

Cape Atlantic Intergroup
BUSINESS MEETING MINUTES

February 19, 2025 - Intergroup Meeting

CAPE ATLANTIC INTERGROUP OFFICE
1418 New Rd. Suite 4
Northfield, NJ 08225

Phone: (609) 641-8855

Date and Starting:

The meeting began Wednesday, February 19th, 2025 at 7:35PM

Open with Serenity Prayer:

A moment of silence calling to bring your Higher Power into you, followed by the Serenity Prayer led by Michelle S. Vice Chairperson.

IGR QUORUM - 25

IGR – (22 In Person, 3 Virtual)

ALTERNATE IGRS – 2 (1 In Person, 1 Virtual)

Roll Call (Recording Secretary):

OFFICERS Positions	Names	Present
Chairperson	Dawn I.	Yes
Vice Chair	Michelle S.	Yes
Recording Secretary	Deb U.	Yes
Corresponding Secretary	Amber M.	Yes
Treasurer	Tina R.	Yes
Literature Treasurer	Shirl R.	Yes
Trustee	Donna S.	Yes

COMMITTEE Positions	Names	Present
Archives	Adam M.	Yes
Budget and Finance	Peg S.	Yes
CAYPAA	Caroline S.	No
Hospitality	Carlo J.	No

H and I	Christian	Yes
Literature	Kate D.	Yes
Newsletter	Grace S.	No
Office Manager	Lori B.	Yes
Phones	Jennifer H.	No
PI/CPC	Kat L.	Yes
Policy and Structure	Doug G.	Yes
Round Up	Paul G.	Yes
Technology	Doug W.	Yes
Unity	Karen N.	Yes
Website	Nat R.	Yes
Workshops	Judy B.	Yes

Anniversaries: Claire R. 10 months, Nina 3 years, Jack 8 years, Peg 23 years

Agenda Items: No agenda items.

Reports were given as follows:

<u>Position/Name</u>	
Chairperson	Shout out to all the CAYPAA's in the area for their successful bid on the 2026 upcoming convention!! I know Caroline and her team worked hard and deserve big kudos!!! Last Sunday February 16, I had the privilege to attend the Area 45 Winter Assembly in Manahawkin. I delivered my report giving an update on the activities of CAIG. I also included a list of events scheduled in the near future. Thank you for allowing me to be of service.
Vice Chair	Nothing to report.
Recording Secretary	Committee and panel chairs - please send me your reports as soon as possible. Also, if you are not receiving emails from me, please let me know. Thank you.
Corresponding Secretary	Good Evening, I sent out 6 "thank you" letters for donations we received since we met last month. That's all I have. Thank you for letting me serve.

Treasurer

CAPE ATLANTIC INTERGROUP			Updated ==>>>	2/12/25
2/12/25			CAIG Treasurer's Monthly I&E Statement	
OA Balance:			\$37,183.60	
Date	Amount	Description	Comments	
Deposits:				
Literature	1/10/25	\$9.93 Square Sales	\$1,249.47 Literature	
Literature	1/17/25	\$204.54 Square Sales	\$519.00 Group Donation	
Literature	1/21/25	0 \$1,010.00 Literature	\$1.89 Interest	
Literature	1/31/25	\$0.24 Interest		
Literature	2/5/25	\$25.00 Literature		
Operating	01/13/25	\$100.00 Group Donations		
Operating	01/24/25	\$284.00 Group Donations		
Operating	02/07/25	\$135.00 Group Donations		
Operating	02/07/25	\$1.65 Interest		
Total:		\$ 1,770.36	\$ 1,770.36	
Expenses: Paid by..				
Literature	01/13/25	\$295.00 Literature Grand Printing		
Literature	01/30/25	\$387.20 Literature		
Literature	02/10/25	\$2,380.51 Literature	\$3,307.71 LITERATURE	
Operating	1/13/25	1574.24 Unity NYE	\$1,931.53 Office Overhead	
Operating	01/13/25	\$245.00 Literature	\$1,651.39 Committee Unity	
Operating	01/13/25	\$170.00 Newsletter	\$240.00 Committee Newslette	
Operating	01/13/25	\$77.15 Unity NYE	\$39.95 Committee Phones	
Operating	01/13/25	\$70.00 Newsletter		
Operating	01/13/25	\$99.00 Office -qbooks		
Operating	01/22/25	\$152.02 Office SJ GAS		
Operating	01/22/25	\$53.08 Office - Electric		
Operating	02/03/25	\$1,600.00 Office-Rent		
Operating	02/03/25	\$39.95 HotLine-Phones		
Operating	02/04/25	\$27.43 Verizon - Wireless		
Total:		\$7,170.58	\$7,170.58	
Account Balances: 02/12/25				
Operating Account Balance (874):		\$37,183.60		
Literature Account Balance (896):		\$3,671.81		
Prudent Reserve in CDs:		\$31,409.62		
PayPal #1 General Account:		\$108.00		
PayPal #2 Unity Balance:		\$0.00		
PayPal #3 Roundup Balance:		\$0.00		
Total		\$72,373.03		
Balance All Accounts:		\$72,373.03		
Prudent Reserve =====>		\$33,895.00		
Surplus AbovePrudent Reserve:		\$38,478.03		

- 1 Working on Year End/Tax return.
- 2 Began organizing folders for google drive

Literature Treasurer

The Literature Sales and Orders tracking spreadsheet has been updated and saved online. Total sales for 2024 was over \$13,700 and we spent down about \$1,700 in excess CAIG Prudent reserve. The Quickbooks Literature accounting information has been reconciled for 2024. Tina helped me to resolve 12 Quickbook loose ends from 2021, 2022 and 2023. The only loose end left is a credit for \$100 from April, 2021 for the Saturday Night Live Group in Villas. If anyone knows who the right point of contact is please let me know. Webchair assistance: I provided accounts to the Website Sandbox for the new Webchair Nat, Tech Doug, Debbie L. in Florida and Elizabeth the Roundup Website chairperson. Thanks for allowing me to be of service to others.

Trustee

Nothing to report.

Committee Chair Reports:

<u>Position/Name</u>	
Archives	<p>Adam: I am scheduling a day to run an inventory on current archives and to create a prioritized list of current and potential projects. Dana has potential plans for a COVID-era project relating to lost data from meetings that happened in that time. More to come in my next report. Thank you for letting me serve in this position.</p> <p>Dana: We are meeting Monday at 5pm. We have acquired one additional committee member, Luke K. Additionally, we plan on adding to the tape collection new historical recordings that will include histories of the clubhouses in the Cape Atlantic area. The clubhouses that have agreed so far are ACYP and The Stagecoach Group. I am going to spend a few weeks down south asking old timers at the remaining two clubhouses, Last House on the Block and The Twelve Step House. Also I want to include a history of the Junkyard meeting specifically regarding COVID times. I am gathering members who started that meeting of which I am one, so it shouldn't be too difficult. We have to ask Budget and Finance what the archives budget looks like for blank tapes. Luke proposed creating vinyl of some of these recordings for crisp and lasting sound quality, which when completed will be stored with the rest of the recordings as copies. All will be uploaded to cloud. This is a big project and will probably take a few months. More to come!</p>
Area 45	<p>Good evening Cape Atlantic Intergroup! My name is Joe and I am an alcoholic. I have the honor and privilege to serve as the Area 45 Alternate Delegate and liaison between South NJ's 3 Intergroups and General Service; a duty I will do with great earnest and a compassionate heart. We have an exciting couple of months ahead of us and I am going to provide both dates to watch and potential updates to come down the pike.</p> <p>2025 Virtual NERAASA: 2/21/25-2/23/25, \$35 to Attend, Scholarships are available too!! https://area45snjaa.org/neraasa-2025/ Anyone interested in being a committee member for Virtual NERAASA 2025, please reach out me and I will get you the invite to our monthly committee meeting. Delegate's Round Table with Marita R.-Trustee At Large *Date: Thursday, February 20, 2025 - Time: 7pm EST *Location: https://us02web.zoom.us/j/89116677391 Capacity: Limited to the first 100 participants</p> <p>Area 45 Convention: 3/14/25-3/16/25 \$40 to attend in person https://area45convention.org/ \$20 virtual attendance https://area45convention.org/virtual-convention-attendance/</p> <p>Area 45 Spring Assembly: Sunday May 18th. Registration starts at 8:30, Assembly starts at 10am 535 Daretown Rd Elmer Grange- Elmer, NJ</p> <p>For a full list of Area 45 events check out the link below https://area45snjaa.org/events/</p> <p>General Service Conference: 4/27/25-5/3/25 Proposed Agenda Items - English Version, Proposed Agenda Items - Spanish Version</p> <p>Above all, I am really looking forward to working with everyone and becoming a part of the Cape Atlantic Intergroup family. If you have any questions or comments, feel free to call, text, or email. My contact information: E-Mail- altdelegate@snjaa.org Phone- 609-705-1284. In Love and Service, Joe E. Area 45 Alternate Delegate.</p>

Budget and Finance

The 2024 Budget and Finance report is complete. I intend to have the projected budget for 2025 by the March 2025 intergroup business meeting. I request that members of the steering panel, committee chairs, and office managers please send me their projected budgets for 2025 within the next 2 weeks at CAIGbudget@capeatlanticaa.org. If you have any questions or concerns, please feel free to contact me.

Administrative Expenses:		Actual expenses	Difference
Office Expenses			
Rent	19200	19200	0
Electric/AC/SJG	991	1934.05	943.05
Internet/Phone/Hotspot	1154	328.54	-825.46
Hotline	480	439.45	-40.55
Office Tehnology	0	1330.86	1330.86
Facilities and Equipment	21825	20530.86	-1294.14
Postage	120	72	-48
Office Supplies	700	564.16	-135.84
Renters Insurance	451	475	24
Accounting Fees	350	400	50
State/Municipal Taxes	58	30.5	-27.5
Bank Fees	400	6.68	-393.32
Quickbooks Online	1385	855.99	-529.01
Zoom	587	159.9	-427.1
Building Maintenance	400	177.22	-222.78
GSO Donations	0	2000	2000
Refund Good Morning Avalon	0	500	500
Miscellaneous	500		
Total Administrative Fees	4951	5241.45	290.45
Event and Literature Expenses			
Transportation to NERAASA	1550	234	-1316
Bus to GSO	4500	1897.49	-2602.51
Literature Purchases	11,500	15074.83	3,575
Roundup	27,440	36716	9,276
Unity NYE	2700	1651.38	-1048.62
Unity Breakfast	8500	11451.42	2951.42
Unity Picnic	1500	240.74	-1259.26
Day of Sharing	300	1337	1037
Miscellaneous	100	0	
Total Event/Lit Expenses	56540	68602.86	
Committee Expenses			
Archives	110	0	
Audit	0	0	
Chairperson's Travel	250	0	
CAYPAA	3000	3041.77	41.77
Hospitality	900	961.7	61.7
H&I	100	0	
Literature	2000	2079.05	79.05
Newsletter	400	371	-29
Phone coordinator	0	0	
Policy/Structure	750	426.06	-323.94
PI/CPC	2500	0	-2500
Website	750	1047.99	297.99
Workshop	600	0	-600
Total Committee Expenses	11360	7927.57	
Total Overall Expenses	94676	102302.7	7626.74

CAYPAA	Our business meeting was held on 2/5/25. We discussed our first event of this year - a movie night. We are looking into either renting a theater for a good price or we will host in a large room with a projector. More details to follow. Thanks for letting me serve.
Hospitality	Nothing to report.

H and I

Hello! Unfortunately, I will not be able to attend the business meeting. I am home and healing well from surgery. Christian did the H&I picks at the business meeting. Regarding Pyramid, there has been some turn over with the staff. The times of the H&I's there have been questioned but as per my conversation with Pyramid, they are remaining as they are currently - 7:15 men's meeting and 6:15 women's meeting. If there are any problems, please contact me while you are at the facility. My phone number is (609) 335-5773. Please remember that if for some reason you are turned away at a facility for whatever reason, especially for a medical reason like a Covid and RSV outbreak, please let me know ASAP so I can reach out to them and the groups that are supposed to go to there. This way their time is not wasted if that facility is still on quarantine. You can email H&I email at hichair@capeatlanticaa.org or text me at the above number. .

March 2025			
Sunday			
Trudgers	Enlightened Solutions	7:00 PM	
Keep it Reel	John Brooks Women	7:00 PM	
Young Men's	John Brooks Men	7:00 PM	
Monday			
Mays Landing Serenity	Boca Recovery	7:00 PM	
Ventnor Seashore	John Brooks Women	7:00 PM	
Ventnor Seashore	John Brooks Men	7:00 PM	
Tuesday			
South Jersey Newcomer	Boca Recovery Center	7:00 PM	
Stone Harbor Group	Enlightened Solutions	7:00 PM	
Wednesday			
Good Morning Avalon	John Brooks Detox	1:30 PM	Only 1st and 3rd
3rd Step Candelight	Enlightened Solutions	7:00 PM	
ACYP	John Brooks Mens	7:00 PM	
Thursday			
ACYP	Pyramid Womens	6:15 PM	
Stagecoach	Boca Recovery Center	7:00 PM	
Somers Point Group	Enlightened Solutions	7:00 PM	Only 1st and 3rd
GMOC North	Pyramid Mens	7:15 PM	
A New Freedom	RCA Lighthouse	8:15 PM	
Friday			
Getting Sober Young	Pyramid Mens	7:15 AM	
Saturday			
GMOC South	RCA Lighthouse	8:15 PM	

Literature	The area 45 Winter assembly went very well. Literature sales were a little over \$350. We have decided to lower the price on the calendars in half to \$4.00 which hopefully will help to reduce our inventory. Also the price of “Experience Strength and Hope” hard covers are now \$4.00. We have plenty in stock if anyone is interested. We also have the “Plain Language Big Book” available for \$10.00. Thank you for allowing me to be of service.
Newsletter	Newsletter has been published and distributed for the months of March/April. Any stories or news worthy AA items for the next newsletter, please submit to the newsletter chair via email by 4/1/25 newsletter@capeatlanticaa.org
Office Manager	A vacuum cleaner was purchased for less than \$65.00.
Phones	<p>This month, we received 122 calls with 4 calls going to voicemail! We have one primary volunteer slot open on Mondays from 12:00am - 8:00am. This is an overnight shift. If you or someone you know is interested in answering the phone during that time please let me know. Also, keep in mind we’re always looking for more members to take backup slots or to join the 12th step list. If you have any questions or would like to join, feel free to call or text me at 609-224-4411 or email PhoneChair@CapeAtlanticAA.org. Unfortunately, last month the document containing all volunteer info including names, phone number and addresses was accidentally deleted. However I was able to recover all volunteer phone numbers from the answering service based on the day and time of their shifts. Additionally, I had over 90% of the volunteer names saved in my contacts along with many of their email addresses. I still need to contact approximately 10 volunteers to retrieve their email addresses so I can fully update the document.</p> <p>Update from our January 18, 2025 committee meeting: We discussed several key topics including an increase in phone calls from individuals in nursing homes or older adults who are unable to get out due to weather conditions or discomfort with driving at night. To address this, we have decided to create a subcommittee of volunteers who are willing to make weekly phone calls to individuals who are in nursing homes, skilled nursing facilities or those who are sick, shut in or hospitalized. We are currently looking for volunteers who can commit to making at least one call per week to provide support and connection to these individuals. Lastly, we discussed the possibility of hosting a workshop to highlight the different volunteer opportunities available. I plan to coordinate with the Workshop Chair to organize this event. I’ll provide further updates as plans develop and welcome any input or participation from volunteers who would like to contribute to these initiatives.</p>
PI/CPC	Kat chairperson and Justin co chair.
Policy and Structure	Nothing to report.
Round Up	The round up committee held its first meeting on Monday February 3, 2025 at the intergroup office. All committee chairs have been filled, and job descriptions were passed out. The committee was presented with the three venues we visited: Hard Rock Hotel, The Golden Nugget and Resorts. After reviewing the proposals and discussion, a vote was taken and Resorts was the winner. The committee also chose the dates of October 17,18,19, 2025. The next step is to bring the proposal and final contract to the Intergroup Business Meeting for review. We are currently working with Resorts on the final contract which should be available for the February 19 th meeting. This will include detailed information on the event space, meeting rooms and menus. The contract will need to be signed, and a \$1000 deposit will be required to secure the event space. This amount will be applied to our master account.
Technology	Nothing to report.
Unity	Nothing to report.
Website	Nothing to report.
Workshops	In need of help with the committee.

OLD BUSINESS

- a. We are taking a table on Wednesday March 19, 2025 at 10:00am to an event in Mays Landing held by Atlantic County Special Services School District.
- b. Advertising on score card is on hold.
- c. There is no news or updates from the landlord regarding the lease.

NEW BUSINESS

- a. We won the bid for EACYPAA (Eastern Area Conference of Young People in AA) to bring the YPAA to South Jersey in 2026. This will be held most likely in AC between February and March of 2026. I (Doug) will have a QR code and anyone with questions can reach out to me or go to the NJYPAA website <https://www.njypaa.org/>
- b. Josh from AREA 45 Bridging the Gap came to speak about the committee. His report is as followed - "Our committee is brand new and we are still looking for committee members and have new updated materials <https://area45snjaa.org/btg-temporary-contact-volunteer-sign-up/> . We are now only approaching treatment and hospital facilities; correctional facilities are no longer under our wing. Our committee has established an 'Intergroup Liaison' position to work together with our Intergroup committees. This will bridge the gap from area to intergroup. **We are looking for a CAIG Liaison** -no experience necessary! If you are looking for an opportunity to get involved please come to our committee meeting. We need support reaching out to facilities to promote this service. If you or your group bring a meeting into a rehab please make an effort to mention BTG. We suggest you bring our blue "new member" pamphlet which explains all the details of this service. We continue to seek out temporary contacts and need your help to bridge the gap from facility to AA. Please pick up our red "temporary contact" pamphlet, scan our QR code, or take a flyer for your homegroup. Our committee meets virtually the second Thursday of every month at 7pm. Virtual meeting ID and password is available on the area 45 website under the area events section or click this link <https://area45snjaa.org/event/bridging-the-gap-committee-meeting-12/2025-03-09/> All are welcome.
<https://drive.google.com/file/d/1RQLLz-usARk81it7HAVIHATkTAI5X3xs/view>
https://drive.google.com/file/d/1FI568A_lzjB3ymOXBRB7NgXrwqzbNsSG/view
- c. The Area 45 Accessibilities Committee is looking for people to join their committee. Please join in the planning and brainstorming meeting about accessibilities needs in Area 45. A virtual meeting is held every 4th Thursday of the month at 7:00pm *Zoom Meeting ID 853 5251 2630 Passcode 626374* Email accessibilities@snjaa.org or call 609 498 5458 for more info. <https://area45snjaa.org/flyer-gallery/>
- d. District 16/17 Workshop on Anonymity. Speaker & roundtables: history of how it developed, understanding anonymity, tradition, spiritual significance. March 8th from 10am-1pm, United Methodist Church 100 Pitney Rd., Absecon, NJ ~ coffee & refreshment served! Hybrid Workshop *Meeting ID 833 4899 1388 Password Area45* <https://area45snjaa.org/flyer-gallery/>
- e. CAIG is looking to plan a trip to GSO in NY on May 16 or May 23, 2025. At this point we are looking to get a bus and coordinate with GSO. There will be a \$10 fee to hold your seat on the bus.
- f. Is there interest in a bus trip to Akron?

Steering Committee Meeting:

Wednesday, March 12th at 7:30 PM – 1418 New Road, Northfield, NJ

Hybrid Meeting ID: 542 744 809

The Next Business Meeting:

Wednesday, March 19h at 7:30 PM at 1418 New Road, Northfield, NJ

Hybrid Meeting ID: 832 9623 3517

Business Meetings are **not** limited to Officers or Committee Members – ALL are welcome to attend!

For those who are unable to attend in person, CAIG Business Meetings are hybrid.

Motion to Close – Motion to close 9:00pm, followed by a second. Dawn I. lead the closing with the Responsibility Pledge.