

**Cape Atlantic Intergroup Minutes**  
**CAIG BUSINESS MEETING MINUTES**

**March 20, 2024 Intergroup Meeting**

CAPE ATLANTIC INTERGROUP OFFICE  
 1418 New Rd. Suite 4  
 Northfield, NJ 08225

Phone: (609) 641-8855

**Date and Starting:**

The meeting began Wednesday, March 20, 2024 at 7:33 PM

**Open with Serenity Prayer:**

A moment of silence calling to bring your Higher Power into you and followed by the Serenity Prayer led by Dawn I., Chairperson led this prayer.

**Roll Call (Recording Secretary):**

<b>OFFICERS Positions</b>	<b>Names</b>	<b>Present</b>
Chairperson	Dawn I.	Yes
Vice Chair	Michelle S.	Yes
Recording Secretary	Megan V.	Yes
Corresponding Secretary	Amber M.	Yes
Acting Treasurer	Tina R.	No
Literature Treasurer	Shirl R.	Yes
Trustee	Donna S.	No

<b>COMMITTEE Positions</b>	<b>Names</b>	<b>Present</b>
<b>Archives</b>	<b>OPEN</b>	
Budget and Finance	Peg S.	Yes
CAYPAA	Caroline/Hunter	Yes
Hospitality	Deb U.	Yes
H and I	Barb M./Christian	Yes
Literature	Kate D.	Yes
<b>Newsletter</b>	<b>OPEN</b>	

Office Manager	Lucia/Lori	Yes
Phones	Jen H..	Yes
PI/CPC	Rob H.	Yes
Policy and Structure	Doug G.	Yes
Round Up	Mike C.	Yes
Technology	Andrew V.	Yes
Unity	Karen N.	Yes
<b>Website</b>	<b>OPEN</b>	
Workshops	Marcine R.	Yes

**Quorum:**

<b>Intergroup Representatives</b>	<b>Headcount (In Person/Online)</b>
<b>Regular</b>	<b>17</b>
<b>Alternates</b>	<b>2</b>
<b>Virtual</b>	<b>4</b>
<b>Total</b>	<b>23</b>

**Area 45 Report:** Good evening Cape Atlantic Intergroup! My name is Joe and I am an alcoholic. I have the honor and privilege to serve as the Area 45 Alternated Delegate and liaison between Intergroup and General Service. I duty I will do with great earnest and a compassionate heart. We have an exciting couple of months ahead of us and I am going to provide both dates to watch and potential updates to come down the pike.

- Area 45 Convention will be held March 15 th to March 17 th at the Claridge Hotel in Atlantic City. If you would like to attend, please go to <https://area45convention.org/>
- Area 45 Mini Conference dates: Saturday April 6 th (Virtual) 10 am-12 pm (Meeting ID: 846 0026 3760). Sunday April 7 th from 9 am to 12 pm at Maple Shade Club 25 (60 E Rudderow Ave, Maple Shade, NJ 08052)
- Topics for the Area 45 Mini Conference will include:

- o AA resources for remote communities
- o AA resources for Accessibilities
- o What does Grapevine Support and How do we fund it?
- o Participation of Online Groups in the service structure
- o How to handle future proposed agenda items on changes on the Founder's Writings

- If you would like access to all 80 of the approved agenda items, I can arrange with the Delegate that you receive those. Just shoot me an email
- Plain Language Big Book Information Session on Thursday March 21 st at 7 pm via Zoom. Flyer is attached
- Area Inventory and Day of Sharing (Hosted by Cape Atlantic Intergroup) will soon be in the planning for September and October, respectively

Above all, I am really looking forward to working with everyone and becoming a part of the Cape Atlantic Intergroup Family. If you have any questions or comments, always feel free to call, text, or email. My contact information is: [E-Mail-Altdelegate@snjaa.org](mailto:E-Mail-Altdelegate@snjaa.org) Phone-609-705-1284

**New Representatives:** Josh – SJ Newcomers; Jess - Ventor Seashore; Tony – Getting Sober Young

**Anniversaries:** Laurie C. – 40 years; Karen N. – 14 years; and Amber M. – 4 years

**Announcements:** GMOC North and South will be hosting a 30<sup>th</sup> Anniversary on June 8<sup>th</sup> 9-11; District 16 and 17<sup>th</sup> will be working on a Founders Day Event that will be held on June 8<sup>th</sup>. Jeff -

**Opening Prayer:** Laurie C. – 12<sup>th</sup> Step Prayer

**Tradition Reading:** Noreen Mc. read Tradition Three.

**Chairperson Opening Remarks:** Thank you to everyone in attendance whether you are in person or virtually, your participation is vital to the success of Cape Atlantic Intergroup. If you are an Intergroup Representative, please be sure to sign in, the sign in sheet is at the door right next to the agenda, which everyone should have picked up on their way in. Please make sure that you write clearly and accurately to ensure that you receive the minutes in a timely manner and guarantee certainty during elections, and we will be doing some voting tonight. All Panel and Committee Members, please give your Reports at the microphone so all in attendance, virtually or in person can hear you. We will hold all questions and comments until the end of the Reports are completed. Please do not talk over one another, please try to keep your conversation in the gally to a minimum.

**Presentation of last month’s Business Meeting Minutes (Recording Secretary) (Megan V.):** Did everyone receive last month’s Business Meeting Minutes; may I have a motion to approve the Minutes as presented? Motion to approve was made from the floor, a vote was taken, and Minutes from November were unanimously approved.

**Officer Reports:**

<b><u>Position/Name</u></b>	
Chairperson – Dawn I.	Hello all!! Had the pleasure of attending NERAASA. Learned a lot, shared tons of information and gained some valuable insight. Looking forward to Area 45 next weekend. Thanks for allowing me to serve.
Vice Chair – Michelle S.	Grateful to be sober and in service! I attended NERASSA in Hershey with other members February 23-25. It was amazing to be with 1300 like-minded fellows dedicated to AA Service. The business of AA is amazing. I learned a great deal, made some new friends and had a lot of fun. I plan to attend the March Area 45 Convention this weekend and again to learn and enjoy the fellowship. The new printer is in! Now we just have to get it working. I am honored to be your vice chair. Service keeps me sober! Thank you for letting me serve.
Recording Secretary – Megan V.	Good evening and thank you for letting me serve. This has been a quiet month for me, I have attended my regular meetings, I am looking forward to the Area 45 Convention this coming weekend. Thank you for allowing me to serve.
Corresponding Secretary – Amber M.	In the last month I have sent out 7 letters. I am still looking for a Co-Chair, if anyone is interested in learning more about my position. Jean W., the Registrar for Area 45, reached back out. She is working on getting together an updated list of contact info for the GSOs in CAIG, so that we may reach out and invite them to send IGRs to Intergroup. She does not have a list of IGRs. She and Wendy, the Area 45 Delegate, will be proofreading my letter to send to the GSOs once I have a final draft. This may take me several weeks to

complete but the process has begun. Jean says she is happy to work with us in whatever way she can. Thank you for letting me serve,  
Amber

Treasurer – Tina R.

Updated 3/14/2024

**3/14/2024 CAIG Treasurer's Monthly I&E Statement**

OA Balance: **\$44,883.09**

Date	Amount	Description	Comments
<b>Deposits:</b>			
			1,240.40 GROUP DONATIONS
2/16/24	\$ 540.00	LITERATURE SALES	711.50 LITERATURE
2/20/24	\$ 91.69	SQUARE SALES	\$ 2.14 INTEREST
2/22/24	\$ 70.13	SQUARE SALES	
2/23/24	\$ 9.68	SQUARE SALES	
3/7/24	\$ 0.25	INTEREST	
<b>Total:</b>			<b>\$1,954.04</b>
<b>Expenses: Paid by..</b>			
3/5/24	\$ 411.52	GRAPEVINE	411.52 LITERATURE
<b>OPERATING</b>			741.45 OFFICE EXP
			685.00 NERASSA
			243.00 LIT RACK & CLOTH
			426.60 POLICY & STRUCTURE
			\$238.57 UTILITIES
02/29/24	\$1,600.00	RENT	\$1,600.00 RENT
03/20/24	\$116.00	GRAND PRINTING - NEWSLETTERS * SEPT	
03/15/24	\$245.00	GRAND PRINTING - MEETING LISTS	
03/15/24	\$145.00	GRAND PRINTING - NEWSLETTERS *JAN	
03/15/24	\$179.00	GRAND PRINTING-GREEN CARD	<b>\$4,346.14</b>
03/15/24	\$243.00	LITERATURE RACK & TABLE CLOTH	
03/15/24	\$66.08	OFFICE SUPPLIES	
02/26/24	\$533.11	OFFICE SUPPLIES - PRINTER BALANCE	
02/23/24	\$426.60	POLICY & STRUCT - PACKETS	
2/23/24	\$142.26	OFFICE SUPPLIES	
02/16/24	\$189.22	SJ GAS	
02/20/24	\$49.35	AC ELEC	
<b>Total:</b>			<b>\$4,346.14</b>
<b>Ahead (+) Behind (-) Budget</b>			<b>-----&gt; -\$2,392.10</b>
<b>Account Balances:</b>			<b>03/14/24</b>
Operating Account Balance (874):			<b>\$44,803.00</b>
Literature Account Balance (896):			<b>\$6,137.75</b>
Prudent Reserve in CDs:			<b>\$30,116.68</b>
PayPal #1 Balance:			<b>\$0.00</b>
PayPal #2 Roundup Balance:			<b>\$0.00</b>
<b>Total</b>			<b>\$81,057.43</b>
<b>Balance All Accounts:</b>			<b>\$81,057.43</b>
Prudent Reserve			<b>-----&gt; \$33,895.00</b>
<b>Surplus Above Prudent Reserve:</b>			<b>\$47,162.43</b>

Literature Treasurer – Shirl R.

It's been another busy month! Two additional Orders were placed for in preparation of the Area45 Convention:  
A few items are Back ordered from the AAWS order.  
The Grapevine order is still in shipping.  
I have updated the literature price list in preparation for the convention - Grouping by category and sorting  
I am really enjoying this new role.  
Thank you for letting me be of service! Shirl R.

Trustee – Donna S.	<b>No report.</b>
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**Committee Chair Reports:**

<b><u>Position/Name</u></b>	
<b>Archives</b>	<b>Open</b>
Budget and Finance – Peg S.	The proposed budget for the 2024 year has been completed. Please see the budget handed out in the meeting. I want to thank everyone on the board for their assistance in getting this completed. This is a we program and I appreciate all the assistance. The proposed expenses are divided into various intergroup office costs, events and literature expenses and committee expenses. The total expenses for the year are estimated to be \$94, 676. I have also projected income for the year based on previous year's incomes at \$81,663. <b>(Please see attached for the Budget details)</b> Thank you for allowing me to be of service.
CAYPAA – Caroline S.	3/6/24 Business Meeting 10 voting members. 2 new members. Based on responses committee members have gotten plus the digital outreach, bingo night attendance looks high! Confirmed event logistics such as food, prizes, fire pit if it's a nice night, set up and break down. All a team effort!! Confirmed proposed events for this coming year to help solidify budget proposal. Discussed doing a unity event volunteering at the Funny Farm. Secretary stepped down due to other obligations interfering with his commitment here - Ryan was voted into the position! Yours in service, Caroline
Hospitality – Deb U.	Thank you for the opportunity to serve. I have prepared a budget proposal for 2024. The proposal includes increasing the monthly budget from \$50 to \$80 or the yearly budget from \$600 to \$960. As the workup shows, monthly costs are on the rise. In order to provide food, beverages and basic supplies for the Business Meetings, this increase is essential. \$62.44 was spent in February. I hope you enjoy the food and dessert that have been provided tonight.
H and I – Barbara M.	We have to stress that homegroup representatives to stress to whoever they pick for the H&I Commitments to go. This is most important for Pyramid. We went to a Hammonton meeting, they were actually talking about sending someone to Intergroup, which would be good for the Pyramid commitments. Hopefully, someone named Nick will be here next week for the Business Meeting. Thank you for letting me serve. Barb
Literature – Kate D.	I am Kate and an alcoholic. Shirl and I have been performed an inventory. It was my first Convention, it was a lot of fun and a lot of work, The sales at SNJ Area 45 Convention March 15-17 in Atlantic City was a success, we managed \$750 in sales. My co-chair, Laura Jean and I were happy to be of service and there. Thank you for letting me serve.
<b>Newsletter</b>	<b>Open</b>
Office Manager - Lucia C. / Lori B.	Not much to report! I purchased paper towels and copy paper for the office. I sent the invoice to Tara (I think it was about \$60 but need to double check). Also, the new printer has arrived but I don't have access to the computer so I will need assistance linking it (Bluetooth). We donated the roundup shirts to CAYPAA so they had them for prizes during events. Thank you for allowing me to serve.

	Lucia
Phones – Jenn H.	<p>Hi Everyone, I'm an alcoholic and my name is Jenn. This past weekend I attended the South Jersey Intergroup Phone Committee training. This training was very informative - I will share more about this during our Cape Atlantic Phone Committee meeting on March 30, 2024 at 10:00am. This meeting will be held via zoom. If you have any questions, please feel free to give me a call at 609.224.4411. This past month we received 110 calls. We don't have any open slots at this time. We are taking names and phone numbers of those who would like to be on the 12th step call list as well as backup people for the phone committee.</p> <p>ZOOM INFO 830 6338 6660</p> <p>Stories</p> <p>I received a call from a young lady inquiring about in-person meetings this evening near Atlantic City. I used the chair app to inform her about in person and zoom meetings. I also advised her she could download the chair app for free any time.</p> <p>Call from a woman looking for a meeting in Vineland. This will be her first AA meeting</p> <p>Call from a woman looking for a meeting in Barnegat. This caller wanted to know what to expect at her first meeting. She asked if she had to bring identification and asked how much it cost to join.</p> <p>Someone called looking for a meeting in Egg Harbor City. I provided her with that information. She's new - brand new. I walked her through a number of things, including the Dr.'s Opinion, etc.</p>
PI/CPC – Rob H.	<p>In the past PI/CPC has not done very much Public Outreach. I think it's time we spread our wings and make a renewed effort to let struggling people know we are here for them. I'd like to propose to include in this year's budget funds to either: rent billboard space, poster space at bus stops, ads on buses or perhaps even airtime on local radio stations.</p> <p>Our only message would be: "Drinking Problem?"</p> <p>Reach out to CAIG Hotline (Hotline number)</p> <p>We've also had some requests from Doctors' offices for information packets. These packets would contain various chosen pamphlets and meeting lists for doctors to share with their patients. I also plan to have additional packets to be kept at the intergroup offices for intergroup reps to bring back to their groups to see if there is interest at any professional offices that they know of.</p> <p>My proposed budget is \$2500 to cover rental for billboards and bus stops. Possibly radio airtime. Also to cover material for packets as well as meeting lists for IDRC and Bridging the Gap.</p> <p>We have two IDRC slots available, April 11<sup>th</sup> and 25<sup>th</sup>, please let me know if you can help.</p> <p>Thank you for letting me serve.</p>
Policy and Structure – Doug G.	<p>I already submitted the budget for Policy and Structure, last month.</p> <p>We're looking at doing a hybrid CAIG group inventory right out of this office, to get the most participation. Date and time to be announced.</p> <p>Thank you for allowing me to serve, Doug G.</p>
Round Up – Mike C.	<p>Held the third Round Up committee meeting on Friday March 1, 2024. We were able to hold a hybrid meeting at the CAIG office in Northfield.</p> <p>We discussed information collected from 4 venues. Talked about the pros and cons of venues and mostly everything came down to what each place will cost and where we will get more bang for our buck? After a long group discussion, The Claridge in Atlantic City won by a unanimous vote.</p> <p>Next, we discussed the theme. Like I spilled at the last business meeting, "The Fellowship You Crave" won by unanimous vote. A logo is in production as we speak and I may have a sneak peek of that by the business meeting.</p> <p>All committee chairs gave their reports and most had nothing to report as we were still in search of a venue and dates for the Round Up.</p> <p>Rob S. and I, along with Rob P. met the sales manager at the Claridge on Friday March 8, 2004 to negotiate a contract, which is now being drawn up for us to sign. The date of this year's Waves Round</p>

	<p>Up is scheduled for the third weekend in November (11/16 - 11/17). This will be 2 weeks before Thanksgiving. Our proposed budget will be determined by the negotiation of the contract at signing, however, our committee treasurer (Tina R.) has come up with three separate sample budgets that Cape Atlantic Intergroup can look over. Negotiations at signing will include an attrition on room blocks, adding more rooms to the block after we reach our initial room block, complimentary rooms for every X amount of rooms sold for speakers and/or talent, guaranteed pricing on food and beverage to include coffee budget, space rental, and parking for the weekend.</p> <p>Thank you for letting me be of service, Mike</p>
Technology – Andrew V.	Andrew V. I am alcoholic, I am happy to be here and look forward to being of service, you all are going to help me stay sober.
Unity – Karen N.	<p>A. Paul Young Park has been secured for the Unity Picnic on June 15<sup>th</sup>, the 16<sup>th</sup> is actually Father’s Day. The venue has been paid for, I would like to increase the budget to \$1,500 for this event, Breakfast budget would be \$8,500, and the NYE event would be \$2,700. I am looking to do things a little different at the NYE event.</p> <p>Thank you for letting me serve.</p>
Website	POSITION IS OPEN
Workshops – Marcine R.	We have some great ideas for workshops in the coming year. Proposed Workshops “Steps One, Two and Three; the Phone Commitments; and How to Put on a Workshop. Need to get with Dawn to get dates, get with Carolyn to get a flyer. Thank you to Dawn for your encouragement and your support. I appreciate your cheerleading me. Thank you for not giving up on me.

**Questions/Comments concerning Reports:**

**Q: Is the Roundup Committee Meeting just for people on the Committee?**

**A: No, anyone can attend these meetings. Some of the Chairs, may need Co-chairs, please we invite you to show up.**

**Old Business:**

**a. Budgets** – The budget was presented as follows and was passed by a unanimous vote.

**b. Day of Sharing** – CAIG will be hosting the upcoming day of sharing Oct 5; we have plenty of time to get this promoted. We have an opportunity to host and come together, brainstorm to share what works and what doesn’t work. We will probably be holding it at the Northfield Diner, they have a beautiful breakfast.

**c. Group Inventory** – We have not done an Inventory in a long time. How can we do better and improve? Are there events that we would like to host or put on? We want to get this out. There are group that are dark. This is that opportunity. Give us a grade, give input. Please all IGRs and Alternates, talk it up. It is an assessment about how well we are doing as an Intergroup. We need to hear, how can we better serve you.

**NEW BUSINESS** –

**a.** We have three positions that need to be filled. Archives, Newsletter and Website. Newsletter is not a huge commitment; it is not a hard position to fill. Being an Intergroup Rep doesn’t just encompass the

getting H&I Commitments. There is so much more. Please get active. Go on the website, there are a lot of events listed, come out join in.

**REMINDER:**

**Open Committee Chair Positions –**

**ARCHIVES - OPEN**

**NEWSLETTER – OPEN**

**WEBSITE - OPEN**



## APRIL 2024

<b>Sunday</b>			
Fellowship of the Spirit	Enlightened Solutions	7:00 PM	
CMCH	John Brooks Women	7:00 PM	
South Jersey Newcomers	John Brooks Men	7:00 PM	
<b>Monday</b>			
Mays Landing group	Boca Recovery	7:00 PM	
GMOC South	John Brooks Women	7:00 PM	
Stagecoach	John Brooks Men	7:00 PM	
<b>Tuesday</b>			
Connect the dots	Boca Recovery Center	7:00 PM	
Singleness of purpose	Enlightened Solutions	7:00 PM	
<b>Wednesday</b>			
<i>Taken</i>	Atlantic Preventive Resources	12 noon	1st and 3rd
Fellowship of the spirit	Ocean Sober Living	6:00 PM	Womens
Design for living	Atlantic Preventive Resources	7:00 PM	1st and 3rd
ACYP	Enlightened Solutions	7:00 PM	
Pleasantville group	John Brooks Mens	7:00 PM	
<i>Email H&amp;I if you're interested</i>	John Brooks Detox	1:30 PM	1st & 3rd
<b>Thursday</b>			
GMOC North	Pyramid Womens	6:15 PM	Time change
Third step candlelight	Boca Recovery Center	7:00 PM	
Trudgers	Enlightened Solutions	7:00 PM	1st and 3rd
Need to change	Pyramid Mens	7:15 PM	Time change
Road to Recovery	RCA Lighthouse	8:15 PM	
<b>Saturday</b>			
Boiled Night Owls	RCA Lighthouse	8:15 PM	

**UPCOMING CAIG MEETINGS:**

**CAIG Steering Business Intergroup Meeting: Wednesday, April 10, 2024 at 7:30PM**

**CAPE ATLANTIC INTERGROUP OFFICE**

1418 New Rd. Suite 4  
Northfield, NJ 08225

All are welcome to attend this is not limited to officers or committee positions.  
Those who cannot attend in person here is the zoom information.  
Zoom ID # 542 744 809

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**CAIG Business Intergroup Meeting: Wednesday, April 17, 2024 at 7:30PM**

**CAPE ATLANTIC INTERGROUP OFFICE**

1418 New Rd. Suite 4  
Northfield, NJ 08225

All are welcome to attend this is not limited to officers or committee positions.  
Those who cannot attend in person here is the zoom information.  
Zoom ID # 164 233 922

Motion to Close – Motion to close came from the floor at 8:34 PM, followed by a second. Dawn I. lead the close with the Responsibility Pledge.