

Cape Atlantic Intergroup Minutes
CAIG BUSINESS MEETING MINUTES
November 15th, 2023 Intergroup Meeting

CAPE ATLANTIC INTERGROUP OFFICE
1418 New Rd. Suite 4
Northfield, NJ 08225

Phone: (609) 641-8855

Date and Starting:

The meeting began Wednesday November 15, 2023 at 7:30PM

Open with Serenity Prayer:

A moment of silence calling to bring your Higher Power into you and followed by the Serenity Prayer led by Dawn I., Chairperson led this prayer.

Roll Call (Recording Secretary):

OFFICERS Positions	Names	Present
Chairperson	Dawn I.	Yes
Vice Chair	Tim L.	Yes
Recording Secretary	Megan V.	Yes
Corresponding Secretary	Amber M.	Yes
Acting Treasurer	Tina R.	Yes
Literature Treasurer	Jessica G.	No
Trustee	Joe O.	Yes

COMMITTEE Positions	Names	Present
Archives	OPEN	
Budget and Finance	OPEN	
CAYPAA	Caroline	Yes
Hospitality	Karen P..	Yes
H and I	Marcine R.	Yes

Literature	Rob S.	Yes
Newsletter	Donna S.	Yes
Office Manager	OPEN	
Phones	Carolyn M.	Yes
PI/CPC	Rob H.	Yes
Policy and Structure	OPEN	
Round Up	Janna F.	Yes
Technology	Nick B.	Yes
Unity	Karen N.	Yes
Website	Carolyn M.	Yes
Workshops	Buddy T.	Yes

Quorum:

Intergroup Representatives	Headcount (In Person/Online)
Regular	17/1
Alternates	5/1
Total	24

Intergroup Elections: Wendy, Area 45 Alternate Delegate/Area 45 Delegate-Elect, read the 3rd Legacy with respect to the election process and procedure.

Cape Atlantic Intergroup Election Results:

Chairperson	Dawn I.
Vice Chair	Open
Recording Secretary	Megan V.

Corresponding Secretary	Amber M.
Acting Treasurer	Tina R.
Literature Treasurer	Shirl R.
Trustee	Donna S.

Area 45 Report: Wendy, Area 45 Alternate Delegate/Area 45 Delegate-Elect.

We are looking at the agenda items - 117 Agenda Items received, the lowest received in three years. We have gotten down to a quarter of them depending on the input from the Trustees.

The Recording Secretary has sent around an email with the survey from GSO, the survey for the last conference it was not the best sampling of the population. They are asking each Intergroup Representative (“IGR”) and General Services Representative (“GSR”) to answer the survey. Go through the questions with your group. GSO sent to GSR’s.

George the Area Registrar is here tonight, he has been working very hard for the last two years trying to update all of the groups for GSO. If you have any questions if your group is registered or have to update your GSR, please talk to George until December. After that we will have someone else for you. It is important so we have updated information to disseminate information from GSO and what is happening at the conference.

Last year, our Delegate is on a General Service Conference tonight. He is unable to attend. Last year we asked the Board President to step down for the first time ever, she has been replaced by an interim President, he did not take the position. A new President has been nominated a Class B (“**Been There**”) Trustee (a recovering Alcoholic) the first since the first Conference. Making history.

Please reach out to Wendy for particulars of the items for this year’s Conference; some items the changes to the 12 and 12, the plain language Big Book and other items. Items will be discussed at the Mini-Conference.

New Representatives: None

Anniversaries:

Megan V. – 14 years on the 10th

Kate D. – 11 years on the 12th

Announcements: Harbor Lights, Egg Harbor City is celebrating 44 years – December 4th at 7 p.m. Speaker, food at 8 p.m.

Opening Prayer: Read by: George: Higher Power, as I understand You, I pray to keep my connection with You Open and clear from the confusion of daily life.

Through my prayers and meditation, I ask especially for Freedom from self-will, rationalization, and wishful thinking. I pray for the guidance of correct thought and positive action. Your will Higher Power, not mine, be done. (The Eleventh Step from the 12 Step Prayer book.)

Tradition Reading: Kirk read the long form of **Tradition Eleven.**

Chairperson Opening Remarks: Thank you to everyone in attendance whether you are in person or virtually, your participation is vital to the success of Cape Atlantic Intergroup. If you are an Intergroup Representative, please be sure to sign in, the sign in sheet is at the door right next to the agenda, which everyone should have picked up on their way in. Please make sure that you write clearly and accurately to ensure that you receive the minutes in a timely manner and guarantee certainty during elections, and we will be doing some voting tonight. All Panel and Committee Members, please give your Reports at the microphone so all in attendance, virtually or in person can hear you. We will hold all questions and comments until the end of the Reports are completed. Please do not talk over one another, please try to keep your conversation in the gally to a minimum.

Presentation of last month's Business Meeting Minutes (Recording Secretary) (Megan V.):
Did everyone receive last month's Business Meeting Minutes; may I have a motion to approve the Minutes as presented? Motion to approve was made from the floor. The Minutes from October were unanimously approved.

Officer Reports:
Reports were given as follows:

<u>Position/Name</u>	
Chairperson – Dawn I.	<p>This past month I shamelessly bugged everyone at every meeting I attended to “Get into Action!!”</p> <p>I worked diligently on assembling Baskets and writing the script for the skit for the Round Up. (Most of the props have been delivered.) Had the privilege to share at the District 18 workshop held last Saturday November 4th in Sea Isle. Attendance was poor. The theme was “Service”. Not sure whether to blame the beautiful weather or the topic. Those that were there are the ones that do the service. Kind of ironic. I was also able to fill all slots with volunteers for the two open commitments that were John Brooks Men on Sunday night and Pyramid Women's on Wednesday night.</p> <p>I was able to participate in the Fall Assembly and give a report, that report is available on upon request.</p> <p>Anyone interested in standing for one of the Committee positions – we will be looking for people to fill these positions - everything from Archives down to Workshops. Please reach out to me if you are interested!</p> <p>Unfortunately, the December Business Meeting, I will not be here in person, I will be attending virtually from the island of Oahu, - where I will be visiting my grandson for Christmas. Tim, Vice Chair, has agreed to stand represent you for the next two years. .</p> <p>Thank you for allowing me to serve.</p>
Vice Chair –	Went to Somers Point 50th anniversary meeting. Lot of fun. I have been

Tim L.	<p>promoting the elections and the jitney transport to the Round Up. Thanks for letting me Serve.</p>
Recording Secretary – Megan	<p>I have been attending my usual meetings and announcing the upcoming Intergroup Elections and the Waves Roundup. I have registered for the Roundup, very much looking forward to attending. At this time, I would like to express my gratitude for allowing me to jumped in August filling the vacated role of Recording Secretary. It is my hope to be of serve over the next two years, I see it as an honor and privilege to be of service Thank you for allowing me to join you thus far.</p>
Corresponding Secretary - Amber	<p>I attended ACYP's Quarterly on October 28th. For those who don't know, ACYP has an eating speaker meeting every 3 months to celebrate their home group members' anniversaries. It is a free event and there is always lots of good food, they do a sobriety countdown, I even saw someone bring their children. It is a wonderful time. I plan to go every time I can. I have sent out 8 letters since we met last month. I updated my letter format to invite all to attend Intergroup for elections, and let people know that many committee positions will still need to be claimed before the New Year! Please continue to spread the word!</p> <p>I want to thank everyone on this panel and all of the committee officers, IGR's and volunteers who have worked so tirelessly these last 2 years. I believe we made our 2 year cycle a good one! Words cannot express how grateful I am to have had the opportunity to serve as CAIG Corresponding Secretary. It has been such a privilege and a gift. Although I am throwing my hat in the ring for next week's election (as I was elected for this position September 2022), I am looking forward to seeing what the Group Conscience decides. God's will (not mine) be done.</p> <p>Thank you for letting me serve! Amber M.</p>
Acting Treasurer – Tina R.	<p>This month has been busy for me personally, I quickly drafted my report. I will have it more fine-tuned for next week. Right now the current bank balance is \$50,187, operating; deposit \$730; the Roundup in PayPal balance is \$10,000 that is not in addition to, that is the total in PayPal. Paid for the On-site Merchandise at the Roundup, Speaker gifts, I met with Pat (Registration Chair) fine-tuned the head count for her, the rent was paid, the internet was paid, and I also started the PayPal for Unity. That is where finance is at.</p>

	<div><div>11/15/2023</div><div>CAG Treasurer's Monthly M&E Statement</div><div>Updated 11/15/2023</div></div> <div><div>GA Balance: \$50,879.33</div><table><thead><tr><th>Date</th><th>Amount</th><th>Description</th><th>Comments</th></tr></thead><tbody><tr><td colspan="4">Deposits:</td></tr><tr><td>SQUARE LITERATURE 10/15/23</td><td>\$ 28.43</td><td>LIT SALES</td><td></td></tr><tr><td>TRANSFER FROM OP 10/15/23</td><td>\$ 100.00</td><td>LIT SALES</td><td>6,460.77 ROUND UP</td></tr><tr><td>SQUARE LITERATURE 10/20/23</td><td>\$ 28.99</td><td>LIT SALES</td><td>2,801.75 GROUP DONATIONS</td></tr><tr><td>SQUARE LITERATURE 10/26/23</td><td>\$ 184.96</td><td>LIT SALES</td><td>1,407.88 LITERATURE</td></tr><tr><td>INTEREST 10/26/23</td><td>\$ 8.29</td><td>INTEREST</td><td></td></tr><tr><td>LITERATURE DEPOSIT 11/7/23</td><td>\$ 307.00</td><td>LIT SALES</td><td>10176.00</td></tr><tr><td>LITERATURE DEPOSIT 11/10/23</td><td>\$ 857.50</td><td>LIT SALES</td><td></td></tr><tr><td colspan="4"></td></tr><tr><td>OPERATING DEPOSIT 10/15/23</td><td>\$ 310.00</td><td>ROUND UP</td><td></td></tr><tr><td>OPERATING DEPOSIT 10/19/23</td><td>\$ 200.00</td><td>GROUP DONATION</td><td></td></tr><tr><td>OPERATING DEPOSIT 10/27/23</td><td>\$ 120.00</td><td>ROUND UP</td><td></td></tr><tr><td>OPERATING DEPOSIT 11/6/23</td><td>\$ 460.00</td><td>ROUND UP</td><td></td></tr><tr><td>OPERATING DEPOSIT 11/9/23</td><td>\$ 592.00</td><td>GROUP DONATION</td><td></td></tr><tr><td>OPERATING DEPOSIT 11/10/23</td><td>\$ 1,713.73</td><td>GROUP DONATION</td><td></td></tr><tr><td>OPERATING DEPOSIT 11/10/23</td><td>\$ 35.00</td><td>ROUND UP</td><td></td></tr><tr><td>ROUND UP PAYPAL 11/13/23</td><td>\$ 5,315.77</td><td>ROUND UP SALES (LESS MERCH PMTS)</td><td></td></tr><tr><td colspan="4">Total \$ 10,176.67</td></tr><tr><td colspan="4">Expenses: Paid by:</td></tr><tr><td>LIT BANK CARD 11/6/23</td><td>\$ 117.82</td><td>AAWS Literature</td><td></td></tr><tr><td>LIT BANK CARD 11/10/23</td><td>\$ 293.42</td><td>AAWS Literature</td><td></td></tr><tr><td>LIT BANK CARD 11/14/23</td><td>\$ 723.64</td><td>AAWS Literature</td><td>\$1,723.98 ROUND UP</td></tr><tr><td></td><td></td><td></td><td>\$2,281.35 OFFICE EXP</td></tr><tr><td></td><td></td><td></td><td>1,100.00 LITERATURE</td></tr><tr><td colspan="4">Total \$5,054.23</td></tr><tr><td>OPERATING 10/26/23</td><td>\$80.00</td><td>QUICKBOOKS</td><td></td></tr><tr><td>OPERATING 10/19/23</td><td>\$100.00</td><td>LITERATURE - 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Literature Treasurer – Jessica G.	Books are for sale, inventory was purchased. Tina – I have money for you. Email for orders! Thanks!																																																																																																																																																																																																																																																																																																																				
Trustee – Joe	I attended the Atlantic City Young People’s Quarterly, it was the luck of the draw, it turned out that I was the senior person in terms of length of																																																																																																																																																																																																																																																																																																																				

	<p>sobriety.</p> <p>They had a great speaker and great food as always. I attended the Somers Point Anniversary meeting, my friend Brent was one of the speakers, his Anniversary date is 9 days younger than me, he came in at the age of 16 years. It was enjoyable. I attended the District 18 Workshop, Dawn I. was one of the speakers, she was wonderful! Thank you for allowing me to serve!</p>
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Committee Chair Reports:

<u>Position/Name</u>	
Accessibility	This position is open.
Archives	This position is open.
Audit	This position is open.
Budget and Finance -	This position is open.
CAYPAA – Caroline	<p>Roll Into Recovery event will take place on December 16th 4-6 p.m. we have the entire place rented out, we will have food and an Open Discussion Meeting from 5 – 6 p.m.</p> <p>We held election at our last meeting, positions were filled new Chair, Treasurer, Secretary, Events Chair, Co-Events Chair, and Outreach – congratulations to everyone who stepped up to take a position. Six members at large who were present. December 6th will be our last meeting of the years, and it is our tradition it will be our holiday party for members and anyone who wishes to attend. It is a great way to learn about our group.</p>
Hospitality - Karen P.	<p>I wanted to thank everyone for allowing me to be of service the last two years, it was interesting coming out of Covid, a bit of a hard go. We only had a couple people coming in-person to the meetings. It is good to see it is coming back. It has been an honor to see it coming back. Thank you for allowing me to be a service and be a part of Intergroup.</p>
H and I - Marcine R. and Barb	<p>I really want to thank Barbara, she has really stepped in to help me. She has really stepped in and taken over the job! She is doing great! She deserves a lot of credit, I hope she is the next H&I Chair!</p> <p>Barb: I have to get in touch with John Brooks, they have reported that there is no longer a Long-Term Women's Commitment. Pyramid – South Jersey Intergroup is having their meeting this evening to discuss whether they will be taking this Commitment back or sharing it with us. I will be picking for those Commitments this evening.</p>
Literature - Rob	<p>Thank you so much for allowing me to serve, your patience and help when I got into an unexpected boating accident last year – a lot of people stepped up</p>

	to help me. It meant a lot to have that support! I am grateful to be standing and alive – and STILL SOBER! I will be at the Roundup this weekend, selling Literature – some newcomer to help sell Literature.
Newsletter - Donna S.	The latest newsletters, hot off the press! November/December issue is here and ready to be read. Bob S. sent in a good article, so did Rick, Ryan J. and Julie P. as well as our own Dawn I. – there are some really interesting and good reads for the new newsletter. Share with your groups. I look forward to the Roundup this weekend! Janna F. has expressed interest in taking the Newsletter for the next two years – so go Janna! Love & Service
Office Manager	This position is open.

Phone Chair Report - November 2023

TOTAL MONTHLY CALLS

JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT
151	113	118	92	136	134	159	99	98	134

October Call Log from Volunteers

He walked to Stagecoach clubhouse for the 1:00 meeting and no one was there. He said it was the 3rd time he's gone there and no one showed up.

I can't believe I stayed on that long. This man had just lost his daughter in law and was upset for his son. He seemed genuine most of the time. I just didn't have the heart to cut him off. Still not sure if was a frequent flyer to the hotline. Can never tell 100 Percent

Caller asked if a beach meeting was still going on in Ventnor/Atlantic City Area.

Caller lives in an assisted living home in Galloway NJ. Jean was looking for someone to pick her up for a meeting. I forwarded Jean's contact information to a few local women in the area. They are going to attempt to bring a meeting to her this week.

Caller wanted to let us know the email on the website for literature does not work or is wrong.

Caller is 89 years old and has 55 years of sobriety and has been in an assisted living facility in Galloway for a few months. She uses a walker and would love to go to an in person meeting if someone could provide a ride. I let her know that CAIG used to have a group of volunteers as part of the Accessibilities committee that would do exactly that. I promised to reach out to intergroup to see if that list of willing folks was still around.

Caller is in Egg Harbor City and is looking for meetings within walking distance as he prefers in person versus Zoom. I explained how the Chair App worked and we found the Friday night HarborLights meeting at 351 Cincinnati Ave. In EHC. He said he had to take an important call and would be calling for more information RE: Meetings in EHC.

Caller said he called last week, but said he needed today's (Wed. 10/25/23) meeting times for the clubhouse on Riverside Ave. in Atlantic City. I was able to provide today's meeting times for ACYP at the Venice Park Social Club (on Riverside Ave.). Fred was very appreciative.

Caller thought the Hotline # was the CAIG Office #, but had an inquiry from an AA out of Manahawkin about purchasing literature. The AA had reached out to CAIG Lit. Chair via e-mail (Literature@capeatlanticaa.org) and was unsuccessful at receiving a response back. I provided the Lit. Chair Phone # from the Literature price list -Caller was very grateful for a phone number for the Lit. Chair.

Caller was inquiring how to find out how AA meetings could be brought into the recovery facility she is a clinician at in N. New Jersey. I provided her with the e-mail for Area 44's Treatment Committee (treatment@nnjaa.org) as well as the Area 44 AA Hotline # 908-687-8566 to see if they could provide further contact information. if anyone at CAIG has contact information for the Area 44 Treatment Committee.

Visit the website to see open times and more information .

<https://capeatlanticaa.org/hotline-2023/>

PI/CPC – Rob H.

As PI/CPC – it has been difficult to juggle all these things, work, school work, home life, sponsees, meetings – it is possible! Having graduated from my Master's program, I will be able to step up and do a little bit more. The IDRC Commitments have been filled, thank you to everyone who has taken them, pretty easy to fill, I have a lot of people who have stepped up and taken them. I have one next Thursday that is open. If anyone wants to take it – let me know.

I have a meeting with Scott from Bridging the Gap, they are really in their infancy, we are currently trying to get the message to the people in the prisons and rehabs, in other words we have to bring the message to them. As we do H&I Commitments – perhaps we put a package together to get the word out. Here is a contact information. I will be in touch with the case managers and employees in the rehabs to spread the word to people who

	really need it.
Policy and Structure	This position is open.
Round Up – Janna	It is here! The Roundup is this weekend. I am so excited that we are going to be back at the Grand Hotel in Cape May where it all started. We had our final meeting and things are looking really good and buttoned up! Everyone has been amazing. I have had a lot of people say that they plan to walk-in, so I expect that we will have increased numbers and have asked registration to plan accordingly. There has been good response for the Jitney! The registration stands at 146, banquets are at 60, Saturday Breakfast is 59, Sunday Breakfast 51, merchandise has \$1,400, scholarship donations at \$315 (9 scholarships). General donations – 4, \$115. It is going to be a fantastic weekend and hope to see everyone there.
Technology - Nick	I have nothing to really report. Thank you for letting me serve.
Unity – Karen	I have secured the venue for the NYE dance/dinner/ party I have to get the charge for the room. Last year it was 150 bucks. I am assuming it will be close to that. I have gotten a DJ for the evening at \$450. I have 2 speakers lined up for the 7 pm meeting and plan on break out meetings at 830, 1030 and then one at 1210 I have Steve M and Parma doing the 50/50 I will need a couple of people to chair the break out meetings. And a clean up committee. I also need some input as far as food goes I also will be shopping AFTER I check to see if we have any decor left from last year, etc. Thank you for allowing me to serve
Website – Carolyn	Our committee continues to update the site with meeting changes and flyers. Feedback on the site content is always welcome. And if you have an interest in websites, consider joining the committee. Free lessons will be provided. Thank you for your Service!!
Workshops – Buddy	Buddy had to leave, he is interested in staying on for the next two years, his committee has some great ideas for Workshops. Thank you for allowing him to serve..

Questions/Comments concerning Reports:

- **H&I the BOCA Commitment was missed two out of three – no call/no show, what is the number? If you know you are not going to make a commitment, call someone, call BOCA, if you know in advance – call Dawn or Barb to fill the commitment! Do not take a commitment and just not show up! AA is going to get a terrible reputation for not showing up!**

- **Roller Skating was canceled for November and rescheduled for December 16th!**
- **Roll Into Recovery is 100% covered, this includes skates and everything!**

Old Business:

- Ascenda – (Dawn I.) – I have not heard back from them. As soon as information is available, I will bring it to the Steering Committee and Business Committee. Dawn is to give Barb's information.
- Day of Sharing Takeaways – To be discussed in the new panel, January 2024.
- Green Cards were delivered – available – not charging – representatives please take back to your groups!
- Copiers – Whether we will be buying or leasing, we do not have enough information. As soon as the information is available – we will discuss further.

New Business:

- **Forming an ad hoc committee to assemble a list of available individuals to cover daytime commitments at rehabs. A flyer will be produced in December.**

H&I Commitments - [Required Readings](#)

Sunday			Locations:
	Enlightened		
7:00 PM	Solutions	Fellowship of the Spirit	Atlantic Preventive - 609-727-0964 1416 N. Main Street, Pleasantville
7:00 PM	John Brooks (M)	Mays Landing	
7:00 PM	John Brooks (W)	Somers Point Group	
Monday			Boca Recovery Center - 609-270-3068 30 W. Jimmie Leeds Road, Galloway
7:00 PM	Boca Recovery	Trudgers	
7:00 PM	John Brooks (W)	Good Morning Avalon	
	John Brooks (M)		
7:00 PM	Long Term	Sea Isle Group	
	John Brooks (M)		
7:00 PM	Short	Stage Coach	Enlightened Solutions Detox - 833-443-5700 1501 N. Albany Ave, Atlantic City
Tuesday			
7:00 PM	Boca Recovery	South Jersey Newcomers	
	Enlightened		
7:00 PM	Solutions	Design for Living	
Wednesday			John Brooks Recovery Center - 609-345-0110
Noon - 1st and 3rd of month	Atlantic Preventive	The HUT	1455 Pinewood Blvd., Mays Landing
	Ocean Sober		
6:00 PM	Living	GMOC North	
6:30 PM	Pyramid (W)		Ocean Sober Living (WOMENS) - 609-335-9066
7:00 PM - 1st and 3rd of month	Atlantic Preventive	Stage Coach	Smithville
	Enlightened		
7:00 PM	Solutions		
	John Brooks (M)		
7:00 PM	Long Term	CMCH	Pyramid Healthcare - 888-694-9996
	John Brooks (M)		
7:00 PM	Short	South Jersey Newcomers	600 S. White Horse Pike, Hammonton
	John Brooks		
1:30 PM - 1st & 3rd	Detox	Marcine - 3rd	
Thursday			RCA Lighthouse - 609-782-0005 5034 Atlantic Ave, Mays Landing
6:30 PM	Pyramid (W)	GMOC North	
7:00 PM	Boca Recovery	Pleasantville Group	
7:00 PM - 1st and 3rd of month	Enlightened		
	Solutions	Singleness of Purpose	
7:00 PM	Pyramid (M)	Need to Change	
8:15 PM	RCA Lighthouse	Young Mens	
Friday			
7:00 PM	Pyramid (M)	Ventor Seashore	
Saturday			
8:15 PM	RCA Lighthouse	GMOC South	

UPCOMING CAIG MEETINGS:

CAIG Steering Business Intergroup Meeting: Wednesday, December 13, 2023 at 7:30PM

CAPE ATLANTIC INTERGROUP OFFICE

1418 New Rd. Suite 4
Northfield, NJ 08225

All are welcome to attend this is not limited to officers or committee positions.
Those who cannot attend in person here is the zoom information.
Zoom ID # 542 744 809

CAIG Business Intergroup Meeting: Wednesday, December 20, 2023 at 7:30PM

CAPE ATLANTIC INTERGROUP OFFICE

1418 New Rd. Suite 4
Northfield, NJ 08225

All are welcome to attend this is not limited to officers or committee positions.
Those who cannot attend in person here is the zoom information.
Zoom ID # 164 233 922

Motion to Close – Motion to close came from the floor at 8:34 PM, followed by a second. Dawn I. lead the close with the Responsibility Pledge.

-IGRS-

Welcome to the Cape Atlantic Intergroup Monthly Business Meeting – Please Sign In Date: _____

Name	Group	Position	Email	Phone	1 st Time/ New Info?
Elle Carbons	Ventures East	IGR	raemem98@yahoo.com	315-760-7127	
Daisy - Stowell	Backlight	IGR	stowell.john.d@gmail.com	609-216-2808	
Bob Duffy	Navy to change	IGR	bduffy@TaylorLentz.com	814-390-2560	
Kurt Schaefer	IT WORKS	IGR	TURKMAN8@AOL.COM	215-620-0170	
JOHN QUINN	NORTHFIELD Group	IGR	JOHNQUINN56@YAHOO	856-261-8071	
Kate Dillon	Norway NIGHT	IGR	KDILLON66@YAHOO	609-879-1682	
Rob Harren	Design for Living	IGR	robert_harren@yahoo.com	856-417-6308	
Shirley	Trudgers	IGR	sremonte@comcast.net	609-897-7261	
Karen Nilson	Easy Does it	IGR	Karennilson@outlook.com	609-449-1740	
Buddy Torbott	Sea Nite Live	IGR	buddytorbott@gmail.com	609-231-6674	
Jude Screnci	STARVIAH	IGR	Judescrenci7315@Jmail	609-675-4880	

-IGRS- (17)

Welcome to the Cape Atlantic Intergroup Monthly Business Meeting – Please Sign In Date: _____

Name	Group	Position	Email	Phone	1 st Time/ New Info?
Keri Horton	Pleasantville	IGR	hortonkeri17@gmail.com	609-380-5631	
Barb M.	Fellowship of the Spirit	IGR	recover2116@gmail.com	609-335-5773	
Doreen S.	LADIES SAT AN	IGR	doreen54@yahoo.com	609-600-9477	
Heidi L.	Good Morning	IGR	heidi@comcast.net	(404) 832-4777	
Sylvie G.	ACYP	IGR	Sylviechen12@gmail	984-883-5871	✓
Margh	South Shore	R&P	octal60@comcast.net	609-513-2662	
1 Virtual - Katherine					

ALT IGRS - REPRESENTING GRP

Welcome to the Cape Atlantic Intergroup Monthly Business Meeting – Please Sign In Date: _____

Name	Group	Position	Email	Phone	1 st Time/ New Info?
Jill L.	Pouls Melf	ALT			
Steve	Steno to the Rescue			609-705-5599	
Eve Cain	Casino Serenity	ALT IGR	ercain@hotmail.com	609-334-2968	
Ernest B.	Mq Lady	ALT		609-666-8724	
George H.	CMCC South	ALT	geohay3@aol.com	856-999-2234	
Barry V.	Big Book Show	ALT	Barry4050@gmail	609-377-4897	
1 Virtual - Don R					