to the Somers Point mtg. I had a friend that goes to that meeting; she was able to meet her outside and walk in with her. -man in Tom's River looking for a meeting. Got the run around from other hotlines. We helped. -man confirming when on vacation in AC, the meeting would be there. Didn't know about the app for meetings...he does now. -Member is celebrating 1 year Sept 12. She called the hotline at 5:30am one morning last year...was grateful we were here. -Caller was a woman member of the program from Vineland who was looking for info on how to take a meeting into Pyramid Healthcare in Hammonton. She said that she attends the Folsom group and would check with them. -Looking for a meeting in the Stone Harbor area. Did not have a smart phone to download the Chair app. Helped her find meetings. She said she would ask for a printed meeting list for CAIG area meetings. -caller was interested in attending a zoom mtg. He needed assistance on how to get on zoom -Caller wanted to buy Unity Breakfast tickets with cash via phone. I explained that tickets could be purchased by completing the registration form (found CAIG website) and mailing in a check. Caller stated she did not have internet access, but she would ask her sponsor to help her purchase a ticket. <p>A Co-Chair for Phone Chair - Looking for the next volunteer to help with this vital service.</p> <p>Learn about the Hotline - visit www.capeatlanticaa.org. Click SERVICE tab at the top</p> <p>I am looking for a co-chair, this job is a lot of fun. Thank you for letting me serve.</p>	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	151	113	118	92	136	134	159	99
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151	113	118	92	136	134	159	99										

<p>PI/CPC – Rob H.</p>	<p>I have been speaking with Scott from Bridging the Gap, they are still putting things together – they do have enough volunteers so when they are ready they will taking calls. Getting people out to meet people leaving prisons and rehabs.</p> <p>I got information re: IDRC Cape May County – Bill Williams is the Executive Director, the contract is with Southwest Counsel, they are handling Cape May County, two calls with them and not received a call back. Once a month commitment, so when that is set up, I am ready.</p> <p>Atlantic County has not stopped, currently I need someone for October 19th. They have only had one per month. November will be two. So let me know if you are interested.</p> <p>I had Eagle Academy reach out concerning a AA Message go to their children. We are in discussions to bring an AA Message to the school.</p> <p>Thank you for letting me serve.</p>
<p>Policy and Structure</p>	<p>This position is open.</p>
<p>Round Up – Janna</p>	<p>About 2 1/2 months away and it's flying by. We will be doing a walk through at the Grand on the 25th, all committee members are welcome to attend. The website has all the information updated and it's beautiful and easy to use. I do have an idea I'd like to present to steering committee to raise some money towards the Roundup.</p> <p>We had our committee meeting – it was great to get together and talk about the details.</p> <p>And we are talking about how to get the message out about transportation that's being offered to sober living houses and anyone else who may inquire about it.</p> <p>Marathon meetings, we are looking for people to chair those meetings, please reach out to the chair, the email address is on the website, please reach out directly.</p> <p>A new thing this year: We have a jitney with a driver offering rides, people in sober living and people who can't get there. I'm excited about the Roundup, thank you for letting me serve.</p>
<p>Technology - Nick</p>	<p>I have nothing to report, thank you for letting me serve!</p>
<p>Unity – Karen</p>	<p>Unity Breakfast – October 1st!</p> <p>The head count so far is at 140! KEEP THEM COMING!</p> <p>We need a guaranteed head count one week before the event. We still have one week.</p> <p>I am pushing the flyers and announcements and ask that all of you please do the same.</p> <p>Carolyn will speak on what she does and Janna will speak about the Roundup.</p> <p>I need someone to do the blessing.</p> <p>If anyone is interested here, let me know with a text or call at 609-949-1740.</p> <p>Thank you for allowing me to serve.</p>
<p>Website – Carolyn</p>	<p>Updates to these meetings were made: Tuckerton, New Gretna, Sea Isle.</p>

	<p>Monday's noon meeting in Mays Landing was deleted; lack of support.</p> <p>We posted flyers, added new events to the calendar.</p> <p>The intergroup NL was posted and current meeting list PDF.</p> <p>I am going to encourage people to go to the Day of Sharing, it is just another way to learn how other Intergroups do things. You can do it virtually, even.</p> <p>Co-chair position for website is open for anyone seeking to learn more about this service.</p>
<p>Workshops – Buddy</p>	<p>The Workshop Committee had put forth a Workshop with two financial professionals in the program with run a “Financial amends and Financial Literacy in Sobriety” Workshop will be held the second Tuesday of each month. We are starting October 10th at the Intergroup Office at 7:30 pm. There is a flyer that needs to be circulated.</p>

Questions/Comments concerning Reports –

- **Pat** – I did not get a copy of the Meeting Minutes (July meeting) and did not get the Minutes and was sick for August. I did not get the minutes for the meeting I missed. Others did not get the minutes.
 - o **Make sure that the minutes are circulated. If you don't get the Meeting Minutes, you can get a copy of the Minutes from the website or contact the Recording Secretary, you can get the Minutes emailed to you.**
- **Jude** – Thursday night Enlighted Solutions – there is a Big Book Group for right now at the same time as the Commitment. Do not get upset, if you do not get a robust attendance.

Break at 8:04 p.m. – Resuming at 8:14 p.m.

Old Business –

Square Readers – Barb – The convenience fee will be passed onto the buyer, less than 3%, \$2.70 convenience fee. It is charged by Square, we do not control this. The separate accounts will be established for each of the buckets, Literature and Events, etc. You can still pay by cash or check.

- We have the additional Readers.
- Intergroup will not absorb the cost.
- The New Year's Eve Event will be the first event the technology will be used for.
- Vote was called and accepted unanimously.

Green Card – is being printed and is at the printer.

New Business –

Pat – A motion made for any group holding a meeting at the Intergroup Office to sign a waiver agreeing to be responsible for cleaning up and responsible for the equipment.

- It needs to be talked about. A motion is not necessary. Steering Meeting we can come up with a form.

Buddy - Leasing a copy machine that is capable of handling the needs of Intergroup. Outside copy services are expensive. I have a meeting with Copiers Plus, I will need access to the building.

H&I Commitments - [Required Readings](#)

Sunday			Locations:
7:00 PM	Enlightened Solutions	Sea Isle City Group	Atlantic Preventive - 609-727-0964 1416 N. Main Street, Pleasantville
7:00 PM	John Brooks (M)	Somers Point Group	
7:00 PM	John Brooks (W)	ACYP	
Monday			Boca Recovery Center - 609-270-3068 30 W. Jimmie Leeds Road, Galloway
7:00 PM	Boca Recovery	Mays Landing	
7:00 PM	John Brooks (M)	Need to Change	
7:00 PM	John Brooks (W)	GMOC North	Enlightened Solutions Detox - 833-443-5700 1501 N. Albany Ave, Atlantic City
Tuesday			
7:00 PM	Boca Recovery	Young Men's	John Brooks Recovery Center - 609-345-0110 1455 Pinewood Blvd., Mays Landing
7:00 PM	Enlightened Solutions	Trudgers	
Wednesday			Ocean Sober Living (WOMENS) - 609-335-9066 Smithville
Noon - 1st and 3rd of month	Boca Recovery	The HUT	
6:00 PM	Ocean Sober Living	All In Group	
6:30 PM	Pyramid (W)	Steps to Recovery	
7:00 PM	Atlantic Preventive	South Jersey Newcomers	
7:00 PM - 1st and 3rd of month	Enlightened Solutions	Rule 62	
7:00 PM	John Brooks (M)	Road to Recovery	
Thursday			Pyramid Healthcare - 888-694-9996 600 S. White Horse Pike, Hammonton
6:30 PM	Pyramid (W)	Stage Coach	
7:00 PM	Boca Recovery	Pleasantville Group	
7:00 PM - 1st and 3rd of month	Enlightened Solutions	Design for Living	
7:00 PM	Pyramid (M)	Fellowship of the Spirit	
8:15 PM	RCA Lighthouse	GMOC South	RCA Lighthouse - 609-782-0005 5034 Atlantic Ave, Mays Landing
Friday			
7:00 PM	Pyramid (M)	Cape May Courthouse	
Saturday			RCA Lighthouse - 609-782-0005 5034 Atlantic Ave, Mays Landing
8:15 PM	RCA Lighthouse	Singleness of Purpose	

NEXT CAIG MEETINGS

CAIG Steering Business Intergroup Meeting:
Wednesday October 11, 2023 at 7:30PM

CAPE ATLANTIC INTERGROUP OFFICE
1418 New Rd. Suite 4
Northfield, NJ 08225

All are welcome to attend this is not limited to officers or committee positions.
Those who can not attend in person here is the zoom information.

[Zoom ID # 542 744 809](#)

CAIG Business Intergroup Meeting:
Wednesday October 18, 2023 at 7:30PM

CAPE ATLANTIC INTERGROUP OFFICE
1418 New Rd. Suite 4
Northfield, NJ 08225

All are welcome to attend this is not limited to officers or committee positions.
Those who can not attend in person here is the zoom information.

[Zoom ID # 542 744 809](#)

Motion to Close – Motion to close came from the floor at 8:44 PM, followed by a second. Dawn I. lead the close with the Responsibility Pledge.

SIGN IN SHEET

<u>Name</u>	<u>Grp</u>	<u>email</u>
Rod M	Fellowship of the spirit	mcdatlast1410@gmail.com
Pat B	Casino Serenity	382pam@gmail.com
Danny S	Harbor Lights	shawnell_john.d@gmail.com
MILT C.	STEP UP TO RECOVERY	horacio.anton@gmail.com
meph	Sath Share	actello@gmail.com
Michelle S.	GMOG	mimi10042comcast.net
Jana F	GMOG	JanaAlfaro@gmail.com
Jay	ALT Journey	
Beth S	ALYP	Eliza47@comcast.net
Tim A	MLS	TimothyA1984@aol.com
LeighAnn M.	Primary Purpose	redliceness866@yahoo.com
JOHN QUINN	NORTHFIELD Group	JohnQuinn56@yahoo.com
Doug Graham	Northfield Big Book Step Study	dougkvsgraham@hotmail.com
JEFF CROWE	RULE 62	JSCROWEKID007@gmail.com
Justine Preis	CM City Group + SIOGA	just.ppreis@gmail.com
George Hay	GMOG South (ALT 168)	geohay32@aol.com
Teri H	Pleasantville	hortenters17@gmail.com
Rurt S	IT works	TURKMAN8@aol.com
Jim G	Stage coach	
Justa	STAGE COACH	Jalescrenci9313@gmail.com
Bob D	Needs Change	bduffe@TAYOU.com
Jim S	Road To Recovery	Jigme @ AOL.COM
Laurie C.	ALL-IN Group	Lula45@aol.com
Shirl R	Trudgers	sremente@comcast.net
Melissa Braun	GMOGS	mmhdnut5@gmail.com
Walter Lipp	New Freedom	walterlipp@yahoo.com