

Cape Atlantic Intergroup Minutes
CAIG BUSINESS MEETING MINUTES
May 15, 2024 Intergroup Meeting

CAPE ATLANTIC INTERGROUP OFFICE
 1418 New Rd. Suite 4
 Northfield, NJ 08225

Phone: (609) 641-8855

Date and Starting:

The meeting began Wednesday, May 15, 2024 at 7:31 PM

Open with Serenity Prayer:

A moment of silence calling to bring your Higher Power into you and followed by the Serenity Prayer led by Dawn I., Chairperson led this prayer.

Roll Call (Recording Secretary):

OFFICERS Positions	Names	Present
Chairperson	Dawn I.	Yes
Vice Chair	Michelle S.	Yes
Recording Secretary	Megan V.	Yes
Corresponding Secretary	Amber M.	Yes
Acting Treasurer	Tina R.	Yes
Literature Treasurer	Shirl R.	Yes
Trustee	Donna S.	Yes

COMMITTEE Positions	Names	Present
Archives	OPEN	
Budget and Finance	Peg S.	Yes
CAYPAA	Caroline/Hunter	Yes
Hospitality	Deb U.	Yes
H and I	Barb M./Christian	Yes
Literature	Kate D.	Yes
Newsletter	OPEN	

Office Manager	Lucia/Lori	Yes
Phones	Jen H..	No
PI/CPC	Rob H.	Yes
Policy and Structure	Doug G.	Yes
Round Up	Mike C.	Yes
Technology	Andrew V.	No
Unity	Karen N.	Yes
Website	OPEN	
Workshops	Marcine R.	Yes

Quorum:

Intergroup Representatives	Headcount (In Person/Online)
Regular	22
Alternates	3
Virtual	5
Total	30

Area 45 Report:

Good evening Cape Atlantic Intergroup! My name is Joe and I am an alcoholic. I have the honor and privilege to serve as the Area 45 Alternate Delegate and liaison between South NJ's 3 Intergroups and General Service. A duty I will do with great earnest and a compassionate heart. We have an exciting couple of months ahead of us and I am going to provide both dates to watch and potential updates to come down the pike.

- Area 45 Spring Assembly
 - o Sunday May 19th: Registration starts at 8:30, Assembly starts at 10 am
 - o Location: Elmer Grange @ 535 Daretown Rd, Elmer, NJ 08318
 - o All are welcome to attend
 - o Area 45 Delegate General Service Conference Report Back will be presented
 - Key Takeaways from the General Service Conference
 - o Plain Language Big Book-Passed
 - o Last Day to Submit an Agenda Item September 29th
 - o Board Minutes were not approved due to translation requirement
 - Area Inventory (TBD)
 - Day of Sharing (Hosted by Cape Atlantic Intergroup) has a tentative date of Saturday October 5th in the meeting room at the Northfield Diner. More to come on this
 - Facilitated the Cape Atlantic Intergroup Inventory on Saturday May 4th from 9a-12p.
- Above all, I am really looking forward to working with everyone and becoming a part of the Cape Atlantic Intergroup Family. If you have any questions or comments, always feel free to call, text, or email. My contact information is below:

E-Mail-Altdelegate@snjaa.org
Phone-609-705-1284
In Love and Service,
Joe E. Area 45 Alternate Delegate

New Representatives: Peter G., Sober With Pride (Virtually)

New Alternates Representatives: NA

Anniversaries: Rob H. 18 years, Tina R. – 11 years and Marcine R. 9 years

Announcements: GMOC North and South will be hosting a 30th Anniversary on June 8th 9-11; District 16 and 17 will be hosting Founders Day Event on June 8th at the United Methodist Church in Absecon.

June 22nd – Mays Landing Group will be celebrating their 30th Anniversary.

Opening Prayer: 5th Step Prayer

Tradition Reading: Tradition Five.

Chairperson Opening Remarks: Thank you to everyone in attendance whether you are in person or virtually, your participation is vital to the success of Cape Atlantic Intergroup. If you are an Intergroup Representative, please be sure to sign in, the sign in sheet is at the door right next to the agenda, which everyone should have picked up on their way in. Please make sure that you write clearly and accurately to ensure that you receive the minutes in a timely manner and guarantee certainty during elections, and we will be doing some voting tonight. All Panel and Committee Members, please give your Reports at the microphone so all in attendance, virtually or in person can hear you. We will hold all questions and comments until the end of the Reports are completed. Please do not talk over one another, please try to keep your conversation in the gally to a minimum.

Presentation of last month's Business Meeting Minutes (Recording Secretary) (Megan V.): Did everyone receive last month's Business Meeting Minutes; may I have a motion to approve the Minutes as presented? Motion to approve was made from the floor, a vote was taken, and Minutes from November were unanimously approved.

Officer Reports:

<u>Position/Name</u>	
Chairperson – Dawn I.	Thank you to anyone who took time to attend the CAIG Inventory. It was very enlightening. I have no other report at this time. Yours in service.
Vice Chair - Michelle S.	I am grateful to be of service! Also grateful to report that the intergroup inventory was well attended and very productive thanks to all who participated we are grateful for the feedback and the great ideas that came out of that and thanks to Dawn for initiating the event and all of her hard work as well as Doug. thanks to everyone also, who attended! We will be considering all of the ideas and feedback for future improvements.
Recording Secretary – Meg V.	I was grateful to have been at the CAIG Inventory, new sober reference and experience! Thank you for allowing me to be here.
Corresponding Secretary – Amber M.	I had a blast at the ACYP Quarterly and I want to thank everyone who showed up for the Intergroup Inventory on May 4th. I learned a lot. I sent out 6 thank you letters for donations since we met last month. That’s all I have. Thank you for letting me serve.

Treasurer – Tina R.

Updated ==> 5/15/2024

CAIG Treasurer's Monthly I&E Statement

5/15/2024 OA Balance: \$45,698.61

Date	Amount	Description	Comments
Deposits:			
Literature	4/18/24	\$ 9.15 SQUARE SALES	
Literature	4/18/24	\$ 466.00 LITERATURE SALES	\$ 1,165.85 Literature
Literature	4/19/24	\$ 124.36 SQUARE SALES	\$ 2,885.14 Group Donation
Literature	4/29/24	\$ 145.37 SQUARE SALES	\$ 2.22 Interest
Literature	4/29/24	\$ 51.02 SQUARE SALES	
Literature	4/30/24	\$ 257.75 LITERATURE SALES	
Literature	4/30/24	\$ 0.35 INTEREST	
Literature	5/6/24	\$ 112.20 SQUARE SALES	
Operating	04/18/24	\$ 207.00 GROUP DONATIONS	
Operating	04/22/24	\$1,669.60 GROUP DONATIONS	
Operating	05/06/24	\$ 1,008.54 GROUP DONATIONS	
Operating	05/07/24	\$ 1.87 Interest	
Total:		\$ 4,053.21	\$ 4,053.21
Expenses: Paid by:			
Literature	5/7/24	\$ 32.05 Literature	1,214.05 LITERATURE
Literature	5/7/24	\$ 1,182.00 Literature	276.90 OFFICE EXP
Literature	04/18/24	\$90.00 Quickbooks	1,600.00 RENT
Operating	04/19/24	\$113.87 Hospitality	89.00 Event Tix website Plug
Operating	4/22/24	159.9 Zoom Subscription	
Operating	05/01/24	\$1,600.00 Rent	
Operating	05/01/24	\$39.95 Hot Line	39.95 HOT LINE
Operating	05/06/24	\$27.00 Telephone	194.48 HOSPITALITY
Operating	05/08/24	\$ 80.61 Hospitality	
Operating	05/14/24	\$89.00 Event Plug in	
Total:		\$3,414.38	\$3,414.38
Ahead (+) Behind (-) Budget =====>		\$638.83	
Account Balances:		04/10/24	
Operating Account Balance (874):			\$45,698.61
Literature Account Balance (896):			\$8,709.34
Prudent Reserve in CDs:			\$30,758.89
PayPal #1 Balance:			\$0.00
PayPal #2 Roundup Balance:			\$0.00
Total			\$85,166.84

Thanks for letting me serve.

Literature Treasurer – Shirli R.

I reviewed the Hotline Volunteer Guidance packet for Jenn and provided feedback.
 I attended the CAIG Group inventory on 5/4 and during the breaks sold \$497 in literature (6 cash sales and 4 CC sales)
 I attended the women's retreat in Avalon on 4/27 with a sponsee and we sold \$291 in literature (19 cash sales and 4 CC sales)
 And we reduced the price on the abridged BB from \$8 to just \$5. Thank you for allowing me to serve.

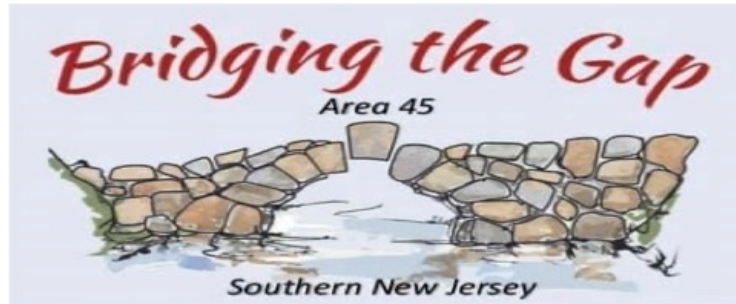
Trustee – Donna S.

No Report.

Committee Chair Reports:

Position/Name	
Archives – OPEN POSITION	OPEN POSITION

Budget and Finance – Peg S.	I have presented the quarterly expenses and income for 2024. This covers the months of January, February and March. Total expenses \$17,950.60 Total income was \$9,041.14. Please see the attached report for full details.
CAYPAA – Caroline S.	Meeting 5/1 8 voting members 1 new member The committee met and finalized details for the June 9th event. Flyer has been created and put on the Intergroup website as well as digital outreach. The committee has come up with some ideas on how to increase CAYPAA business meeting attendance and build upon long lasting members by new outreach methods. A flyer has been made for our Rocketed into the Fourth Dimension July 4th beach bash & also has been placed on the website as well as digital outreach. We narrowed down the list of remaining events for the year and started planning ahead. Yours in service
Hospitality – Deb U.	Nothing to report.
H and I – Barbara M.	I have no report, but would like some suggestions for how to make H&I picks easier for people to know what their group was picked for before they leave the business meeting same night; i.e. A white board, electronic display that can be on the zoom display after we disconnect zoom, or even just using the current board by the door, etc. Thank you!
Literature – Kate D.	I have absolutely nothing to report. Thank you for allowing me to serve.
Newsletter – OPEN POSITION (Donna is reporting)	Anyone who is interested please reach out to Donna S. or Dawn I.
Office Manager – Lori B.	Nothing to report. Thank you for allowing us to serve.
Phones – Jen H.	Hi everyone, I'm an alcoholic named Jenn. Last month we had 172 calls, 10 were missed, 7 were returned. We had a zoom meeting where we discussed the 12th step volunteer list. We will be passing the 12th step list onto the daily volunteer coordinator who will now be in charge of connecting callers to 12th step volunteers if needed. If you want to volunteer for the phone committee or to be on the 12th step list please let me know. Thanks for letting me be of service!
PI/CPC – Rob H.	We have four available dates for IDRC those dates are June 13th, June 27th, July 11th, and July 25th. Those are Atlantic County, Northfield location at 7 pm. Also, I was invited to speak on Dr. Bob's radio show on May 14th (coincidentally was my 18 th Anniversary in the program), I was able to talk up CAIG and what we do. It was a great experience and a real God moment. Scott – Bridging the Gap – was on to explain and provide insights into the program.



BTG is looking for volunteers!

Bridging the Gap is a 12 Step commitment designed to help the individual make the transition from the treatment or correction facility to Alcoholics Anonymous. The temporary contact would be responsible to meet/take the new member to 6 meetings to help them learn about our fellowship.

What Bridging the Gap suggests of the temporary contact:

- AAs who participate should have 1 year of continuous sobriety.
- AAs are asked to meet/take the individual to a minimum of 6 meetings.
- AAs should share their experience with sponsorship, a home group, and the 12 steps.
- An AA’s commitment to the BTG program is a minimum of 1-year.
- Bridging the Gap volunteers are encouraged to attend workshops for questions, training and ongoing support.



If you would like to help. . .

Grab a pamphlet and fill out the back form. Take a pic and send it via email. Please include your home group. Or Scan the QR Code below fill out and submit. It's that easy. Contact Scott P.- Area 45 Bridging the Gap Coordinator

Email - Bridgingthegap@snjaa.org



Policy and Structure – Doug G.

Hello All,
We had a very successful Intergroup inventory with 23 people in attendance. Good ideas were brought up and we will be formulating a program of action to follow through.
Thank you for allowing me to serve.

Round Up – Mike C.

I held the monthly Round up meeting last Friday night on May 3rd here at the CAIG office and also on ZOOM.
I was able to go over amendments to the contract again and the committee all voted unanimously that we will sign a deal with The Claridge. I was able to negotiate lower rates for rooms on both Friday and Saturday night. I was also able to negotiate lower rates on breakfast and dinner prices per person. Parking was lowered as I stated at the last meeting and I was also able to lock in 2 complimentary suites instead of 1 as long as we reach our goal of required room nights sold. We will also receive 1 complimentary room night for every 30 room nights sold so we hope this will help accommodate our speakers and our entertainment guests and keep more money in our bank account. I will drop off the signed contract this week with a deposit check of \$1,500.00 and we are pushing to get registration open sometime in June.

	<p>All committee members that were present were able to give their reports and those that were not able to attend sent in reports for our secretary to read aloud.</p> <p>The search for speakers from our Program chair is going very well and we may have a keynote speaker booked from Boca Raton as well as our Saturday late afternoon speaker from Mamora. Young Peoples have spoken to a possible speaker from New Hampshire as well. Still waiting on confirmation.</p> <p>Al-Anon has locked in their speaker also.</p> <p>Multiple plans are in the works for both Friday and Saturday night entertainment so dust off your dancing shoes and get ready to laugh your tuchuses off. We have some talent booked in both areas.</p> <p>Outreach has begun trying to get the word out to pull members in from all over. We have created a new Save the Date flyer, which I hope you will all bring to your homegroups and announce at your meetings.</p> <p>Webchair updated Round Up page with info and this year's logo. Merchandise is in the works and we will hopefully have a link to start purchasing items within the next 30/60 days.</p> <p>Now that the contract is final, we are going to step it up in a higher gear and really start to put a plan of action into play. I gave everyone tasks to accomplish for the month and we decided as a group to change the day and time of the monthly Round Up meetings to hopefully the first Thursday of the month at 7:30. This is to be determined as we know the room might be booked from 5:30 to 6:30 and 6:30 to 7:30 even though the calendar does not state this. So, what I wrote there needs to be scribbled out and written again.</p> <p>Again, please take a few flyers and pass them out at any meetings you attend from here to Timbuktu. GAS UP!</p> <p>Thank you for letting me be of service!</p>
Technology – Andrew V.	No report.
Unity – Karen N.	<p>A. Paul Young Park has been secured for the Unity Picnic on June 15th. Everything is moving along with the picnic</p> <p>Need a coffee committee chair</p> <p>And a clean up committee chair</p> <p>Received 100 dollar donation for the picnic from a local group</p> <p>Plenty of flyers</p> <p>I have reached out to the Great Bay Country Club re: the Unity Dinner and I have not heard back.</p> <p>We are researching a way to pay and buy tickets more seamlessly.</p> <p>Take them to your groups!</p> <p>Thank you!</p>
Website – Open Position	POSITION IS OPEN
Workshops – Marcine R.	We have a Workshop presenter who has some great ideas, he was not on the meeting, we are awaiting a presentation for the Workshop.

Questions/Comments concerning Reports:

Q: Can there be more than one person who goes to IDRC, what time and location.

A: Yes. It is similar to a speaking commitment and is unisex. 7 pm – Northfield location.

Q: Budget Question: How do we have a \$80,000 surplus?

A: We really do not have \$80K, please call and we call discuss or Dawn/Michelle can show up and present to your group and answer any questions. It is not the Finance Report, you need to look at the Budget and the Quarterly Report.

Q: GMOC Announced a event on June 8th which is Founders Day, there is something already scheduled same day.
A: You get to choose which event you would like to attend, a few things are going on that weekend.

Q: Bridging the Gap, if you want to do it on paper, do we mail it here to the Intergroup Office or where?
A: It is best to do it via computer or your phone it is quick and easy or you can send it into the Intergroup Office.

OLD BUSINESS –

- 1) **Group Inventory** – **May 4th at the Intergroup Office** – There are several topics being researched Upgrading AV equipment, IGR Information/retention, Workshops and Education, Financials, Underrepresented/Dark Groups, Shortening Business Meetings.
- 2) **Business Cards** – Were produced and are available at the Intergroup office to take to events, meetings and etc.

NEW BUSINESS –

- 1) **Technology Ad Hoc Committee** – Motion was made a Committee of Doug G., Michelle S. and Carolyn M. was formed to research and provide recommendations for upgrades and updates.
- 2) **Cape May County Correctional Facility** – Bill Liddle is the coordinator there, he is looking for men to come in and share their experience, strength and hope with inmates. Please contact Bill at 609-338-9319.

H&I Commitments - [Required Readings](#)

Sunday			
GMOC South	Enlightened Solutions	7:00 PM	
Tuckerton Ladies	John Brooks Women	7:00 PM	
Stagecoach	John Brooks Men	7:00 PM	
Monday			
Third Step Candlelight	Boca Recovery	7:00 PM	
Good Morning Avalon	John Brooks Women	7:00 PM	
Fellowship of the Spirit	John Brooks Men	7:00 PM	
Tuesday			
South Jersey Newcomer	Boca Recovery Center	7:00 PM	
Young Men's	Enlightened Solutions	7:00 PM	
Wednesday			
Cape May Court House	Atlantic Preventive Resources	12 noon	Only on 1st and 3rd
GMOC North	Ocean Sober Living	6:00 PM	Only Women
Design for Living	Atlantic Preventive Resources	7:00 PM	Only on 1st and 3rd
Need to Change	Enlightened Solutions	7:00 PM	
Somers Point Group	John Brooks Mens	7:00 PM	
Email H&I if you're interested	John Brooks Detox	1:30 PM	Only on 1st and 3rd
Thursday			
Women in Recovery	Pyramid Womens	6:15 PM	
Trudgers	Boca Recovery Center	7:00 PM	
ACYP	Enlightened Solutions	7:00 PM	Only on 1st and 3rd
Getting Sober Young	Pyramid Mens	7:15 PM	
Singleness of Purpose	RCA Lighthouse	8:15 PM	
Saturday			
Casino Serenity	RCA Lighthouse	8:15 PM	

UPCOMING CAIG MEETINGS:

CAIG Steering Business Intergroup Meeting: Wednesday, June 12, 2024 CAPE ATLANTIC INTERGROUP OFFICE

1418 New Rd. Suite 4
Northfield, NJ 08225

All are welcome to attend this is not limited to officers or committee positions.
Those who cannot attend in person here is the zoom information.
Zoom ID # 542 744 809

CAIG Business Intergroup Meeting: Wednesday, June 19, 2024 CAPE ATLANTIC INTERGROUP OFFICE

1418 New Rd. Suite 4
Northfield, NJ 08225

All are welcome to attend this is not limited to officers or committee positions.
Those who cannot attend in person here is the zoom information.
Zoom ID # 164 233 922

Motion to Close – Motion to close came from the floor at 8:48 PM, followed by a second. Dawn I. lead the close with the Responsibility Pledge.