

Cape Atlantic Intergroup
BUSINESS MEETING MINUTES
July 16, 2025 - Intergroup Meeting

CAPE ATLANTIC INTERGROUP OFFICE
1418 New Rd. Suite 4
Northfield, NJ 08225

Phone: (609) 641-8855

Date and Start Time:

The meeting began on Wednesday July 16, 2025 at 7:30pm.

Open with Serenity Prayer:

A moment of silence calling to bring your Higher Power into you, followed by the Serenity Prayer led by Dawn I. Chairperson.

IGR QUORUM - 29

IGR – (23 In Person, 3 Virtual) Total: 26

ALTERNATE IGRS – (3 In Person, 0 Virtual) Total: 3

Roll Call (Recording Secretary):

OFFICERS Positions	Names	Present
Chairperson	Dawn I.	Yes
Vice Chair	Michelle S.	Yes
Recording Secretary	Deb U.	Yes
Corresponding Secretary	Amber M.	Yes
Treasurer	Peg S.	Yes
Literature Treasurer	Shirl R.	Yes
Trustee	Donna S.	No

COMMITTEE Positions	Names	Present
Archives	Dana S.	No
Budget and Finance	OPEN	
CAYPAA	Caroline S.	Yes
Hospitality	Carlo J.	Yes

H and I	Barb M.	Yes
Literature	Kate D.	Yes
Newsletter	Grace S.	Yes
Office Manager	Lori B.	No
Phones	Jennifer H.	No
PI/CPC	Kat L. (Justin)	Yes
Policy and Structure	Doug G.	Yes
Round Up	Paul G.	Yes
Technology	Doug W. (Carlo J.)	Yes
Unity	Karen N.	Yes
Website	OPEN	
Workshops	Judy B.	Yes

Anniversaries: MJ 4 years, Greg 4 years

Reports were given as follows:

<u>Position/Name</u>	
Chairperson	In the last few weeks I have handled only 4 calls and 2 emails. It's been a quiet month. Mostly handling updates for the website and new commitments for H & I. <i>Day of Sharing</i> has been confirmed for Oct 4th from 9-12 at St. Gregory the Great Church, 4620 Nottingham Way, Hamilton Square. We will renting a bus (approximately 12 people were interested from IG meeting).
Vice Chair	I am here to support all of the committees and panel chairs as well as answer any questions or help find answers to any questions you might have about events or positions. I also am here to answer questions and support the body.
Recording Secretary	<u>Committee and panel chairs</u> ~ <i>please</i> send me your Steering Meeting reports <i>before</i> the Steering Meeting and your Business Meeting reports <i>before</i> the Business Meeting. If you have no report, please let me know that as well. <debu1262012@yahoo.com> <u>Intergroup Reps</u> ~ when you sign in <i>please</i> clearly print your name, home group and a valid email address. If you don't, you will not receive agendas or meeting minutes. Thank you.
Corresponding Secretary	Good evening, first of all I would like to thank Peg S. for doing an amazing job as our new Treasurer! Thank you for making my job so easy this month, Peg! I sent out 9 "thank you" letters for donations we received since we met last month. That's all I have! Thank you for letting me serve.

Treasurer	<p>I am still getting accustomed to this position, but I believe things are going ok. I want to thank Shirl for making deposits for me while I was on vacation in Montana and Wyoming. I quite frankly wish I was still there, it's so beautiful.</p> <p>As per the report, the operations bank balance this month started out at \$32,499.57</p> <p>Income was \$5,615.70 Literature income was \$2,440.71 Group donations \$1475.50 (Excel keeps rounding up to \$1,486) Unity Picnic was \$1,248.80 Group rents were \$350.00 Total expenses were \$6,352.48 Literature expenses were \$3,209.03 Office overhead \$1,859.35 CAYPAA \$389.25 Unity Picnic \$834.85 Newsletter \$60.00 Hotlines \$39.95 Current operations balance as of 07/9/25 is \$32,432.11 Literature balance \$3,873.99 CDs \$31,850.38 Total funds is \$68,156.48 Total over the prudent reserve is \$34,261.48 There was a bank fee on the literature bank account because the balance went below \$2500 a few days this month. I will let Shirl address that further. I have to get with Doug W. on purchasing IT supplies and Grace S. on paying the Canvas payments. I am collecting some older invoices for the accountant and printer and working on getting those payments up to date. I have switched Atlantic City Electric and South Jersey Gas to autopay online. Also, if you have invoices and receipts, I would appreciate you bringing hard copies to me at either the steering or business meeting. For invoices, I can then have a hard copy for my files and send the payment. For receipts, please fill out and expense report and attach the receipts then I can reimburse you. It may not sound like a big deal to print these out myself, but there are a lot of you and only one of me. Thank you for allowing me to be of service.</p>
Literature Treasurer	<p>I'm happy to report that Kate and I did the bulk of the literature inventory last week. The quantiles of 28 out of 67 items was adjusted as the result. Last week prices on 18 of the Grapevine items were corrected.</p>
Trustee	<p>Nothing to report.</p>

Committee Chair Reports:

<u>Position/Name</u>	
Archives	Nothing to report.

Area 45	<p>Good evening Cape Atlantic Intergroup! My name is Joe and I am an alcoholic. I have the honor and privilege to serve as the Area 45 Alternate Delegate and liaison between South NJ's 3 Intergroups and General Service. A duty I will do with great earnest and compassionate heart. We have an exciting couple of months ahead of us and I am going to provide both dates to watch and potential updates to come down the pike.</p> <p><i>Area 45 Summer Assembly:</i> Sunday August 17th. Registration starts at 8:30am, Assembly starts at 10 am. St. Gregory the Great Church 4620 Nottingham Way, Hamilton Square, NJ</p> <p><i>Delegate's Round Table:</i> Thursday July 17th at 7:30 PM. Ken T., Northeast Regional Trustee and Chair of AAWS (Alcoholics Anonymous World Services). Zoom ID 894 0615 3447</p> <p><i>2025 Day of Sharing:</i> Saturday October 4th 9am-12pm. St. Gregory the Great Church 4620 Nottingham Way, Hamilton Square, NJ.</p> <p><i>For a full list of Area 45 Events:</i> <https://area45snjaa.org/events/></p> <p>Above all, I am really looking forward to working with everyone and becoming a part of the Cape Atlantic Intergroup Family. If you have any questions or comments, always feel free to call, text, or email. My contact information is ~ Altdelegate@snjaa.org~609-705-1284</p> <p>In Love and Service, Joe E. Area 45 Alternate Delegate</p>
Budget and Finance	Position Open.
CAYPAA	<p>Thank you everyone who came to the July 4th event!! It was incredible! The next event is Saturday July 26th. Cohosted CAYPAA and EACYPAA XXII host committee. Sober Olympics at Bartram Ave Beach. Flyers have been handed out and are available for groups. The <i>Resentment Bonfire</i> will be on September 20, flyers to come soon. Thanks for letting me serve!</p>
Hospitality	Nothing to report.

H and I

There are three new H&I commitments: 1) Cooperative Care which is an IOP 2) Cape Recovery which is an open meeting that we will go to weekly and have an AA speaker meeting 3) Behavioral Crossroads which is another IOP. Cooperative Care and Cape Recovery are both in Rio Grande.

Behavioral Crossroads is in EHT and does have a request of 'no prayers' to open or close the meeting. You may talk about God and your Higher Power throughout speaking; just no prayers to start or end the meeting.

I am still in contact with John Brooks for multiple different reasons. I am looking to find out if there is someone else that goes in on Wednesdays because our home groups are not being taken in to the meeting space and are being told that somebody has already taken the meeting. I just found out this morning that their front desk does not have a copy of any H&I meetings at all. I'm also being told that the staff is very confused about the coed meeting that took the place of the women's meeting. (Also, During the business meeting, I was told that it takes a very long time for someone to answer the door to let our speakers in.)

Lastly, there was a mistake on the new board; I will have that fixed before the next business meeting. The posted H&I for August here in the minutes and on the website is correct.

August 2025			
Sunday			
Trudgers	Enlightened Solutions	7:00 PM	
Junkyard	John Brooks Coed	7:00 PM	
Fellowship of the Spirit	John Brooks Men	7:00 PM	
Monday			
3rd Step Candlelight	Boca Recovery	7:00 PM	
Connect the dots	John Brooks Coed	7:00 PM	
Road to Recovery	John Brooks Men	7:00 PM	
Tuesday			
South Jersey Newcomer	Boca Recovery Center	7:00 PM	
GMOC North	Enlightened Solutions	7:00 PM	
Wednesday			
Good Morning Avalon	John Brooks Detox	1:30 PM	Only 1st and 3rd
Northfield Group	Enlightened Solutions	7:00 PM	
ACYP	John Brooks Mens	7:00 PM	
New Alternatives	Behavioral Crossroads	10:30 AM	
Thursday			
Rule 62	Pyramid Womens	6:15 PM	
Singleness of Purpose	Boca Recovery Center	7:00 PM	
Need to Change	Enlightened Solutions	7:00 PM	Only 1st and 3rd
Primary Purpose	Pyramid Mens	7:15 PM	
Stagecoach	RCA Lighthouse	8:15 PM	
Last House On The Block	Cooperative Care	7:30 PM	
Friday			
Somers Point Group	Pyramid Mens	7:15 PM	
Ventnor Seashore	Cape Recovery	6:30 PM	

Literature	Nothing to report.
Newsletter	July/August newsletter is out. We are always looking for stories and help with the joke corner. Also, I'm working with Shirl on getting a non profit free Canva account which will take a few weeks for Canva to review. I offered help to Peg on how to store invoices on Google Drive in the meantime. I will be getting clarification from Peg on whether we are still mailing checks to Grand Printing for the newsletter. New cochair Bianca was introduced.
Office Manager	Nothing to report.
Phones	Hi everyone, I'm an alcoholic, and my name is Jenn. This month, we received 274 calls with 5 calls going to voicemail! We have a few slots open: Friday from 10:00am - 12:00pm Friday from: 10:00pm - 12:00am Monday from: 10:00pm - 12:00am (This is a backup slot) If you would like to volunteer and have 6 months of sobriety, please call or text me at: 609.224.4411. We're always looking for more members to take backup slots or join the 12th step list. If you have any questions or would like to join, feel free to call or text me at 609.224.4411 or email: PhoneChair@CapeAtlanticAA.org. In Love and Service, Jenn
PI/CPC	IDRC is keeping up with commitments. Bridging the Gap is looking for female volunteers. If you are interested please reach out to Kat @ PIChair@capeatlanticaa.org
Policy and Structure	Preparing for our upcoming Intergroup audit July 30 at 6:30pm at the office. Literature has already done a preliminary inventory. Ellie L. will be present along with Peg, Shirl and myself. Other panel members will be present along with another IGR. Thank you for allowing me to serve.
Round Up	All is running smoothly for the roundup. We met at Resorts last week and are extremely excited about this years Round Up. The event space is plentiful. We are having an entire ball room for "fellowship". All the vendors and tables will be set in this room as well as coffee, sofas to relax on and games. Resorts will be providing us with access to all digital signage; we will provide them with the necessary information. The Gratitude Dinner committee is meeting this week to finalize this event. We are also finalizing the schedule of events. All outreach will begin in two weeks after our monthly meeting. We moved the date to the 14th so those that had plans for the 4th could attend. Please register asap! Attached to email are 3 flyers: <i>Save the Date</i> , <i>Gift Baskets</i> , and <i>Scholarships</i> .
Technology	Purchasing laptops and other equipment for intergroup. Wires have been handled.
Unity	We are still on track for the Unity Breakfast on September 21 from 9:00am-1:00pm (flyer attached to email). We voted on a subsidy tonight which passed. In need of a new check for the venue because it was made out to Karen and it needs to be made out to Greate Bay Country Club. Karen will be stepping down as Chair and will most likely be done before NYE party.
Website	Positon open.
Workshops	We had to change the date of Sponsorship Workshop to November 1 from 10:00-2:00pm. The topic is service opportunities at Intergroup.

Questions & Concerns Regarding Specific Reports:

- Will there be Roundup flyers available?* Hard copies are by the door and will be put on the website.
- Which facility is requesting no opening or closing prayer?* Crossroads in EHT
- How big is Crossroads?* Approximately 100 coed participants
- Does John Brooks need volunteers to come in?* Barb to follow up
- Save the date for the Unity Breakfast:* September 21 from 9:00am-1:00pm

Agenda Items:

None

OLD BUSINESS

- a. Ticket seating for the Unity Breakfast will be renewed and work the same as last year.
- b. Open positions at CAIG are Web Chair and Budget & Finance Chair
- c. Please ask if your group can increase their donation contributions to Intergroup *or* at least make sure they are donating something.
- d. New meeting at Crossroads on Wednesdays at 10:00am
- e. We are looking for ideas for what you would like to hear talked about at the *Day of Sharing* event on October 4. This event is for all 3 Intergroups & Area 45 to discuss solutions for common problems we all face in carrying the message of recovery in Southern New Jersey.

NEW BUSINESS

- a. A \$3000 subsidy was passed to help keep registration costs down for the Unity Breakfast.
- b. The website may look different for a little while because of some editing being done.

Steering Committee Meeting:

Wednesday, August 13th at 7:30 PM – 1418 New Road, Northfield, NJ

Hybrid Meeting ID: 542 744 809

The Next Business Meeting:

Wednesday, August 20th at 7:30 PM at 1418 New Road, Northfield, NJ

Hybrid Meeting ID: 832 9623 3517

Business Meetings are **not** limited to Officers or Committee Members – ALL are welcome to attend!

For those who are unable to attend in person, CAIG Business Meetings are hybrid.

Motion to Close – Motion to close 8:42pm, followed by a second. Dawn I. lead the closing with the Responsibility Pledge.