

Cape Atlantic Intergroup Minutes
CAIG BUSINESS MEETING MINUTES

April 17, 2024 Intergroup Meeting

CAPE ATLANTIC INTERGROUP OFFICE
1418 New Rd. Suite 4
Northfield, NJ 08225

Phone: (609) 641-8855

Date and Starting:

The meeting began Wednesday, April 17, 2024 at 7:31 PM

Open with Serenity Prayer:

A moment of silence calling to bring your Higher Power into you and followed by the Serenity Prayer led by Dawn I., Chairperson led this prayer.

Roll Call (Recording Secretary):

OFFICERS Positions	Names	Present
Chairperson	Dawn I.	Yes
Vice Chair	Michelle S.	Yes
Recording Secretary	Megan V.	Yes
Corresponding Secretary	Amber M.	Yes
Acting Treasurer	Tina R.	Yes
Literature Treasurer	Shirl R.	Yes
Trustee	Donna S.	Yes

COMMITTEE Positions	Names	Present
Archives	OPEN	
Budget and Finance	Peg S.	Yes
CAYPAA	Caroline/Hunter	Yes
Hospitality	Deb U.	Yes
H and I	Barb M./Christian	Yes
Literature	Laura Jean D.	Yes
Newsletter	OPEN	

Office Manager	Lucia/Lori	Yes
Phones	Jen H..	Yes
PI/CPC	Rob H.	Yes
Policy and Structure	Doug G.	Yes
Round Up	Mike C.	Yes
Technology	Andrew V.	Yes
Unity	Karen N.	Yes
Website	OPEN	
Workshops	Marcine R.	Yes

Quorum:

Intergroup Representatives	Headcount (In Person/Online)
Regular	19
Alternates	2
Virtual	1
Total	21

Area 45 Report:

Good evening Cape Atlantic Intergroup! My name is Joe and I am an alcoholic. I have the honor and privilege to serve as the Area 45 Alternate Delegate and liaison between South NJ's 3 Intergroups and General Service. A duty I will do with great earnest and a compassionate heart. We have an exciting couple of months ahead of us and I am going to provide both dates to watch and potential updates to come down the pike.

- Area 45 Convention was held on **March 15th to March 17th** at the Claridge Hotel in Atlantic City
- Area 45 Mini Conference dates: **Saturday April 6th (Virtual) 10 am-12 pm (Meeting ID: 846 0026 3760). Sunday April 7th from 9 am to 12 pm at Maple Shade Club 25 (60 E Rudderow Ave, Maple Shade, NJ 08052)**
- Topics for the Area 45 Mini Conference will include:
 - AA resources for remote communities
 - AA resources for Accessibilities
 - What does Grapevine Support and how do we fund it?
 - Participation of Online Groups in the service structure
 - How to handle future proposed agenda items on changes on the Founder's Writings
- If you would like access to all 80 of the approved agenda items, I can arrange with the Delegate that you receive those. Just shoot me an email
- Plain Language Big Book Information Session was held on Thursday March 21st at 7 pm via Zoom
 - Great presentation and dialogue
 - Questions answered and rumors discussed

- Area Inventory (TBD)
- Day of Sharing (Hosted by Cape Atlantic Intergroup) has a tentative date of Saturday October 5th in the meeting room at the Northfield Diner. More to come on this
- Will be Facilitating the Cape Atlantic Intergroup Inventory on Saturday May 4th from 9a-12p. Looking forward to working with everyone.

Above all, I am really looking forward to working with everyone and becoming a part of the Cape Atlantic Intergroup Family. If you have any questions or comments, always feel free to call, text, or email. My contact information is below:

E-Mail-Altdelegate@snjaa.org

Phone-609-705-1284

In Love and Service,
Joe E. Area 45 Alternate Delegate

New Representatives: Linda, Boiled Night Owls; Carolyn, Change and Hope

New Alternates Representatives: Brent, Design for Living; Justin, Last House on the Block

Anniversaries: Pat B. – 42 years; Donna S. – 37 years; and Caroline S. – 3 years

Announcements: GMOC North and South will be hosting a 30th Anniversary on June 8th 9-11; District 16 and 17 will be hosting Founders Day Event on June 8th at the United Methodist Church in Absecon.

CAIG has been invited to the 3rd Annual Community Day in Atlantic City, April 27th – we are looking for volunteers to man the table. 11AM-3PM, by the Stockton University Building.

Opening Prayer: Caroline S. – 2nd Step Prayer

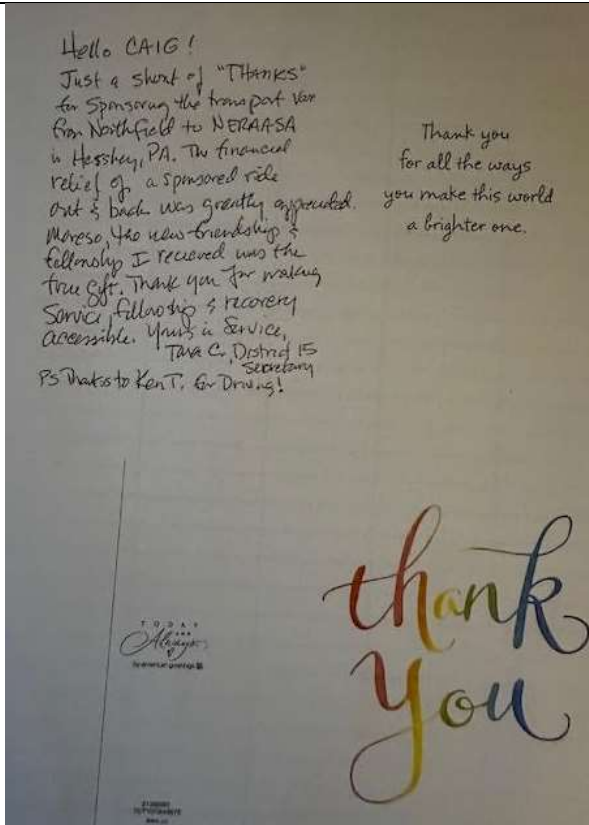
Tradition Reading: Barbara L. read Tradition Four.

Chairperson Opening Remarks: Thank you to everyone in attendance whether you are in person or virtually, your participation is vital to the success of Cape Atlantic Intergroup. If you are an Intergroup Representative, please be sure to sign in, the sign in sheet is at the door right next to the agenda, which everyone should have picked up on their way in. Please make sure that you write clearly and accurately to ensure that you receive the minutes in a timely manner and guarantee certainty during elections, and we will be doing some voting tonight. All Panel and Committee Members, please give your Reports at the microphone so all in attendance, virtually or in person can hear you. We will hold all questions and comments until the end of the Reports are completed. Please do not talk over one another, please try to keep your conversation in the gally to a minimum.

Presentation of last month's Business Meeting Minutes (Recording Secretary) (Megan V.): Did everyone receive last month's Business Meeting Minutes; may I have a motion to approve the Minutes as presented? Motion to approve was made from the floor, a vote was taken, and Minutes from November were unanimously approved.

Officer Reports:

Position/Name	
<p>Chairperson – Dawn I.</p>	<p>Good Evening All This past month I have attended the HotLine meeting and Area 45 Mini Conference. Both were informative. The mini conference was well attended. We broke into round tables to discuss the questions that will be presented at the General Conference that was held 2 weeks ago I also had the privilege to share with the Ladies @ John Brooks on Easter. They were very grateful. Looking forward to attending the Woman’s Day Event “On the beam of recovery” held in Avalon on Saturday 27th. MORE IMPORTANTLY!!! The upcoming INVENTORY!!!! I hope to see you ALL at the CAIG Inventory that will be here in this office on Saturday May 4th. 9am. We will have breakfast items available. Please go back to your groups and encourage them to attend. This is going to be a fun event. It’s their opportunity to “Grade” CAIG on our performance. To let us know not only how we’re doing but what else we can do!! What they would like to see us do in the future</p> <p>I’d like to also encourage everyone to attend the upcoming Area 45 Spring Assembly. It will be held Sunday May 19th in Elmer NJ. Some exciting news, we were invited to participate in the 3rd Annual Community Day in AC on Saturday April 27th. It will be held from 11-3 at the O’Donnell Park near the Stockton Bldg. We can set up a table and distribute pamphlets and meeting lists. Anyone interested?? Thank you for allowing me to serve.</p>
<p>Vice Chair – Michelle S.</p>	<p>Hi everyone! Grateful to serve. Not too much to report. I attended the Area 45 mini conference with Dawn and participated in a round table discussion about the Founders writings. Am assisting with the planning for our May 4 Inventory. if I can be of assistance with your committee please let me know. Thank you. Service helps keep me sober!</p>
<p>Recording Secretary – Megan V.</p>	<p>I, too, was able to take in the Hotline/Phone Committee Meeting on Saturday, March 30th. It was great to see so many people on a Saturday morning up and willing to do service! I was in Texas for 16 days, unable to attend my regular meetings, I was able to hit meetings while in Central Texas and via the Everything AA App and The FAITH, HOPE, LOVE and UNITY Group (Big Book Study) Friday night at 9 p.m. What a great experience to travel and have AA at your fingertips! Ever grateful for the ubiquitousness of the program today. I am looking for a co-Recording Secretary – if you know anyone please put them in touch with me. Thank you for allowing me to be of service</p>
<p>Corresponding Secretary – Amber M.</p>	<p>Good evening! I am still looking for a Co-Chair. If anyone is interested, please see me after the meeting. My job has been made very easy by the people who came before me and who I work with now. Correspondence is a simple way to get in to service. I have completed the first draft of my invitation letter to the GSRs, encouraging them to send IGRs to Intergroup. Once Jean W., the Area 45 Registrar has proofread it, I will work on sending some out to AA Groups which have had little or no recent attendance at Intergroup. District 15 Secretary, Tara C., sent us a thank you card, which I have printed out for anyone who would like a copy. She wanted to thank us for sponsoring the transport van from Northfield, NJ to NERAASA in Hershey, PA. We really made a difference! I have sent out 11 letters since we met last month. I want to thank Tina, our treasurer, for making my job so easy. Thank you for letting me serve! Amber Morris</p>


	 <p> Hello CAIG! Just a short of "Thanks" for sponsoring the transport for from Northfield to NEAASA in Hershey, PA. The financial relief of a sponsored ride out & back was greatly appreciated. Moreover, the new friendship & fellowship I received was the true gift. Thank you for making service, fellowship & recovery accessible. Yours in service, Tina C. District 15 Secretary P.S. Thanks to Ken T. for driving! </p> <p> Thank you for all the ways you make this world a brighter one. </p> <p> thank you </p>	
<p>Treasurer – Tina R.</p>	<p> Additionally - A \$1500 check is pending for the 2024 Round up deposit for the Claridge Hotel Also, coordinated with Alex Wolf - Accountant - regarding the 2023 Tax return. We will get together in the next week or two - I want to thank Lucia for keeping the office so clean. Was in there for district committee meeting and we all noted how nice and clean it was. Hope to get with Shirl regarding reconciling the Literature account this week. Want to invite all to join district 16/17 for Local legends - Founders day event United Methodist Church, Absecon - 6/8/24 @ 10:30a-2P Thank you for the pleasure of being your treasurer. And thank you for keeping me sober today. </p>	

		4/17/2024		CAIG Treasurer's Monthly I&E Statement		v		Updated =====>		4/17/2024	
		OA Balance:						\$45,365.93			
	Date	Amount	Description			Comments					
Deposits:											
	3/22/24	\$ 97.67	SQUARE SALES					3,511.50		GROUP DONATIONS	
	3/22/24	\$ 270.50	LITERATURE SALES					1,414.67		LITERATURE	
	3/22/24	\$ 227.50	LITERATURE SALES			\$		2.20		INTEREST	
	3/29/24	\$ 0.30	INTEREST								
	4/12/24	\$ 819.00	LITERATURE SALES								
								\$4,928.37			
OPERATING DEPOSIT		03/26/24	\$ 150.00	GROUP DONATIONS							
OPERATING DEPOSIT		04/01/24	\$ 2,001.00	GROUP DONATIONS							
		04/05/24	\$ 1.90	INTEREST							
OPERATING DEPOSIT		04/12/24	\$ 1,360.50	GROUP DONATIONS							
Total:		\$ 4,928.37									
Expenses: Paid by..											
	3/29/24	\$ 545.20	Literature					545.20		LITERATURE	
								0.00		OFFICE EXP	
								1,600.00		RENT	
OPERATING								780.28		AREA 45 - CONVENTION	
	3/21/24	\$57.74	Deb- Hospitality					39.95		HOT LINE	
	3/22/24	\$66.51	Deb- Hospitality					124.25		HOSPITALITY	
	4/1/24	\$39.95	hot line					27.00		TELEPHONE/INTERNET	
	04/02/24	\$1,600.00	Siganos					5208.25		UTILITY	
	04/03/24	\$780.28	Kate - Area 45 Convention								
	04/04/24	\$27.00	Verizon Wireless					\$3,324.93			
	04/12/24	\$53.49	AC Elec								
	04/12/24	\$154.76	SJ Gas								
Total:		\$3,324.93									
Ahead (+) Behind (-) Budget		----->						\$1,603.44			
Account Balances:		04/10/24									
Operating Account Balance (874):								\$45,365.93			
Literature Account Balance (896):								\$8,512.19			
Prudent Reserve in CDs:								\$30,330.80			
PayPal #1 Balance:								50.00			
PayPal #2 Roundup Balance:								50.00			
Total								\$84,208.92			
Balance All Accounts:								\$84,208.92			
Prudent Reserve		*****>						\$33,895.00			
Surplus Above Prudent Reserve:								\$50,313.92			
Literature Treasurer – Shirl R.		I too attended the phone committee meeting, it was great to see all of these people. This service role is very important – that is how I came into AA. I am preparing to sell literature at Avalon – the women’s day, April 27th and here on May 4 th for the CAIG Inventory. Also, I am learning how to reconcile the Literature Account. Thank you for letting be of service!									
Trustee – Donna S.		No report.									

Committee Chair Reports:

Position/Name	
Archives	POSITION IS OPEN

Budget and Finance – Peg S.	Working with Tina on getting the Quarterly numbers and that is it. Thank you for letting me serve.
CAYPAA – Caroline S.	1 new member 10 voting members This month’s business meeting we collected the receipts from our bingo event and voted on our next two events: Wild and Sober Founders Day Event - Saturday, June 8th. 12pm-5pm. At Cape May Zoo. Going to have one or two speakers, along with grilling, games and of course the zoo! Flyer to come shortly. 3rd Annual Rocketed into the Fourth Dimension Beach Bash. Saturday, July 6. From noon till boom! Flyer to come shortly as well. The committee voted on having a graphics chair (originally under the outreach chair). Which was passed and we voted in Melissa, a newer member! Exciting stuff to follow the next few months as it starts to warm up!
Hospitality – Deb U.	Nothing to report.
H and I – Barbara M.	Nothing really to report on. But I do want to thank everybody to for filling the positions, even if you didn’t have somebody inside your group to do it. And a reminder to reach out if you are not still not able to fill the commitments.
Literature – Kate D.	I have absolutely nothing to report. Thank you for letting me serve.
Newsletter	POSITION IS OPEN
Office Manager - Lucia C. / Lori B.	We have registered the copier which allows us to receive the benefits of free toner and etc. Other than that nothing new to report. Thank you for allowing me to serve. Lucia
Phones – Jenn H.	Hi Everyone, I’m an alcoholic and my name is Jenn. We had 249 calls this month! We had our first Cape Atlantic Phone Committee meeting for 2024 on March 30, 2024 at 10:00am. This meeting will be held via zoom. We had 12 people in attendance. We now have Chris M as the co-chair of the committee. Chris thanks for making yourself available to be service. We now have a daily phone volunteer for each day of the week. We just implemented this about two weeks ago. We’ve only had ONE call that has gone to our voicemail in that time. We have a small committee who is looking over the handbook to make updates. During that meeting it was brought up about making the 12th step volunteer list available to the volunteers who answer the phone. We are in the process of contacting the volunteers on that list to make sure they are still interested in being a 12th step volunteer. After the meeting I was presented with the history on why the committee did not give the 12th step list to all the volunteers. I will be forwarding that information to everyone on the committee to see if there are any solutions that can be implemented to mitigate the barriers that were mentioned or to decide if the committee wants to move forward with giving the 12th step list to the volunteers on the committee. The next meeting will be May 11, 2024 at 10:00am. ZOOM INFO - 830 6338 6660

	 <p>The poster is teal with white text. At the top, it says 'Phone Committee'. Below that, 'Zoom Meeting' and '05/11/24 at 10:00am'. The Zoom ID '830 6338 6660' is prominently displayed with three green exclamation marks above it. In the center is a smartphone showing a menu with three green buttons: 'Alcoholics Anonymous', '12th Step List', and 'Phone Committee'.</p>
<p>PI/CPC – Rob H.</p>	<p>Bridging the Gap - https://capeatlanticaa.org/bridging-the-gap/ we are looking for people to participate in the program. Minimum of 2 years sober, you will mentor an individual coming out of rehab or institution. Take them to a minimum of 6 meetings, please consider signing up! We have two IDRC slots available, May 9th and 23rd at 7 pm at the Northfield location. please let me know if you can help. Thank you for letting me serve.</p>
<p>Policy and Structure – Doug G.</p>	<p>CAIG GROUP INVENTORY will be held Saturday, May 4, 9am-noon at the CAIG office. All are welcome. Steering committee, committee members and IGRs are encouraged to attend! Thank you for allowing me to serve, Doug G.</p>
<p>Round Up – Mike C.</p>	<p>Not too much to report since the last meeting. I was going back and forth with the sales manager at the Claridge with regards to the contract. I was able to make a deal with parking for the weekend of the Round Up. Parking: Either going to be \$17 for self-parking with 1 in and out per 24-hour period or \$25 for self-parking with unlimited in and out. \$10 up to four hours for non-overnight guests with \$2 after that, maximum \$25. Couple stipulations. A guest cannot do \$17 one day and \$25 the next has to be consistent throughout stay. Also, I will provide an instructional sheet to receive the \$17 rate, refunds will not be granted after the convention. I also asked for a service recovery clause in the contract due to the elevators breaking down at the Area 45 Convention however, they stated their lawyer will not allow a service recovery clause in the contract. I also asked about waiving the room rental fee due to the guaranteed Food and Beverage price and Hotel Room night price. They stated the room rental is normally over \$1,000 per day for just the conference center so a \$600 room rental plus service fee for the entire event is deeply discounted. I will be presenting this contract to the committee on Friday April 12th to get feedback before signing. Also I will need a \$1500 deposit check to give the venue, which was approved in the budget. We will also continue to finalize our timeline for the planning of the event at this next meeting. Thanks for letting me be of service!</p>

Technology – Andrew V.	Andrew V. I am alcoholic, I am happy to be here and look forward to being of service, you all are going to help me stay sober.
Unity – Karen N.	I was away for my anniversary and forgot my report Barbara L has graciously agreed to be my co chair for the unity chair Unity picnic is coming together We are looking for a few committee chairs I have a conference call tomorrow with the event person from great bay country club for the breakfast in October. Thank you for letting me serve.
Website	POSITION IS OPEN
Workshops – Marcine R.	June 23 rd Robbie will be leading how to have a fabulous workshop from 1 pm to 3 at the office. Lunch will be served. (Date will likely change due to the 16th being Father’s Day) The other ideas for Workshops, Steps 1-3 and The Phones/Hotline.

Questions/Comments concerning Reports:

Q: Is the flyer for the Avalon Women’s event on the website?

A: Yes.

Q: When was the upcoming Workshop?

A: June 23rd

Q: Newsletter, if someone were interested in the position, would they be able to use the CAIG computer. I don’t have one at home.

A: We will let you know.

Old Business:

- a. **Group Inventory** – May 4th at the Intergroup Office – NO, NOT THAT KIND OF INVENTORY – Please encourage your homegroup members to attend. The questions will be circulated via email (and reattached to the email). Our Area 45 Alternate Delegate, Joe E., will be facilitating the Inventory. Food will be served.
- b. **Open Positions** – They are being announced at all meetings we attend to hopefully get people to fill those positions. Dawn has a prospect for the Web Chair, Doug H., hopefully he will show up at the Business Meeting. Donna S. Has a prospect for the Newsletter.
- c. **The Meditation Cards** – They are in and are free.
- d. **CAIG Bus Trip to NY GSO** - It is in the works! The last Friday of July, it will be \$10 fee to hold your spot which will go to tip the bus driver. Seating capacity is 25 to 30, depending on how many people we get.

NEW BUSINESS –

- a. **CAIG Business Cards** - A proposal to make or create to put in informational packets to handout. - Pricing will be collected and brought to Steering Committee on Wednesday, May 8, 2024

H&I Commitments - [Required Readings](#)

Sunday			
Stone Harbor Group	Enlightened Solutions	7:00 PM	
Came to Believe	John Brooks Women	7:00 PM	
ACYP	John Brooks Men	7:00 PM	
Monday			
Mays Landing group	Boca Recovery	7:00 PM	
Good morning Avalon	John Brooks Women	7:00 PM	
GMOC North	John Brooks Men	7:00 PM	
Tuesday			
Stagecoach	Boca Recovery Center	7:00 PM	
Connect the dots	Enlightened Solutions	7:00 PM	
Wednesday			
Casino Serenity	Atlantic Preventive Resources	12 noon	Only the 1st and 3rd
Cape May Courthouse	Ocean Sober Living	6:00 PM	
Third Step Candlelight	Atlantic Preventive Resources	7:00 PM	Only the 1st and 3rd
ACYP	Enlightened Solutions	7:00 PM	
A New Freedom	John Brooks Mens	7:00 PM	
Email H&I if you're interested	John Brooks Detox	1:30 PM	Only the 1st and 3rd
Thursday			
Change and Hope	Pyramid Womens	6:15 PM	Reminder of a Time
Young Men's	Boca Recovery Center	7:00 PM	
Trudgers	Enlightened Solutions	7:00 PM	Only the 1st and 3rd
Fellowship of the Spirit	Pyramid Mens	7:15 PM	Reminder of a Time
Design for living	RCA Lighthouse	8:15 PM	
Saturday			
Somers Point Group	RCA Lighthouse	8:15 PM	

UPCOMING CAIG MEETINGS:

CAIG Steering Business Intergroup Meeting: Wednesday, May 8, 2024 at 7:30PM

CAPE ATLANTIC INTERGROUP OFFICE

1418 New Rd. Suite 4
Northfield, NJ 08225

All are welcome to attend this is not limited to officers or committee positions.
Those who cannot attend in person here is the zoom information.
Zoom ID # 542 744 809

CAIG Business Intergroup Meeting: Wednesday, May 15, 2024 at 7:30PM

CAPE ATLANTIC INTERGROUP OFFICE

1418 New Rd. Suite 4
Northfield, NJ 08225

All are welcome to attend this is not limited to officers or committee positions.
Those who cannot attend in person here is the zoom information.
Zoom ID # 164 233 922

Motion to Close – Motion to close came from the floor at 8:48 PM, followed by a second. Dawn I. lead the close with the Responsibility Pledge.