

Cape Atlantic Intergroup Minutes
CAIG BUSINESS MEETING MINUTES
December 20th, 2023 Intergroup Meeting

CAPE ATLANTIC INTERGROUP OFFICE
 1418 New Rd. Suite 4
 Northfield, NJ 08225

Phone: (609) 641-8855

Date and Starting:

The meeting began Wednesday, December 20th, 2023 at 7:33 PM

Open with Serenity Prayer:

A moment of silence calling to bring your Higher Power into you and followed by the Serenity Prayer led by Tim L, Vice-Chairperson led this prayer.

Roll Call (Recording Secretary):

OFFICERS Positions	Names	Present
Chairperson	Dawn I.	No
Vice Chair	Tim L.	Yes
Recording Secretary	Megan V.	Yes
Corresponding Secretary	Amber M.	Yes
Acting Treasurer	Tina R.	Yes
Literature Treasurer	Jessica G.	Yes
Trustee	Joe O.	Yes

COMMITTEE Positions	Names	Present
Archives	OPEN	
Budget and Finance	OPEN	
CAYPAA	Caroline	No
Hospitality	Karen P..	Yes
H and I	Marcine R/Barb	Yes

Literature	Rob S.	Yes
Newsletter	Donna S.	No
Office Manager	OPEN	
Phones	Carolyn M.	Yes
PI/CPC	Rob H.	No
Policy and Structure	OPEN	
Round Up	Janna F. (Mike C.)	Yes
Technology	Nick B.	Yes
Unity	Karen N.	Yes
Website	Carolyn M.	Yes
Workshops	Buddy T.	No

Quorum:

Intergroup Representatives	Headcount (In Person/Online)
Regular	20
Alternates	4
Total	24

Area 45 Report: None

New Representatives: Three new IGRs

Announcements: No special Announcements

Opening Prayer: 12 Step Prayer

Tradition Reading: Frank read the long form of **Tradition Twelve.**

Chairperson Opening Remarks: Thank you to everyone in attendance whether you are in person or virtually, your participation is vital to the success of Cape Atlantic Intergroup. If you are an Intergroup Representative, please be sure to sign in, the sign in sheet is at the door right

next to the agenda, which everyone should have picked up on their way in. Please make sure that you write clearly and accurately to ensure that you receive the minutes in a timely manner and guarantee certainty during elections, and we will be doing some voting tonight. All Panel and Committee Members, please give your Reports at the microphone so all in attendance, virtually or in person can hear you. We will hold all questions and comments until the end of the Reports are completed. Please do not talk over one another, please try to keep your conversation in the gally to a minimum.

Presentation of last month’s Business Meeting Minutes (Recording Secretary) (Megan V.):

Did everyone receive last month’s Business Meeting Minutes; may I have a motion to approve the Minutes as presented? Motion to approve was made from the floor, a vote was taken and Minutes from November were unanimously approved.

Officer Reports:

<u>Position/Name</u>	
<p>Chairperson – Dawn I.</p>	<p>Not much has happened since last month’s Business meeting. I was able to attend the Round Up working the Basket Raffle. We had 35 contributions for the raffle. The CAIG Skit was a huge hit. Thanks to anyone who participated!!</p> <p>I’d like to shout out to all who were in attendance at the November meeting and voted. The election went quickly and smoothly because of your support. As a recap , and for those of you who were not able to attend, the new 2024-25 Panel is:</p> <p>Chairperson- Dawn I Vice Chair-vacant Treasurer-Tina Literature Treasurer-Shirl R Recording Secretary-Megan M Corresponding Secretary-Amber M Trustee- Donna S</p> <p>At the Round Up, Michelle S approached me expressing her interest in stepping up for Vice Chair. At the Business meeting next week we will be holding an election to fill this position. If you, or anyone you know, may be interested in filling this spot please attend next week’s meeting.</p> <p>After the elections I will be announcing the committee chairs for this upcoming panel. See the Bylaws for a list of the positions available. If you, or anyone you know, are interested in filling one of these positions please contact me immediately. You may call/text/ or email me at:</p> <p>609-408-4240 dawnizzi6159@gmail.com</p> <p>Folks, I will be attending the Business Meeting virtually from Hawaii. If for some reason I cannot connect I’m sure you will give outgoing Vice Chair, Tim your support and respect. Thank you.</p>
<p>Vice Chair – Tim L.</p>	<p>The Roundup, I got to take the day off and be available for that! It was a great event and really cool, some of the comments that I got from that was beyond good. I attended the 10th anniversary of SJ Newcomers Group on the 11th, Steve G, spoke and it was a good thing. I am glad I was able to attend. Nothing else to report. Thank you for allowing me to serve.</p>
<p>Recording Secretary – Megan</p>	<p>I am thrilled to report that I was able to attend the Roundup on Saturday, a great day of fellowship, meetings, information and meeting new AA/Alanon people! A good turnout and event, I was so happy I went!</p> <p>I have been attending my usual meetings and the Women’s Meeting at Harbor Lights in Egg Harbor City, this meeting needs support for any women who can and is interested.</p>

	<p>Thank you for the honor and privilege of allowing me to serve as the Recording Secretary for two more years! I am excited about the opportunity and the possibilities. Wishing everyone a Happy Holiday Season and look forward to seeing everyone at the Business Meeting next Wednesday, December 20th.</p>
<p>Corresponding Secretary - Amber</p>	<p>Good evening and Happy Holidays, everyone! This 2-year cycle went by so quickly! It's hard to believe we will be entering the next one in less than a month. I will miss those who will no longer be with us but am greatly looking forward to working with those who stay or join us until 2025! Thank you for electing me again as Cape Atlantic Intergroup Corresponding Secretary. It is a pleasure to serve. I have sent out 9 letters since last month. I want to thank our Treasurer Tina for all she does and Dawn for getting me the supplies I need to do my job. That's all I have!</p> <p>Thank you for letting me serve! Amber M. CAIG Corresponding Secretary (732)267-8716</p>

Acting Treasurer
– Tina R.

Updated <====> 12/15/2023

12/15/2023 CAIG Treasurer's Monthly i&E Statement ✓

OA Balance: \$50,879.33

Date	Amount	Description	Comments
Deposits:			
LITERATURE DEP 11/17/23	\$ 655.25	LIT SALES	9,602.36 ROUND UP
SQUARE LIT 11/20/23	\$ 103.33	LIT SALES	359.00 GROUP DON
SQUARE LIT 11/20/23	\$ 19.38	LIT SALES	1,224.46 LITERATURE
SQUARE LIT 11/20/23	\$ 13.25	LIT SALES	11,279.00 PAYPAL TRF
LITERATURE DEP 11/25/23	\$ 433.25	LIT SALES	
			\$27,464.82
Expenses: Paid by:			
OPERATING DEPOSIT 11/17/23	\$ 359.00	GROUP DONATIONS	
OPERATING SQ 11/20/23	\$1,556.71	ROUND UP	
OPERATING SQ 11/20/23	\$1,126.65	ROUND UP	
OPERATING DEPOSIT 11/20/23	\$6,669.00	ROUND UP	
OPERATING DEPOSIT 11/20/23	\$100.00	ROUNDUP	
OPERATING DEPOSIT 11/30/23	\$ 150.00	ROUND UP	
PAYPAL TRF 12/13/23	\$ 11,279.00	ROUND UP	
Total:			\$ 22,464.82
LIT BANK CARD 11/17/23	\$ 672.53	AAWS -Literature	
LIT BANK CARD 11/20/23	\$ 235.00	AAWS -Literature	
LIT BANK CARD 11/24/23	\$ 316.91	AAWS -Literature	
			1,224.44 LITERATURE
			2,176.38 OFFICE EXP
			20,094.88 ROUND UP
			563.58 RESENTMEN
			100.00 NYE
OPERATING 11/16/23	\$71.47	GAS	
11/16/23	\$63.66	ELECTRIC	
11/20/23		90 QUICK BOOKS	\$24,159.28
11/28/23	\$179.00	GRAND PRINTING - GREENCARD	
11/30/23	\$39.95	PHONE SERVICE	
11/30/23	\$1,600.00	RENT	
11/30/23	\$103.59	TINA R. OFF - RAFFLE TX	
11/30/23	\$28.71	VERIZON	
11/17/23	\$500.00	ROUND UP START BANKS	
11/20/23	16.05	MICHELLE S. ROUND UP SPEAKER GIFTS	
11/20/23	85.86	SHERIL S. ROUND UP REGISTRATION	
11/27/23	\$595.00	GRAND PRINTING - ROUND UP	
11/30/23	\$137.12	PAF B. ROUND UP REGISTRATION	
12/01/23	\$504.33	CRAIG HAMLIN - ROUND UP ICECREAM SOC	
11/30/23	\$185.52	JANNA F. ROUND UP	
11/30/23	\$17,974.00	GRAND HOTEL- ROUND UP	
11/30/23	\$97.00	JERUSHA - ROUND UP	
11/30/23	\$100.00	OUR LADY OF SORROWS	
11/27/23	\$63.58	CAROLYN S. RESENTMENT BONFIRE EXP	
12/13/23	\$298.00	DAWN I. ROUND UP	
Total:			\$24,159.28

Literature
Treasurer –
Jessica G.

All is well. Email for books. Merry Christmas & thanks for the opportunity to serve!
Jess G

Trustee – Joe

This is my final experience as Trustee, at least for the moment. I had the pleasure of attending the Roundup, it was a great event and great job, Janna. I also attended the 3rd Anniversary of the Connect the Dots Group, our friend Michelle S. gave a moving talk, the food was great! I was able to attend the South Shore Group's Holiday party, it was great! Finally, I attended the SJ Newcomers Anniversary, it was good. Somewhere in there I attended the Harbor Lights

	44 th Anniversary, that was really wonderful!
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Committee Chair Reports:

<u>Position/Name</u>	
Archives	This position is open.
Area 45	Not represented
Budget and Finance -	This position is open.
CAYPAA	No report.
Group Access Coordinator	Nothing to report
Hospitality	I have no report other than I am truly grateful to AA and CAIG for the opportunity to be of service the past two years, and pray that God blesses the new panel and committee members in their service to spread AA's message.
H and I	<p>Marcine: Thank you for allowing me to serve, I am appreciative of the support through my challenges, Barbara has come in and doing the job well! I love everyone here and it has been a great experience. Thank you for not giving up on me.</p> <p>Barb: I spoken with SJ Intergroup and they have covered the January commitments for Pyramid on Wednesday and Friday. And starting in February they will be taking that commitment on the same days. So that means that cap Atlantic, Intergroup will only have 2 Thursday commitments for Pyramid.</p> <p>I've also spoken with Jan, my contact at John Brooks, and starting in January. It will go back to John Brooks men's, and John Brooks, Womens. No more short, term long-term, whatever. Also, From here, If anyone is asked to split up, it needs to be relayed back to me, so that I can speak with Jan.</p> <p>I haven't had much interest in the flyer on the website about daytime H&I commitments, so it would be great if it could be relayed at the announcements portion of meetings. They can either be given my phone number or email the H&I email.</p> <p>John Brooks has been suspended due to Covid until further notice.</p> <p>Thank you guys for all you do.</p> <p>Barb M</p>
Literature	Thank you for allowing me to serve and all those who helped me out. I attended the Roundup – thank you all who helped sell literature down there. I love my engagement in CAIG, I am taking another position to be of service and help keep me sober.
Newsletter	Coming to the end of the year as well as my term as Newsletter Chair, it's been a wonderful year being a part of CAIG. I just want to thank all for this opportunity to service and to thank all for their input and suggestions along the way. Love the time to rotate out, and that time has come. January / February Newsletter will be posted next week and available at the business meeting next week. Good luck and welcome to the New Pass It On chair. On a sad note I will not be at the steering as I'm home with the flu, get your shot or you will feel like you've been shot.

	Love & Service Donna S.																						
Office Manager	This position is open.																						
Phones	<p style="text-align: right;">Phone Chair Report - December 2023</p> <p><u>TOTAL MONTHLY CALLS</u></p> <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th>JAN</th> <th>FEB</th> <th>MAR</th> <th>APR</th> <th>MAY</th> <th>JUNE</th> <th>JULY</th> <th>AUG</th> <th>SEPT</th> <th>OCT</th> <th>NOV</th> </tr> </thead> <tbody> <tr> <td>151</td> <td>113</td> <td>118</td> <td>92</td> <td>136</td> <td>134</td> <td>159</td> <td>99</td> <td>98</td> <td>134</td> <td>91</td> </tr> </tbody> </table> <p>Tuesdays 2-4pm slot is Available This slot is on the only one open for a volunteer on the hotline to get the calls first. Many secondary slots are open for volunteers - <i>you get the calls if the first volunteer is unavailable.</i></p> <p>Become a Volunteer Recovering alcoholics ourselves, Hotline Volunteers are committed to helping other alcoholics achieve sobriety. Anyone with more than 6 months of sobriety can sign up to be a Hotline Volunteer.</p> <ul style="list-style-type: none"> • We provide our volunteers with guidance and instructions on how to answer the calls. • Volunteers select a TWO HOUR time slot on any day of the week to take calls. • This service commitment is open ended; volunteers can end their service at any time. <p style="text-align: center;">View the Hotline HANDBOOK: https://capeatlanticaa.org/wp-content/uploads/2023/06/2023-Hotline-Instructions.pdf</p> <p style="text-align: center;">Email Contact the Phone Chair to learn more: Email: phonechair@capeatlanticaa.org</p>	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	151	113	118	92	136	134	159	99	98	134	91
JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV													
151	113	118	92	136	134	159	99	98	134	91													
PI/CPC	I will not be able to attend steering on Wed. Night. I have nothing to report as the PI/CPC Chair.																						
Policy and Structure	This position is open.																						
Round Up	I am Mike C. and I am an alcoholic. I have been asked to Chair the Round Up next year, getting people together to help fill those positions and figuring out which day is the best to have our planning meetings. More to come and looking forward to serving.																						
Technology	Left early – no report.																						
Unity	As you already know, we have the NYE party coming soon! The flyer is up and has been going around! Our lady of sorrows church on maple Ave in Linwood 6-1 I have 2 guest speakers at 7 Break out meetings at 830 and 930 Last meeting starts at 12:10 The food has been ordered from Columbia II and will be delivered at 5 We have Steve M doing the 50/50 <u>I NEED HELP</u>																						

	Decorators Greeter table/donations Set up People to serve the buffet Clean up If someone would be kind enough to start a list and pass it around, I will be so grateful! I know we need more decorations and I did not get to check what we still have as I was sick before we left. Thank you for letting me serve!
Website	Intergroup is still looking for a new Website Chairperson. Hands on training will be provided for anyone interested. 2024 Website Committee - Two volunteers will continue to maintain the website. Deb L. and Carolyn M. Deb recently received cross-training; she is very familiar with the wordpress platform and can now update the site for flyers, create events and post intergroup meeting minutes. New on the website Phone Call A.A. Meeting List. A document for call in meetings. This list will need updates - so if you find the codes no longer work, email the website chair.
Workshops	No report.

Questions/Comments concerning Reports:

- **When is the John Brooks daytime meeting?** Wednesday at 1:30 pm, the 1st and 3rd Wednesdays of the month. Currently January is filled please call Barb or email H&I Chairperson to fill the Commitment. **No other daytime meetings as of yet.**
- **Roundup – a final report, profit and loss statement?**
Tina R. - Treasurer for the Roundup has been reconciled. The report was given by Tina with hesitancy.
 - o **248 Registrations - \$8,385; 9 Scholarship Donations - \$315**
 - o **General Donation - \$141**
 - o **Baskets \$1,921**
 - o **50/50 - \$641**
 - o **Banquets - \$4,800, Breakfasts – Saturday \$1,575, Sunday \$1,375**
 - o **Merch sales - \$3,048 (sales)**
 - o **Expenses – Printing - \$595, Registration - \$633.96, Hospitality - \$202.83, Entertainment - \$754.33, Committee - \$554; Committee Rooms - \$1,512, Hotel Fees - \$3,500, Coffee - \$5,099, Merch - \$2,599**
 - o **Loss 3,854**

Vote for Vice Chairperson – Uncontested Vice Chairperson Michelle S. Michelle qualified and was unanimously voted in.

Old Business:

- Day of Sharing Takeaways – To be discussed in the new panel, January 2024.
- Copiers – Whether we will be buying or leasing, we do not have enough information. As soon as the information is available – we will discuss further, Tina and Michelle S. will

be discussing and putting together information to make a final decision with respect to Copier's Plus.

- CAIG Group Inventory
- Corresponding Secretary is reaching out to Area 45 Registrar for an updated list in hopes of sending correspondence to dark groups and encouraging attendance/participation in CAIG.
- Daily Mediation Guide is in production (modelled off of SEPIA) for giveaway with the purchase of Literature. Expenditure is under \$250, it was voted in Steering to produce and distribute.

New Business: No new business.

Reminder:

Open Committee Chair Positions –

Budget and Finance – **Open**

Hospitality – **Open**

Policy and Structure – **Open**

Technology – **Open**

H&I Commitments - [Required Readings](#)

January 2024 H&I Commitments

				<u>Locations:</u>
Sunday				Atlantic Preventive - 609-727-0964 1416 N. Main Street, Pleasantville
Trudgers	Enlightened Solutions	7:00 PM		
Mays Landing	John Brooks Women	7:00 PM		
Primary Purpose	John Brooks Men	7:00 PM		Boca Recovery Center - 609-270-3068 30 W. Jimmie Leeds Road, Galloway
Monday				
ACYP	Boca Recovery	7:00 PM		
Connect the Dots	John Brooks Women	7:00 PM		Enlightened Solutions Detox - 833-443-5700 1501 N. Albany Ave, Atlantic City
Design for Living	John Brooks Men	7:00 PM		
Tuesday				
A New Freedom	Boca Recovery Center	7:00 PM		John Brooks Recovery Center - 609-345-0110 1455 Pinewood Blvd., Mays Landing
Somers Point Group	Enlightened Solutions	7:00 PM		
Wednesday				
OPEN	Atlantic Preventive Resources	12 noon	1st and 3rd	Ocean Sober Living (WOMENS) - 609-335-9066 337 N. New York Rd. Smithville
GMOG South	Ocean Sober Living	6:00 PM	Womens	
SJ Intergroup	Pyramid Womens	6:30 PM		
The Hut	Atlantic Preventive Resources	7:00 PM	1st and 3rd	Pyramid Healthcare - 888-694-9996 600 S. White Horse Pike, Hammonton
GMOG North	Enlightened Solutions	7:00 PM		
Pleasantville Group	John Brooks Mens	7:00 PM		
Email H&I if you're interested	John Brooks Detox	1:30 PM	1st & 3rd	RCA Lighthouse - 609-782-0005 5034 Atlantic Ave, Mays Landing
Thursday				
OPEN	Pyramid Womens	6:30 PM		
Young Mens	Boca Recovery Center	7:00 PM		
Fellowship of the Spirit	Enlightened Solutions	7:00 PM	1st and 3rd	
Stagecoach	Pyramid Mens	7:00 PM		
Need to Change	RCA Lighthouse	8:15 PM		
Friday				
SJ Intergroup	Pyramid Mens	7:00 PM		
Saturday				
Casino Serenity	RCA Lighthouse	8:15 PM		

UPCOMING CAIG MEETINGS:

CAIG Steering Business Intergroup Meeting: Wednesday, December 13, 2023 at 7:30PM

CAPE ATLANTIC INTERGROUP OFFICE

1418 New Rd. Suite 4
Northfield, NJ 08225

All are welcome to attend this is not limited to officers or committee positions.
Those who cannot attend in person here is the zoom information.
Zoom ID # 542 744 809

CAIG Business Intergroup Meeting: Wednesday, January 17, 2023 at 7:30PM

CAPE ATLANTIC INTERGROUP OFFICE

1418 New Rd. Suite 4
Northfield, NJ 08225

All are welcome to attend this is not limited to officers or committee positions.
Those who cannot attend in person here is the zoom information.
Zoom ID # 164 233 922

Motion to Close – Motion to close came from the floor at 8:34 PM, followed by a second. Tim L. lead the close with the Responsibility Pledge.